

Sohrab's channeling

25<sup>th</sup> October 2018

REBIRTHING OF THE SUN

DIFFERENT EARTHLY DIMENSIONS IN THE *SAME* TIMELINE AND REALITY

THE RISE OF THE KUNDALINI

Greetings!

There is a celestial process taking place right now; one that we would like to *begin* discussing today. It will have to be examined over several sessions.

***The Sun is currently re-birthing itself.*** A new vibration is now emanating from its core center, forming a new energetic aura around itself. Some of you may be able to tune into this, either energetically or physically.

You naturally cannot stare directly at the blazing, overhead sun; but you can study it while it is either rising or setting. If you do so with eyes open, and are energetically sensitive, you will actually *see* its new auric field. It will look like a pale, mystical halo. This aura is made up of billions of newly created, newly combined sacred geometrical symbols.

Since the Sun influences Earth, countless other planets, stars, celestial bodies and Universal societies, this re-birthing is also going to affect every aspect of the Universe as you know it. Let us begin by discussing its effect on Planet Earth.

Planet Earth, along with all her inhabitants, is now being subjected to wave upon wave of these sacred geometrical emanations from the

Sun. Please do not confuse these with Solar Flares; the two sets of frequencies are completely different.

These waves are currently only influencing Mother Gaia, but over time they will also influence her various kingdoms. She needs these energies, as she is currently feeling stale, used and abused, and rather 'stuck'. These energetic waves are helping her 'breathe' again and infusing her with new lifeblood.

***This process (which has only just begun and will continue for several years to come) will enable her to start 'separating'.***

At prior meetings, you have been introduced to differing dimensions of Earth; ones that exist in different time-lines and realities to that which you occupy. Yet, ***you will shortly experience differing dimensions of earth that will co-exist in this very time-line and reality. And each of you, individually, is going to slot into different ones, depending on your personal frequency.*** Now let's make it even more complicated. ***On different days, depending on your frequency, you will slot into different dimensions of the current reality.***

(Smiling) Let's now explain this very practically. Many of you have recently been working towards befriending the self and embracing your various facets. When you enter 2019, you will slot into a particular 'level' of vibration; one that perfectly matches yours. And this will keep changing, day to day, and even moment to moment. As you grow and evolve, you will move up in frequencies; and when you slip, you will de-volve into lower ones.

Let us now assume that you enter 2019 and slot into a relatively high frequency. You will then find yourselves interacting with your family, friends and colleagues in a smooth, amicable and productive way. Money will flow freely, and life will be exciting.

On another day, however, if you go into a downward energetic spiral, you will instantly slip into a lower frequency of the same earth you

inhabit; one in which there is more trouble, dissent and strife. This is because, when you slip, you also slot into the lower vibrations of your family and friends. On those days, you will feel irritable and dispirited. Everyone in the house will start arguing with each other, money will be tight, and life will not flow.

But if you choose to shift your vibrations, in an instant you will return to a higher frequency of earth; one in which things run smoothly, amicably and harmoniously. **Yes, it's all about you.** Because when you raise your vibrations and slot into a higher level, you automatically interact with the similar frequency of those around you.

*I thought we were already doing this?*

You have done this, in the past, to a degree. But most have done this unconsciously, without understanding it or being able to shift it at will.

*So how do we shift it?*

You can do so by first understanding the process, and then commanding the self to raise your vibrations.

Let's explain what we mean by different dimensions co-existing in the same reality. Imagine a bookshelf on which there are children's books, teenagers' books and adult literature. They all co-exist 'in the same reality', but depending on which you choose to read, you get a totally different experience.

Please be very conscious of the statement "**You create your own reality.**" On those days, during 2019, when you allow the self to get angry or depressed, you will instantly slip into a lower frequency of earth and will only be able to interact with the lower frequencies of all those around you.

***Let us say that you are having a discussion with your spouse, and you find yourself getting annoyed and frustrated. You will***

***slip into a lower frequency of earth; one in which you will interact with his lower, angry, irritable frequencies. But remember, this is your reality.***

***From his perspective, if he doesn't slip, he will continue to interact with your higher frequencies, and come away from the very same discussion feeling refreshed and very positive.***

*So everything is your reflection?*

Yes, it's your reflection. But it's a reflection *that you have created*. It's all about you.

So far we have only spoke of the effect of the lower vibrations when it comes to your interaction with other human beings. But this applies to everything in life.

Go into the lower frequencies and your food will turn rancid and disagree with your digestive system. Your homes may have uncomfortable entities residing in them; ones which don't exist in the house's higher frequencies. Your city, at its base level, will be filled with crime, trauma and violence. Yet at its higher frequencies, it will offer you support, enterprise and success. And so on.

Upto now, you *have* been influenced by the energies of the planets around you and those of the collective consciousness of the human race. But starting 2019, don't waste your time pointing fingers at the configuration of the Planets, or even blaming karma for your circumstances. ***Next year, it's all about you. All about you.*** Now let us have your questions.

*If we are at a higher frequency, and have to interact with a person who is at a lower frequency, will there be conflict?*

Let us assume that you are interacting with a friend. Both of you have multiple frequencies. Let us, for convenience, say that these range from 0 to 10. If you at level 9; you will only be able to interact with her level 10, 9, or 8. You *will not be able to* interact with those

that are lower.

Her 'level 10' and your 'level 10' may not be on par. Different people have differing scales of frequency. But you will still access *her* highest frequencies; her highest potential. In very simple terms, ***if you are joyous, balanced and expanded, you will bring out the best in others.***

As Lightworkers, you are *now required* to be able to connect with different people with differing frequencies; urging them upward in their scale. Don't you do this in life? You often have to relate to a two-year old, a teenager and a grandparent. Each has a completely different scale than yours, even though each individual scale ranges from 0-10. And yet your task is to best communicate with each one, elevating them to a new level of consciousness.

*Why does the Sun want to re-invent itself?*

(A group member chooses to answer this) Because it's Source trying to reach its highest potential. Everything, including the Sun, wants to re-invent itself, because it's a new experience. And the Universe is all about experience.

(S. continues) A Universal law states that "everything in the Universe wants to grow and expand; nothing wants to remain stagnant or go backwards." You also know that the fabric of the Universe is Love. What is love from a Universal perspective? ***Love is the exuberance of creation and re-creation.*** Love can never be stagnant. Love desires to experience and re-experience and re-re-re-experience itself.

Now, hasn't the Sun always re-created itself? Yes, it has; as has every cell in your body. But there is a current, unusual boost to this process of re-creation.

*You earlier spoke of the differing energetic levels we will enter in 2019. Let us presume a person enters at level 8. Is there any safeguard that he can put into place; one that perhaps does not allow him to drop*

*below a 5?*

Yes, there is; but it is not initiated at the conscious level. The lowest limit is dependent on the growth and evolution that the person has achieved over lifetimes. So, although you cannot sink below a certain base level, you can move up and down in a particular range.

*You also said that a person at, say, level 9 would only be able to interact with another's level within his range...level 10, 9 or 8. But what of those people who would joyously desire to help another who may be at level 1? Can a person who really chooses to do this joyously do so, while maintaining his highest frequency?*

A very good question. That should indeed be your aspiration. ***And it is possible...only for a person who truly considers himself or herself a living Master; one who fully acknowledges and believes in the Self.*** The average person will only be able to connect with closely-related levels in others; but as he grows and evolves, his range will increase.

*Suppose you work with another and help them achieve a higher frequency, and then they go home and get dragged down by the negativity of a family member, does all the work you have done get mitigated?*

No, it doesn't. Let us hypothetically say that you have been at level 6 over lifetimes, but this time around, due to your openness and inspirational interaction with a beloved friend, Master or guide, you have now achieved a level 8. ***Once you have achieved a certain level, it becomes an irrevocable part of you.*** Now even if you go home and 'dip', you have the ability to rise up to an 8 again, on your own.

*But what if you don't want to rise up again?*

Then you will remain there till you do.

*It is often very difficult for us to reach out to others and urge them*

*upwards.*

It is your responsibility to reach out to others and to offer them the potential to touch their highest frequencies. That's it.

*What if we are able to reach others' lowest frequencies, but they are resistant?*

You do this all the time, but it is upto them to want to move upwards or not. If they don't, your 'words will fall on deaf ears'. But if they are inspired to move from a 6 to an 8, thanks to your help, then they can always return t

here, whether or not you are at hand.

Now let us take this information further. ***No human is simply a 4 or a 6 or an 8. You contain multiple levels of frequencies within you. You may, for example, be an 8 on the scale when it comes to inter-personal relationships; whereas you may be a 3 when it comes to business and finance. You may be a 9 in the area of technical know-how, but a 1 when it comes to self-worth. And so on.*** It's not linear.

As we said earlier, 2019 will hold differing dimensions of Earth in the same reality. Let us assume that you are in a joyous and healthy relationship with someone. Since the two of you are both high up on the scale, you will exist in a lovely relationship dimension of earth; one in which everything goes smoothly and joyously for the two of you.

Now suddenly, you have to deal with a financial crisis. So you slide down the scale in this area, as you are suddenly filled with anxiety and foreboding. You enter a gloomier, harsher dimension of earth. But your friend is still vibrating at a higher frequency, as she is not affected by your financial situation.

Since you have dropped down the scale, you now begin to interact with her lower frequencies. In *your* reality, if you resume your

conversation with your friend, she may suddenly say things that you now take amiss. This is because you have dropped down in frequencies, and are therefore tuning into her lower vibrations as well.

Yet, from her perspective, as she is still vibrating at a higher level, she will leave your home with a feeling of well-being and happiness. This has nothing to do with her; it has everything to do with you. In 2019, you will completely and totally create your own reality.

***The various levels that you inhabit, in differing areas of your lives, are an energetic description of the kundalini.*** You speak of the rise of the kundalini very glibly. It very, very rarely rises ‘all at once’.

***The kundalini is actually made up of thousands of energetic strands. Each one represents a different aspect of your life. Each one rises at its own pace, and achieves a different energetic level, at any given moment in time.***

Your inter-personal relationship strand may have achieved an 8, whereas your business and finance strand may still be at a 4. The strand that deals with your fears may only have risen to a 2. And so on.

*When we dip in a certain area, how do we rise up again?*

By choice. Each person has to find his or her own way of doing so; there is no fixed method to do so. You may choose to get external help and guidance or do it yourself. Counseling, naturopathy, meditation, self-search: these are just some of the ways.

*Isn't love the easiest way to do this?*

Yes, love is the fabric of the Universe. So using a form of love, one that you resonate with and one that works for you, is most certainly the way to go.



*Haven't we already been doing this? Let's say, for example, that I am at a basic level 5. But every time I interact with different people, I have to either lower or raise myself to be able to communicate with them. And then, at the end of the day, I come back to myself. Isn't this the spade-work we need for 2019?*

Yes, indeed it is. You have been doing this, on occasion, for years. But from now onwards, you have no option but to do this consciously, at all times.

*Why 'no option'?*

You have always relied on the energetic influence, guidance and support of the Masters to help you withstand the rigors of earthly life. Of course your Higher Soul is your prime driving force, but it is cocooned in the energies of your Masters and Guides.

***Starting 2019, there will be time-periods (ranging from a few minutes to a few days) during which the Master energies will completely withdraw from your structure.*** This has to be; you have to learn to support the self with your own frequencies.

During these periods, many will experience 'withdrawal symptoms' and may suddenly feel lonely, unloved, unsupported, abandoned and rudderless. This is going to be done gently, in coordination with the Higher Soul, but it is necessary as you now have to learn to stand on your own two feet.

This could be likened to teaching a toddler to walk. You initially support him, and then allow him to try it on his own, and then again you support him. 2019 is all about metamorphosis.

We will speak more of this in future sessions.

BLESSINGS FROM MASTER HERONIMUS.

GREETINGS AND BLESSINGS FROM ABRAHAM OF THE COSMOS.

YOUR FRIENDS THE ARCTURIANS EMBRACE YOU.

BE IN THE LIGHT AND THE EMBRACE OF THE HANUMAN  
COLLECTIVE.

JOY, LOVE, LIGHT AND THE BLESSINGS OF ARCHANGEL MICHAEL.

SAI KA PRANAAM.

THE KALI MA AND THE MAHA AVATAAR BABAJI BLESS YOU.

THE MEHER BABA IS WITH YOU.

BLESSINGS, LOVE AND LIGHT FROM ST. GERMAIN.

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