Sohrab's channeling 18<sup>th</sup> April 2019

## **INTER-DIMENSIONALITY (Part 2)**

Sohrab invited group member P.K. to share some of her thoughts and observations based on the previous meeting. Sohrab also contributed along the way. The discussion is briefly summarized here:

If you have a bad relationship with someone in this reality, you can visit another dimension in which you are with the same person, but in a very harmonious relationship. Explore what's working so well there, and draw those energies back into this 'you'. Also observe how you function with your partner in that dimension, and emulate that here.

Another way to do it is this: since all relationships, however harmonious, have 'bumps' in them, visit a relatively harmonious one and heal the small 'bump' that must exist there. In doing so, you are healing the much larger 'bump' in your current relationship. This will work, as both partners in that dimension are positively inclined to heal the relationship. In short, you heal the smaller issue there, so as to heal a much larger one here.

Could we use inter-dimensionality to help us find a successful relationship in this reality?

Yes. Repeatedly visit a dimension in which you have the perfect partner, and keep drawing those energies back into the self.

In the past, we have often been urged to visualize the perfect outcome to any given situation and then start 'living it'. So how is this different to what you are saying?

It's not. It's simply giving you a technical understanding of what you are already doing. It's also helping you do it with more specificity and focus.

So how do we know it's an inter-dimensional aspect of us, and we are not simply energizing a future self?

We are using inter-dimensional travel as a tool to create a future aspect of the self.

What if we tap into 'negative' dimensions of the self?

That may even be necessary. Let us say you tap into a dimensional part of the self that is a murderer. You are obviously not doing so to access his murderous impulses; but he may have qualities of focus and courage that you need in your current self. Be guided by the self when taking these voyages. You cannot get what you don't need.

If we were really capable of embracing and combining all our dimensional aspects, we would be the Godhead. If you look at past, present and future lives (from our earthly, 3D perspective) it would form a horizontal line. If you now include the dimensional aspects of the self, it would form an intersecting vertical line. The two together form the symbol of the Cross.

The point of intersection, where past, present and future lives meet the dimensional aspects of the self, becomes THE NOW.

So is this sacred geometry?

Indeed it is. Everything in the Universe is made up of the orb. Your cells are orbs; planets are orbs. Even if you draw a straight line, but look at it under a microscope, it's made up of a series of tiny dots or orbs. The orb is one of the most sacred of all geometrical symbols.

The channeling now commences...

## Greetings!

What is the meaning of a Master? *A Master is someone who embraces every dimensional aspect of the self.* 

Let's now modify this slightly. A Master is a being who *is able to* do this, but *chooses not to* embrace his last few dimensional aspects. Why? Because if he did so, he would cease to be a Master in your consciousness. He would then simply become a fully assimilated part of the Godhead.

He therefore does not merge with his last few aspects, so that he retains a level of vibration with which you can connect. He thus continues to serve you.

Do you know how difficult this is? When you get to the point wherein you have fully embraced 99% of your selves, the urge to embrace the last one is urgent and overwhelming. And yet; he does not. It is, in simple terms, like bringing yourself to the point of Cosmic Orgasm and not permitting this to happen...over and over again.

Many of you are confused by the concept of multiple dimensions. Let's try and help you understand this concept by examining this very existence. Don't you have different dimensional aspects within it?

Can't you, at a given moment of time, be vicious and cruel? And, at another moment in time, be extremely loving and caring? Can't you be down-to-earth and practical; and at other times dreamy and irresponsible? From an outside perspective, these would appear to be 'different people'; but aren't they all integral dimensional facets of the self, in this very reality?

They are the 'pages' that make up the 'book' that is you, in this reality. If even one of these pages is missing, your life story is incomplete. However, many people tend to 'stay on the same page' for long periods of time. They, then, miss out on the intended experience of life.

You have to learn to acknowledge and embrace every page that makes up the story of your life, understanding the divine sequence. You can't just condemn Page 5 for being ugly, and focus on Page 10, which may be beautiful. You have to understand that you needed to go through the experiences of Page 5 to be able to attain the beauty of Page 10.

So this book, with its various dimensional pages, makes up the life-story of you in this singular dimension. Now understand that the complete YOU is made up of a celestial library; one in which there are hundreds of thousands of books. Each book is a different dimensional aspect of the self. Some are scientific books, others are artistic books. Some are murder mysteries, and others are romances.

So where does the Higher Soul figure in all of this?

The Higher Soul is the caring librarian. She lovingly tends to all the books, sometimes pulling one out and reading it, and then exploring a completely different one. She dips in and out of different 'subjects' with equal joy, appreciation and relish.

Isn't this so on Earth? Aren't there days in which you want to read a book, or watch a film, that deals with passion and murder? And other days in which you are in the mood for a gentle romance? Days when you want something light and frivolous, and others in which you want something deep and profound?

Imagine if you decided *never again* to read a detective novel or a light romance. You would miss out on so much. You would be incomplete. You need to be able to access each one, at will.

You earlier discussed *past lives vs. dimensions*. Let us explain this with the help of a sacred geometrical symbol.

He (Sohrab) earlier described it as a Cross. This image is relatively accurate; but let us give you one that is more appropriate.

Everything in the Universe follows a circular path. Yes; even a straight line is made up of tiny circles or orbs. Now imagine your past, present and future lives following a circular path. (Sohrab draws a large circle in the air). Why circular? Because they all flow one into the other.

Now imagine all your dimensional aspects also following another circular path. (Sohrab draws another large circle in the air).

Put the two together, touching at a single point, and you get two conjoined circles, the figure of 8 sideways: the symbol of infinity.

The point where they meet is the point of completion, the point of THE NOW. This point accesses all your lifetimes and all your dimensions. This is the true meaning of Infinity.

So this is being 'in the moment'!

Yes. Yet this statement is a paradox. Because when you are 'in the moment', you are not really 'in the moment'. You are *in every moment*.

So if I am 'in the now' and an aspect of a past life appears before me, what then?

Then you are no longer 'in the now'. Being 'in the now' is an experience of such vastness, expansiveness and embrace that you actually experience it all simultaneously.

The human brain is not capable of this level of conscious comprehension; but it is capable of *unconscious* comprehension. In general, this requires deep meditation. In that state, you are capable of acknowledging and appreciating the magnificence of the totality that is YOU.

Visiting a singular past life or dimensional aspect of the self is not 'wrong'. We are, in fact, teaching you to do so. Learn to do that so that you can later move further and experience the full flow.

It's rather like learning how to type. You initially have to train the brain and the fingers to work together. You learn the keys one by one, till you can eventually type with fluency, without having to 'think about it'.

Let us now take you through a short 'visualization' exercise. Don't

intend it to be for healing or any other specific purpose; let it just be 'for fun'.

Breathe and relax. You are going to visit alternative dimensions of the self, but give yourself permission to pretend its pure imagination. (Pause)

Ask the psyche to give you a visual of the self in any form that is appropriate for the now. Do not anticipate what you will see: it could be you in a different form, a different sex, even a Universal being. Just let the psyche help you 'imagine' it. (Pause)

Visualize him/her/it standing in front of you. Connect with this being, and open to its magnificence. Experience the radiance, power and beauty of this being. (Pause)

What qualities does this being have? Experience these. (Pause)

Now acknowledge that this is you, in a different dimension. Open you heart to you. This aspect may merge with you, or simply offer you energy. Let it happen as it does. (Pause)

Bless this aspect of the self; bless the self.

Now ask the psyche to lead you to a dimensional aspect of the self that is both human and vibrantly healthy. Connect with him or her (yes, it may be of either sex) and open the heart. Draw in this good health. (Pause)

Some of you are worrying that if you do so, you might deplete that dimensional aspect of the self. This will not happen. You will *only multiply* the good health. You cannot 'steal' from a dimensional aspect of the self; you can only enhance each other.

Feel those energies coursing through your physical body. Enjoy the vibrancy. (Pause)

Bless that aspect of the self; bless the self.

Now ask your psyche to offer you a dimensional aspect of the self that is extremely successful in any area of your choice. Open and connect to this in the same way. (Pause)

Bless that aspect of the self; bless the self, and return to full consciousness. (Pause)

See how easy this is? Have fun with it. Play with it. Explore any dimensional aspects that you desire. But do so repeatedly. You are not yet at an energetic level at which a singular visit will fully serve you, heal you or energize you. You will have to do this repeatedly.

SAI KA PRANAAM.

A SPECIAL BLESSING FROM THE ENERGIES OF THE CHRIST OFFICE. THE LORD JESUS CHRIST, THE MOTHER MARY AND ARCHANGEL MICHAEL BLESS.

A SPECIAL BLESSING FROM GURU GOBIND SINGH.

ST. GERMAIN BLESSES YOU.

MEHER BABA IS ALWAYS PRESENT. BE JOYOUS.

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