

Sohrab's channeling

6th September 2018

CONNECTION WITH THE MASTERS

THE KALI MA'S ENERGIES FOR PERSONAL HEALING

THE CURRENT GANESH ENERGIES: FRIENDSHIP WITH THE SELF

TO THINE OWN SELF BE TRUE

Greetings!

Several Master energies will speak today, sharing guidance and information with you.

A general request from us; the Masters: Dear ones, most of you profess to be spiritualists. So many of you pray and meditate, but ***so few of you make the effort to invite us to connect with you directly...as friends.*** You sometimes *think* that you do, but you keep your energetic front-door firmly shut. How, then, can we enter?

Yes; you do connect with us at higher levels of the self. Your expanded energetic structures are in full flow with us. But your conscious selves resist this connection. We do suggest that you sit with us as often as possible. Welcome us into the brain, pituitary and pineal glands; and chat. Just chat.

We do not ask for prayers, supplication, atonement or gratitude; simply friendship. Truly befriend us, and allow us to do the same for you. We so want to talk to you. We so want to share guidance and advice.

The easiest way to do this? Sit in a relaxed, meditative state. Call on any Master of your choice and just say, "Speak to me today!" Then

listen...feel...sense...experience...and know us.

We can hear many of you mentally saying, “I can’t do that! I’m not a medium!” *We say you can. It is your divine right to be in flow and be in connection.* This is not about becoming a public channel; it’s about opening to the flow of friendship.

If you work at this repeatedly, we will give you information and personal guidance. Some of you may receive thoughts; others may receive images. Some may just receive abstract influences of love, comfort or nurture; others may receive direct messages. Some may feel inexplicably urged to ‘do something’ that day. These are just a few of the ways in which we will communicate with you. Let us in!

Communication may also come in the form of the written word. ***This is the perfect energetic time in which to connect and journal for the self. Earth’s current frequencies are facilitating a strong flow between spirit, the brain/pituitary/pineal, heart and hand.***

If you take the trouble to sit down and journal in this time period, you might find this process even easier than downloading information directly. Play with it.

We so want to talk to you, individually. We so want to be your friend. Initially, let us just speak. And when you are flowing and comfortable with our thoughts, feelings and messages, then take yourselves to the next level of connection and begin to question us. And download answers. Let’s forge a new and more intimate relationship with one-another.

This process may not happen overnight; you will have to practice it. But make it a joyous process, not a chore. Don’t consider this ‘homework’; consider it fun. And if you don’t feel like working at it on a certain day, then don’t! We are always there for you.

Let us answer an unspoken question: Yes, you can sit and connect *at any time of the day or night...whatever suits you.* You don’t have to fix

a time; your Master- friends are ever-available.

Let us now have your questions.

I do frequently connect and get downloads, but I often doubt the veracity of my answers. I wonder if my mind is interfering with the process.

This is natural, normal and healthy. You *should* question the self. But you must learn accept that the mind is part of the process. Yes, it should not control you. But you have to learn to befriend it.

The flow is a three-way combination of the energies of your Master, your Higher Soul and your brain. Where are you receiving it? Here! (Pointing to the brain). If you were brain-dead, would you be able to connect and channel? Of course not.

Now, ***if the brain takes over, controls you, and plays tricks with you, you are going to receive contaminated information. But it cannot be ignored, slighted or dismissed. It is an integral part of the process.*** When in doubt, balance the self, question the same message you have just received, and see what comes.

My son was recently very ill. I received a message saying, “Your prayers will be answered. All will be well.” I didn’t really believe myself, but he is thankfully on the road to recovery now.

Though this is a personal statement, we will add to it, as it is of benefit to all. Yes, your son indeed was deathly ill. If you recall, initially many others (including yourself) got the energetic impression that he was going to pass over. You later got the feeling that he would live. You doubted the veracity of both messages, as they were conflicting.

How many times are we to tell all of you that people are now choosing their exits moment-to-moment? When you tune in to a person’s frequency, you can only read ‘the now’. Initially, your son was contemplating an exit, and all of you picked that up. He later changed course, and you picked that up.

Even now, when he is well on the road to recovery, he could choose to exit; as could any of you healthy individuals in this room. So do not even attempt to predict 'death'; you can only interpret a person's energetic emanations 'in the now'.

Should we only work at connecting with the Masters? Can we instead choose to connect with a loved one in spirit?

Of course you may! Please do so. (Smiling at M.) Your beloved is waiting for you to do so; he is a Master in your life.

Do we just open to any Master who wishes to connect with us on a particular day, or should we call on a particular Master energy?

Since many of you are not yet adept with this process, we do suggest that you initially call upon a Master of your choice or the energies of a loved one in spirit. Since you already have an energetic affinity for that Master or loved one, it will just make the process easier for you. But as you get familiar with this process, by all means open to the collective and invite any energy to connect with you.

Do we have to sit down, meditate and work at this in a regimented fashion? I don't necessarily work that way. My connection is more fluid.

This would depend on the individual. Some are more adept and can indeed walk on the street and be in full flow. But for most, being quiet and centered is more conducive to a clear connection. It's really up to you.

Last night I sat down and connected with the energies of my departed father. It was beautiful. But when I came out of it, I remembered nothing. What is the message for me?

You remembered nothing? But you remembered it was beautiful! Focus on that beautiful frequency, re-connect with him and ask him to reveal his message once again. You know you are being trained in this process. He is waiting to communicate with you, fully and

fluidly.

SAI KA PRANAAM. BLESSINGS FROM SAI BABA.

(Sohrab shifts energies)

THE KALI MA ADDRESSES YOU. GREETINGS AND BLESSINGS.

You already know that she is working, along with the energies of the Maha Avataar Babaji, to help Planet Earth move from the 3rd to the 5th dimension. You also know that many individuals on earth have called upon her frequencies to help with personal spring-cleaning.

She would now like to speak of how she will help you during the current time period: this month, the next and part of the third. This is the perfect time to call upon her if you have any physical ailment or disability. Here, we are speaking specifically of a physical ailment; not a mental or emotional one.

The three are, of course, interconnected; but her energies will be of particular benefit if you direct them to physical afflictions. Call on her frequencies, direct them to the area that is diseased, and ***command her to unearth the emotional issue trapped in that body part and simultaneously to begin ridding the body of the disease.*** She can work miracles for you if you align with her energies and fearlessly invite her in. That is key.

If you have even the slightest fear of her and her energies, this process will backfire. So do not call on her unless you are in balance and truly respect her for her services to the Planet and the self. No fear.

Does this have to be done exclusively for the self? May we call upon her to help another?

This is only for you. But you may certainly share this information with others, and invite them to call upon her. But remind them to be in balance and fearless.

BLESSINGS.

(Sohrab shifts energies)

THE GANESH ENERGIES BLESS YOU.

What does Ganesh energetically stand for?

(Various group members answer)

Prosperity...happiness...knowledge... wisdom...oneness.

This year, the Ganesh frequencies bring you a beautiful gift: ***friendship with the self***. Do not waste the upcoming energetic festival. This has no bearing on whether or not you celebrate this festival. Use the actual period to forge a new relationship with the self.

Every day, during the festivities, find a different way to befriend the self. Please the self. Tell yourself how much you love you. Trace the many ways that you have triumphed in life. Really become your own best friend.

Give treats the self. Do things that please you. Talk to yourself. Yes, do this in private; but talk aloud and say wonderful, positive things about the self. No criticism. Befriend the self.

This is also the perfect time-period in which to make plans, affirmations and decisions about that which you would like to manifest in the future: a new and lucrative business, a new hobby, a new level of health and fitness, and so on. Make plans and commit to them during the Ganesh festivities. They will then manifest over the

course of the coming year.

(Pointing to S.) A special blessing! We have always valued your friendship. You have always laughed with us.

BLESSINGS.

(Sohrab shifts energies)

A simple message from the energies of ARCHANGEL MICHAEL.

This is a wonderful time period in which to practice ***“To thine own self be true”***. Lie to the world if you want, but be truthful to the self. Dupe others, but don’t dupe the self. Celebrate the magnificence that you are.

We give you a promise: you work at this, and your life will turn around completely during the course of a year. Be true to the self.

BLESSINGS.
