

Sohrab's channeling

8th March 2018

A MONTH-BY-MONTH ENERGETIC ANALYSIS OF 2018

THE YEAR OF THE CHILD

THE YEAR OF THE ANIMAL

(Prior to the meeting, Sohrab spoke of 'reflections'. He mentioned that many people were currently facing reflections of themselves, externalized in other people. These reflections generally brought about intense dislike or disturbance in the self. He stressed the importance of acknowledging these reflections, and examining that aspect in the self.)

Greetings!

This is going to be a very fast-paced and stirring year: one in which you must repeatedly touch your mastery, own yourselves and your lives, and transform the self. To help you with this, we would like to give you some pointers; ones which will help you month by month.

MARCH is a month of self-reflection; a month of meeting your mirrors. Yes, we pun on the word 'self-reflection': the external mirrors you meet are reflection of the self; ones that urge you to self-reflect. This month is likely to bring up stirring events in your lives; some which may not be very pleasant. These could range from trivial issues to more serious ones.

Use them productively by reflecting on the self: examine your reaction to them, the way you think about them and deal with them, what you say and do, what they stir up in you and so on. This is a very pro-active, 'learn-on-the-job' month.

You will also find yourselves often going out of balance. The higher-soul is simply urging you to explore different ways and means to bring the self into alignment. You are learning how to withstand an energetic hurricane by being 'the eye of the storm'.

We are not suggesting that this month is going to be dreadful, but it is going to be stirring. Even if a person chooses to go into seclusion to avoid facing what we have just described, he will then find that he has to deal with tumultuous inner issues that suddenly arise.

APRIL is a month of light, ease and expansiveness; one in which your perception will instantly widen. You will experience a new lightness of the self. You might find yourself rather 'dreamy'.

We urge you to use these light, bright energies to push your boundaries and choose to 'look at the bigger picture'. This is not a month in which to allow the self to get entangled in mental or emotional turmoil. If you permit this to happen, you will lose out on the wonderfully refined energies. So deliberately choose to view all situations that occur, be they pleasant or unpleasant, from a more expanded point of view.

MAY AND JUNE are months in which we urge you to celebrate the Inner Child. Yes, these months do coincide with official school holidays; this is not a coincidence. Take your inner child on holiday. Be as playful and fun-loving as you can, whether you are at work or at play.

Be amused by life. Find ways in which to excite the self about life. Re-discover the new, joyous, exuberant inner child. Be carefree and impulsive, and celebrate the self. Find ways to go on holiday; both physically and internally.

If, for example, you have been stressing out about a certain situation in your life; choose to take a holiday from it. Just put it aside. Play. Have fun.

JULY is a month of re-evaluating your perspective of the self. You will find yourselves repeatedly questioning the self and asking, "Is that really who I am? Do I choose to continue to be like that? Do I want to be something

else? Do I want to re-invent this aspect of my life?"

If you choose to make a course-correction, simply do so instantly and begin living it from the next moment onward. So this is not a month in which to 'do long-term homework'. It's about making a choice in the moment, and living it instantly.

AUGUST is a month of receiving downloads. If you stay open and alert, you will receive vital information for your personal growth and development from several sources: direct downloads from your higher souls and your Masters, from books and the media, from personal interaction with people, and so on. This will help you look at life differently.

We urge you to be open and receptive. If you don't, you are likely to create harsh situations; ones which then force you to look at life from a wider perspective. Why create that?

Go into the month joyously and eagerly. Examine all that happens to you with an open and questioning mind. Absorb the information, widen your perspectives, and you will sail effortlessly through the month.

SEPTEMBER is a month we will call 'going back to school'. Yes; your own higher soul will school you in aspects you need for personal growth and evolution. Again, choose to make this fun. Welcome the process, study hard, enjoy your homework, and have fun.

OCTOBER is a month of the occult; one that facilitates worldwide spiritual awakening. Events will take place, both publically and privately, that offer the human race a new perspective of spirituality. Many who have previously resisted this will now embrace the unknown, the unquantifiable and the spirit.

Many will feel urged to 'take a leap of faith' and act in a manner that the logical brain has never before permitted them to do in the past.

There will be wonderful new breakthroughs during this month. New, natural cures will be offered to the planet. (Smiling) Yes, there will be probable

'confirmation' of the existence of Universal friends and extra-terrestrial life. A beautiful month indeed.

NOVEMBER leads you to a further growth-spurt: it is a month of 'refinement'.

This is a month in which Planet Earth and all her kingdoms will move into a new vibration. There will be a steep rise in the happiness quotient, a new level of self-awareness, more peace and harmony, an embrace of the collective, and so on.

Yes; this may sound 'too good to be true'. Of course there will still be strife and anger, as many will resist this change. But in general, there will be new and joyous vibrations worldwide. Please contribute to it. BE the new refinement.

DECEMBER is going to be a portal, a wormhole, a passageway; one that leads you into the new energies of 2019. This month is, as yet, indefinable; you have not yet created its energies. This will all depend on how successfully you negotiate all the other months leading up to it.

This passageway will be, in general, one of tremendous speed. You will use it to shed that which you don't desire to carry into the New Year and simultaneously to assimilate that which you do.

Now let us reiterate what we have said in the past. When we specify energies for a particular month, they are not bound by exact dates; they spill over into the next month.

All these energies are also flowing throughout the year, so you are not bound by them. You can, for example, figuratively 'reach into November' right now and experience energetic refinement. But the strongest thrust of the energetic flow will be defined by the months that contain them.

Now let us offer you some ***general statements about 2018.*** This is, in many ways, the ***year of the child.*** A magnificent year for children.

Many of you deal with children, either professionally or in your personal lives. Please share with them your wisdom and knowledge. Listen to them.

Interact with them. Learn from them.

Be cautioned that many of them will suddenly appear to 'act up'. This is because they need to release old debris and outdated energies, readying themselves to own their mastery. To do so, they will also have to stand up, speak out and even reject authority at times. Try not to view them as trouble-makers; they are shedding the old skin and making way for a new society in the future.

Most of the children being born this year are energetic powerhouses. These parents are in for a rough ride. They have firecrackers in their homes; ones who will shake up old systems, patterns and structures. Any parent who chooses to 'house' a child this year is very courageous! (Laughter) They will have to re-define every pre-conceived notion of being a parent.

It is also the **year of the animal**. This collective noun includes birds, fish and insects. Their consciousness is rapidly rising. Some will shed the physical body and become spirit guides for their own kind on planet Earth.

They are upgrading their personalities, food-habits and behavioural patterns. Treat them with respect. Work with them, especially your house-pets. Learn to understand them afresh. Be kind to them.

Questions?

Is this also a good year to work with our own animal spirit guides?

Indeed it is. Some may need to re-identify their animal guides. In many cases, these may have changed this year.

Animal spirit guides are as real to you as your Masters and guides, but they are rarely given any credence. Each individual has an animal spirit guide. This has very little bearing on the physical animal; it is about the energy of the collective.

We do suggest that you either meditate on this or ask for guidance from another who can help you identify your animal spirit guide. But don't be literal. If, for example, you discover that your animal guide is the cockroach,

you are likely to be repulsed by this. But if you dig deeper, you will discover that this is symbolic of your tenacity, your resilience and your longevity. This could indicate to you that you are hardy and can survive anything. These are, indeed, stellar qualities.

It could also indicate that you need perseverance dealing with a particular aspect in your life.

Yes, you are correct.

What of dolphins and whales? What are they currently up to? (Laughter)

Most of you are already aware that these are highly evolved beings.

Dolphins hold large amounts of extra-terrestrial energies. ***Though they are beings of earth, they have the ability to play 'Inn-keeper' to upto 10 different universal energies at the same time.***

Very often, extra-terrestrial friends who wish to do work for planet earth temporarily use a dolphin like a 'hotel'. They anchor here, do what they must, and then return to their own realm. So dolphins need to be respected at generous Inn-keepers; ones who joyously and freely offer their bodies in service to Planet Earth.

Whales are also very universally connected. ***These wonderful beings are in full communication with not only others of their kind in the oceans, but also their extra-terrestrial 'cousins' who exist elsewhere in the Universe.*** Their brethren indeed exist throughout the Universe, in different vibrational forms; and they are in full contact with all of them. They, too, need to be respected.

They are currently downloading information that is necessary for the upgrade of Planet Earth. They will shortly spread these energies, seamlessly and quietly, through the water element. This will benefit all the various kingdoms of Planet Earth.

Do animals evolve into humans, and vice-versa?

Yes; animals do evolve into the human form. Humans very rarely choose to

inhabit an animal form; but this is possible, should an individual choose to do so. However, don't assume that the human race is 'supreme'. Other evolutionary choices can be made. Some advanced animals, for example, choose to 'evolve' into a crystalline form instead.

When an animal is ready for human existence, he generally makes this transition by choosing a human form that is very earth-connected, such as a tribal or a villager. An animal rarely moves straight into the form of a city-dweller.

I work with children a lot. How can I best help them this year? Would art-based therapy be of use?

Use your own intuition. But you are correct. In general, music and art will be very potent tools to use for children this year; particularly those who are either mentally disturbed or physically challenged. Others will better respond to craft and 'the use of the hands'. Dance and drama-therapy will also be of great use. Use your intuition.

How does one best work with the inner child this year?

We suggest you temporarily put aside your old ways of working with the inner child this year. Instead, tune in to the **Cosmic Inner child**. This is a being of pure light, one who is always joyous and exuberant...**it is the inner child of your highest aspect. This inner child does not know pain or trauma; it only contains joy, wonderment and exuberance.** It does not have a form at all; it is pure light.

Start acknowledging and playing with this cosmic inner child. Listen to it, play with it, celebrate it...it is magnificent.

Is it possible to connect to an angry, non-communicative inner-child through the cosmic inner child? Can it be used as a mediator?

Absolutely! You may, of course, still work with the old inner child, if you so desire. But **your cosmic inner child is your passport to every part of you in every incarnation, timeline and dimension.** It is THE ONE.

WE LEAVE YOU IN LOVE, LIGHT AND BLESSINGS.

ARCHANGEL GABRIEL BLESSES YOU TODAY.
