

Sohrab's channeling

4<sup>th</sup> October 2018

CORE CELLULAR ENERGIES (PART 2)

GRATITUDE

WISDOM AND KNOWLEDGE

ENDEAVOR AND FREE-WILL

UNIVERSAL GRACE

EXUBERANT COMMUNICATION

IS-NESS

MULTI-DIMENSIONALITY

THE UNIVERSAL FLOW OF LOVE: THE EXUBERATION OF CREATION

THE IMPORTANCE OF COLOUR

Greetings!

Last week we spoke of the energetic make-up of your cells. We explained that the core was a point of gratitude: thankfulness to the Universe for this incarnatory experience. This was surrounded by a sheath of wisdom and knowledge; strands necessary for your growth and evolution during this lifetime. This was surrounded by the energies of endeavor and free-will; without which you would not be able to survive or progress on Earth.

The next sheath is one we will term ***universal grace***. This facilitates your connection with the Master whom you have appointed to lead you through this incarnation. It also allows you the opportunity to

interact with all the other Masters and guides, at will, depending on how you choose to direct the course of your life.

This sheath therefore anchors the energy of your primary Master within it; but also offers you a field of infinite possibilities from which to choose, with free-will, multiple energetic connections.

Around this is yet another sheath; one of ***exuberant communication***. This gives you the will, desire and the need to communicate. Think of this. Every part of your body has to communicate with each other. This communication includes the flow of blood, nutrition and energy. If you organs did not do this, the body would break down.

You also have to be able to continually communicate with your mental, physical and emotional bodies. And, by virtue of the fact that you have incarnated on Earth, you have to be able to communicate externally as well. Not only with people, but with life in general: what you desire and need. You are also in constant communication with your own higher soul and the Universe itself.

Surrounding this sheath comes another one of ***expansion, awareness, consciousness, IS-ness***.

Before we go further, we invite you (Pritima) to speak out and share with the group what you so accurately surmised after the last meeting.

(P. speaks) *I realized that all these layers were beautifully connected to our chakras.*

*The **root chakra**, which grounds us, is filled with gratitude to Mother Earth. It's also the first chakra which comes into existence when we are being created.*

*Our creative **sacral chakra** is filled with wisdom and knowledge. It helps us understand who we are and how we can best interact with life, creating that which we desire.*

*The **solar plexus chakra** holds endeavor and free-will; and the **heart chakra** is the one which connects us to our Master and all the other Masters and guides. To me, that is love.*

*The **throat chakra** helps us exuberantly communicate with ourselves, our bodies and with the outside world.*

*The **third-eye and crown chakras** together are the centers of expansion, awareness and IS-ness.*

Thank you. As you can see, each cell has the same chakric system within it, as just described. As above; so below. Your entire body energetically mirrors each cell: it has a central chakric system, and the higher soul encircles it. It is a misnomer to assume that your higher soul exists 'somewhere up there'. It completely surrounds you: as far above you as it is below you; as far to the left as it is to the right. You mirror a single cell; Planet Earth mirrors you, and so on.

So far we have described the sheaths that correspond to the main chakric points within the body. You have higher chakric points as well; those that exist beyond the physical body, but within your extended energetic field.

The content of the sheaths within the body *are the same* for all humans. But *the external sheaths are configured individually*, and may differ from person to person.

The next sheath (which corresponds to the 8<sup>th</sup> chakra, which exists just above your head) is *generally* one of **multi-dimensionality**. This permits you to exist in a 3<sup>rd</sup> dimensional physical form and yet reach into higher realms. This sheath is considered to be the 4<sup>th</sup> dimension; a portal or passageway to higher consciousness.

The even more extended sheaths contain *abstract energies* of **compassion, nurture, acceptance, higher intellect, awareness, magnificence, embrace** and the like. These are naturally essential for you as a sentient, ever-evolving being. These sheaths are

individually configured by you, depending on what is necessary for your evolutionary process.

A person whose mission it is to be a social worker and healer may place compassion and nurture as her next two sheaths, and higher intellect much further away; whereas a budding scientist will probably place higher intellect and technical awareness closer to his structure, and compassion much further away.

All possible frequencies in existence are available for access, but nonetheless they are sequenced by you in order of importance for your personal growth and evolution.

***However, the order is not fixed; it keeps changing.*** It is reconfigured by you, moment to moment, depending on your evolutionary processes and the free-will choices that you keep making.

All of you have been wondering why we have not yet spoken of love. ***Love is not a sheath, nor is it a fixed chakric point; it is a flow. It is the constant flow of creation; one which continually bathes and lubricates all these sheaths.*** Without love, you could not exist. It is the fuel that makes the car run. It *has* to be a part of every cell, every chakra and every aspect of your being.

We hear your mental question, *“What of those people who are severed from love? Those who continually operate from hate and separation? Those who are evil and malicious, and delight in tormenting others?”*

Let us assure you that they, too, flow with love; but their interpretation of love is warped and polluted.

Let us take a hypothetical case of a child who has been physically and mentally abused by his mother all through his childhood. Let us assume that this distorts his psyche to such a degree that, as an adult, he becomes a serial-killer who attacks mothers who, perhaps, physically resemble his own.

From his *skewed* perspective, he is actually performing a noble act: he is ridding the world of abusive mothers and *lovingly* saving their children from the same fate that he suffered as a child.

Even Hitler functioned from his warped perspective of love; not hate. He *loved* his people so much that he wanted to create for them a brave new world; one which was pure and disease-free. From his perspective Jews, homosexuals and gypsies were vermin, and he wanted to cleanse the nation of them.

Of course we are not suggesting that this is the love you should emulate. It is a warped and perverted perspective of love. We are simply explaining to you that no human being actually functions from hatred; only love. These kinds of people have to learn to access the purity of self-love; only then will they change.

As spiritualists, you already know that some people actually come to earth to fulfill a 'negative' mission like terrorism. Even so, they still have to learn to function from the purity of true love.

Now let's examine love from a wider perspective. On Earth, love is considered to be kindness, nurture, embrace, forgiveness, and acceptance and so on. All of these are, most certainly, aspects of it; but these are primarily the earthly perspective of love.

***From a Universal perspective, love is the exuberance of creation.***

It's a space of joy that leads to expansion that leads to joy that leads to expansion. This never ends.

On earth, reading a book that thrills you... is love. Watching a film that excites you... is love. Singing and dancing with carefree abandon...is love. Joyously declaring to the world who you really are...is love. Being...is love.

This wider perspective of love is now essential for you to understand and experience. It's going to be a basic requirement for your continued existence on earth from 2019 onwards.

Love is inter-dimensional. Every portal or wormhole that connects different aspects of the Universe is comprised of the energies of love. This has to be: love is the fabric of the Universe.

So many on Earth keep feeling that they are unloved. We urge you to change your limited perspective of love. It's now time to truly understand that the air you breathe is love. Your body is love. The ground beneath your feet is love. Existence is love. The fact that you are sitting here demonstrates your love for yourself and the Universe's love of you. You...are love.

Let us now have your questions.

*If, in the expanded form, you acknowledge that all is love; then that is all you exist in...*

Yes; if you can look at hardship and acknowledge the growth and strength that it has given you, and understand why you have created it, then the pain vanishes. The physical situation also changes, because you are now flowing with loving frequencies.

*You spoke earlier about how no one operates from hatred; only love. This has got me thinking about terrorists. They, too, operate from the love of their purpose. Is that why they are chosen to be change-makers for others?*

You are correct: a terrorist operates from his distorted view of love. Love for his people, his mission and love for the Divine.

However, the second part of your statement requires some explanation. You asked, "*Is he meant to do this?*" Let us remind you of some information that was given to you years ago, soon after the stirring event called **26/11**.

***Of the 6 terrorists that attacked the hotel in this city, 4 were 'meant to do exactly that'.*** When they passed over, there were no karmic repercussions; nor did they suffer any energetic trauma. They had, in fact, lovingly aligned with their earthly mission.

***The other two (one of whom was Kasab) were meant to be indoctrinated into terrorism, come to the point of committing the act, and then... not do it.***

Kasab's energetic plan was to awaken at the last moment, leap on a train at the station, vanish into the heartlands of India, and live out the remainder of his life as a wandering mendicant.

This would have brought him self-realization. He would not have atoned for the past; instead he would have come into a new level of awareness of the present. Had he done all of this, he would never have been found. He would have then lived out a peaceful life, followed by a smooth and natural exit.

Because of the intense indoctrination, he was not able to fulfill his intended mission of 'not doing it.' He therefore did experience deep trauma, both on earth and when he passed over. Today, of course, he is in expansion, awareness and understanding.

*Would one attribute a colour to the multi-dimensional portal?*

It is blindingly colourful. One person may see it as swirls of colour; another may see it as pure light. But it is multi-hued.

*So we could even see it as black?*

Yes, indeed. Let us explain this for the benefit of others in this room. ***Black is the most 'colourful' colour on earth.*** The human eye is only capable of seeing seven colours, and shades thereof. The Universe is filled with billions of colours. When your eye encounters any colours beyond your limited spectrum, it cannot make sense of them, so it converts them to black. ***Do you really think the night sky (deep space) is 'black'? It's iridescent!***

*How can a pedophile possibly be operating from love?*

Yes, from an earthly perspective pedophilia appears to be incomprehensible; the same applies to terrorism and murder. A

pedophile has an extremely warped perspective of love. He is generally a soul who has repeatedly, over lifetimes, experienced mental, physical and emotional abuse.

Naturally his quest is to move from warped love to genuine nurture and caring; but from his skewed perspective he is awakening the child and preparing it for the upcoming rigors of earthly life. Of course this is not the truth; but it is his truth.

*If everything is love, what about karma?*

True love, as we earlier explained, is the ***exuberance of creation***. Creation creates experience. ***Anything that is not joyous is a distorted aspect of love. Karma helps you clear these distortions, over lifetime, and eventually experience true love. And true love starts with the self.***

Let us look at this practically. During your younger years, you often go through multiple relationships, heartbreaks and then the excitement of 'new love'. Each of these experiences better prepares you for your final relationship and marriage. You now have a much higher quotient of tolerance, understanding, compromise, nurture, embrace, partnership...and love.

*When we suffer pain and trauma, inflicted upon us by loved ones, are they also coming from love?*

Yes. Both are coming from imbalanced love, and both are attempting to find true love. Your harshest teachers are often your most beloved friends in spirit.

*You spoke earlier of the billions of Universal colours in existence. Can we use strands of these to heal our bodies and ourselves of physical and emotional pain and trauma?*

Most certainly. Colours are made up of multiple vibrations. Vibrations create music. Music is the most powerful healing tool in existence. Therefore, colour is music and colour heals.



Let us now generalize. Pale blues and greens soothe, calm and heal you. White gives you a sense of purity and inner cleanliness. Red energizes you, giving you power and strength.

Of course, different people respond to colour differently. That is why it is essential to tune in and choose the appropriate colour, or combination of colours, that you need to wear for the day. You will feel positive and energized, and your day will go smoothly.

When you are in any kind of pain (be it mental, physical or emotional), please do tune in and 'bathe' in the appropriate healing colours. You will instantly feel a difference.

Crystals are very powerful purveyors of colour. All your equipment on earth, particular medical equipment, has micro-crystals within them. They release unseen colours that truly heal the body.

*I deliberately asked that question because I wanted everyone to know how powerful colours are. I've been doing this for years now.*

Bravo. Do share your techniques with others; they will greatly benefit from your experience. You already know you are a Master of Colours!

THE ST. GERMAIN BLESSES YOU TODAY.

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