Sohrab’s Transcript

14th January 2016

AN INTRODUCTION TO 2016 (Part 2)

MESSAGES FROM SPIRIT FRIENDS OF GROUP MEMBERS

EXPLORING THE UNKNOWN

RE-ADDRESSINGS RELATIONSHIPS WITH PEOPLE OR SITUATIONS

REVITALIZING THE HOME

MARRIAGE OF THE SELF WITH THE SELF

*(Prior to the meeting, Sohrab explained to the group that it was necessary for all, this year, to* ***enter into a marriage with the self****. He suggested a daily inner mantra of* ***“I promise to love, honour, respect and obey MYSELF”.*** *Here, the word ‘obey’ had no bearing on society or morality. It indicated a promise to listen to the promptings of the Higher self, and to choose to align the physical with them.*

*Everyone then welcomed the two daughters of group stalwart D., who had passed into spirit a year earlier. The group was then asked to chant 9 joyous OMs)*

GREETINGS!

You call those joyous chants? You have sown more discord than harmony! (Laughter)

GREETINGS! THE DIVINE KRISHNA BLESSES YOU.

We will begin this meeting with two personal messages from the Krishna Consciousness.

(Indicating A.) Yes, dear one. You beloved friend is in a magnificent space of self-education. He has chosen to place himself in a magnificent Universal school. Not a school like you have on earth; but a school of joyous, willing soul-students and glorious, magnificent teachers. He is in a space where everything he experiences brings him awe and wonderment, and he is now hungry to grow, learn and evolve.

We speak on his behalf today, to bless you and the family; and we assure you that though his connection with you is as full as it has always been, you must now joyously permit him to complete his education.

Now when you think of him, pray from him and bless him, please send him joyous permission to grow and evolve. This does not mean that he will remove himself from your sphere…not at all! He has committed to be with you and the extended families (both his and yours) for a period of 3 earth years.

You will repeatedly feel and experience his energies over this time period, but that does not mean he is with you out of pain or loss. He chooses to be with you out of joy and encouragement. Listen to these words: JOY AND ENCOURAGEMENT, not pain and loss.

The pain and loss you are experiencing is your own, but that is not the frequency he is brings to your homes and lives.

He will speak directly to you through this child. You may visit him privately at a later date. Till then, KNOW that he is in this magnificent space of self-evolution.

THE KRISHNA BLESSES YOU.

(Indicating J. and N.) Dear ones, we address you and all the friends of the glorious D. Yes indeed, the soul you called your beloved mother is also in a space of magnificent evolution. Her growth is very different to his. Hers is through ***exploration of the Universe*** and its every corner. She is a Universal Traveller right now, flying free, exploring different star systems, different energies and different societies.

Her own energies have expanded to such a degree that you would find it hard to ‘recognize’ her. From your perspective (as you have a limited Earthly colour spectrum of 7 colours and shades thereof) she would appear to be blinding golden light. But that is not accurate. Her frequencies now contain billions of colours, tones, vibrations and frequencies.

She blesses the family, and wishes you to know that she has now moved into a space of pure, unconditional love. One of her issues on earth was judgment, even though she worked to get beyond it. ***She is now in a true space of unconditional love***, wherein she is able to love every member of the family, fully and freely. ***Every single member of the family, fully and freely... with no pain, no regret, no entanglement, no finger-pointing…fully and freely.***

Yes, her energies are present in the room today, but they cannot directly channel through this child, as they are currently too powerful for him to hold. But please know that she is here, to bless and greet every single person. She blesses her friends and the newcomers alike, as today she is in a space of such magnificence.

BLESSINGS FROM THE KRISHNA CONSCIOUSNESS.

(Sohrab shifts energies)

Today is truly a day of greetings! You are blessed by another Lightworker friend in the spirit realm. One who also works with energies and crystalline power, and who is now one of the ***Crystalline Grand Masters for Planet Earth***.

BLESSINGS FROM THE ROXAN.

(Sohrab shifts energies)

Take a moment and think, with love, of anyone you choose in the spirit realm. This could be a relative, friend, Master or Guide. You could even choose more than one, but for the moment we ask you not to go beyond three names. The veils are thin and the channels are open. If you relax, you will experience an energetic blessing. (Pause)

(To K.) Yes, dear one, your mother is blessing you. Open your crown chakra now. Open, open, open and receive her blessings.

(To M.) Yes, dear one, he is laughing! You can feel him. He is filled with laughter. ***He is not laughing at you, but with you. He is celebrating you***. Feel it.

Enjoy the connection, friends. Today is a day of meeting, greeting and sharing with loved ones in the spirit realm. Take this home with you. Tonight, before you fall asleep, make the same intent. Connect with your loved ones. Tonight you may choose as many as you wish. Connect with them and fall asleep. You will receive dreams, pure energy or a sense of connection with these loved ones.

This particular window is open for the next 24 hours, so avail of it. Enjoy it. Chat with your loved ones. Talk to them, laugh with them, and invite them to speak to you. Open to a beautiful union of frequencies.

BLESSINGS FROM ARCHANGEL MICHAEL.

(Sohrab shifts energies)

Greetings, dear friends. ***We will speak, once more, of the energies of 2016***. Let us now examine how these are going to work with you on a daily basis.

Last week we spoke broadly of the effect of the new energies in the areas of relationships and business. Today let us examine them from the perspective of daily life.

***You will find, during 2016, an inner urging to explore aspects of the self that you may not have explored in the past, or have not explored fully enough. This could be, for example, a new hobby, activity, business venture or a new study course.*** You might even choose to take that which you are already involved with (such as your job) into very new, unchartered territory.

When these urges arise you will experience two predominant emotions: ***enthusiasm and fear***. Fears are natural and human, such as “Will it work out?”, “Will I be equipped to handle this?”, “What if I fail” and so on. We ask you to ***fully acknowledge the fears, but to instead focus on the enthusiasm***…as simple as that.

When you feel motivated to initiate something, don’t keep putting it off. This is your Higher Soul urging you forward. Each person will receive this in different ways.

Some will simply ‘feel urged’ to do something. Others will not get any inner promptings, but will repeatedly receive external signs and hints, urging them in a particular direction. Yet others may find themselves saying “I want to better explore the self. How can I do this?” They should allow their imagination to run riot, offering the self various possibilities.

We assure you that every human is going to experience this during 2016. Some may get several urges. Others may get a focused, strong, singular urge. But don’t keep putting it off.

Your free-will will permit you to stifle or ignore the urges; but if you do so, you will find yourselves feeling lost, low, depressed, irritated with the self, annoyed with the world in general, and so on. Why put yourselves through that?

***Several people will also feel urged to re-address at least 3-5 specific relationships this year. These could range from extremely harmonious to extremely fragmented ones. These could include your relationship with the self, with others on Earth, or even with those in the Spirit Realm. These could go beyond human relationships, and extend to your relationship with a job, an event (such as a court case) or an abstract, repetitive situation that you keep creating in your life.***

In general, listen to your gut and be brutally honest with the self. The key word here is ‘brutal’. If, for example, you are being urged to completely sever ties with someone, then find the strength to do so. If you find yourself urged to work at a seemingly irreparable relationship, then forge ahead and find a way to provoke that person to communicate with you. If one tack doesn’t work, then find another, and another, and another. Keep hammering away brutally at that relationship till you finally break through.

This is a ***very powerful and very pro-active year***. This is not a year in which to disappear into long periods of meditation. Yes, of course you will require periods of quite, calm reflection; but in general it is an action-oriented year. ***The more you do, the more you will grow. The more you explore, the more you will expand. The more you try (and fail), the more you will succeed. So be daring. Be risky. Go out on a limb.***

Another area you will need to re-assess is your ***actual, physical home-space***. Many will find themselves having to move house. Others will find an overwhelming urge to clean up the home, re-paint or re-decorate. Some may feel urged to de-clutter the home. Others may feel urged to bring new objects into the house.

We of course understand financial limitations, but all of this can be done within your means. You do not have to spend more money than you can comfortably afford, ***unless you are urged to do so by the self***. And if that calling comes, then do not hold back. Trust in the self and the Universe, and go ahead and affect those repairs and modifications. The money will then arrive in the strangest and most unexpected of ways. But this is dependent on your level of commitment to the self. If you go into the repairs with fear, the money will further drain out.

Now this may sound frivolous, but we assure you it is not. There is a reason. All of you Lightworkers are working towards physically and energetically reconstructing the space you call your home. In some cases, external ‘face-lifts’ are required to change the energies, and in other cases pure energy work is required for this.

If you find yourself needing a house-blessing or a puja, either through an external source or done by you yourself, then please go ahead. Don’t put it off.

***Make your homes, this year, extremely welcoming***. If you are not habituated to welcoming guests, please start to do so. If you have, in the past, resisted inviting over groups of people; please start now. Again, this is to be done within your budget and at your convenience. But create a welcoming home-space.

Some intensely private people feel that the home should be safe-guarded against external, discordant energies. You may still retain your privacy; but your homes do need, this year, visitor energies. They will be enhanced by this process.

So in general, make the intent that this year, you and your homes are going to be welcoming temples for visiting friends and even strangers.

***This year, you must also commit to taking care of the self… physically, mentally and emotionally.*** The marriage of the self with the Self.

We would suggest that you identify areas in your lives wherein you put the self down, ignore the self or abuse the self, and then make a commitment to the self to start shifting from self-abuse to self-enhancement.

The energies of 2016, in this area, are going to be merciless. You may notice that we have used words like ‘brutal’ and ‘merciless’ repeatedly. This is not to scare you; it is to forewarn you. ***If you don’t take care of the self in ways that your own Higher self guides you, you will experience disharmony and discomfort in both the physical body and its extended energetic field.*** The mental, physical and emotional bodies are going to be very, very sensitive and very responsive to all that you create for the self.

Dear friends, we also suggest that you choose, this year, to ***address at least three major fears or blocks*** that you have. This is not being imposed upon you. You will choose which three (or more) you wish to work on, and you will decide how to do so, in terms of speed and manner. Some may choose to address these head-on; others may choose to do so in a gentler, subtle way. That choice is yours. But make that commitment to the self.

If you continue to ignore or bury them, they are likely to suddenly emerge and slap you in the face. Let us take a potent example: If you have an inordinate fear of death or losing a loved one, make that something to address. First acknowledge this fear and then talk to people, find out more about death, research the subject and educate yourself in this area, so that the fear lessens.

Though this is not a pointed example, it is a necessary one. Many Lightworkers, despite their training and knowledge, still have a subconscious fear of losing a loved one.

*What if there is a primeval fear related to childhood which is now re-surfacing, and you are noticing things related to that on the outside?*

The very fact that you have asked this question means that this needs to be examined by you. Rest assured that you are ready and equipped to do so.

Dear friends, you have a whole year in which to work on these aspects. We are not even asking you to fully assimilate the issues. Just commit to the journey.

YOU ARE IN THE LOVE, LIGHT AND THE EMBRACE OF THE ST. GERMAIN. BLESSINGS!

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