

Sohrab's channeling

9th May 2019

THE ENERGIES OF MOTHER'S DAY 2019

MAY: A MONTH OF PURGING

FACING YOUR FEARS

RESTRUCTURING OF THE BRAIN

Greetings!

This particular Mother's Day is one of vital importance to the human race. We urge all of you, men and women alike, to consciously open to a new flow of energies which will be initiated on Sunday itself, and will continue for 7 to 10 days after that.

This flow will ***activate the Divine Mother within the human race.*** What does this really mean? ***The Divine Mother is a collective description of innumerable Goddess strands and frequencies;*** many of which you have never heard of before.

These frequencies are specifically offering the human race the opportunity to touch greater depths of love, nurture, embrace, non-judgmentalism, acceptance and other such divine feminine qualities.

This surge is going to affect the whole human race. Many will imbibe

the flow, as intended by us, in a joyous and natural manner. But there are those who will resist these frequencies. They are likely to cause volatility in the world.

The Divine Mother energies will attempt to push out of them that which is not appropriate for their growth and evolution. They may resist this. This will lead to a temporary rise in worldwide abuse and violence. The garbage must rise to the surface and be expelled before they are infused with higher vibrations.

We ask all of you, both men and women alike, to consciously exercise your feminine divinity during this 7-10 day period. Be as loving, as nurturing, as respectful, as understanding, as accepting and as empowered as you can possibly be.

If necessary, stand up and speak out for the self. Defend your rights. But do all of this in balance. Remember: the divine feminine may appear gentle, but she is fully empowered.

In general, men are more resistant to the divine feminine than women. Therefore you may find the menfolk in your family, or at work, 'acting up' during this upcoming period. Understand what is happening, and work with it. We simply forewarn you so that you don't view this period as one of pain and trauma; view it instead as one of growth and rebirth.

This entire month of May is one of purging. The whole world is purging. This is naturally individual: issues that *you* need to bring up and address. We suggest you help yourselves by sitting down quietly with a pen and paper, and listing areas which you perceive as being volatile ones in your life.

If, for example, you have a troubled marriage, you might start with a broad heading of 'relationship issues'. If you are enmeshed in a messy court-case, list it as 'legal issues'. These headings just help you more clearly define the areas.

Now examine each one separately. Then ask the self, "What is the purge I need in this area?" If you are looking at the 'Legal Issue' heading, possible purges could be 'fear of authority', and/or 'fear of rules and regulations' and/or 'the inability to stand up for my rights' and/or 'the inability to speak out'...and so on.

The written word will help you better understand the self, and identify that which needs to be addressed and released, so that you can consciously work on the purge.

This purge is naturally going to bring you face to face with your personal fears. If, for example, you have an inordinate fear of death or loss, you may be faced with having to deal with a sick loved one. If you greatly fear a certain community, you may find yourselves interacting with several members of that community who 'act up' in your life.

So identify your excessive fears and work toward facing them. If you keep suppressing the purge (or your fears) this month, you may create disturbances in the body and in your health.

In some cases, the emotional purges will be physically mirrored by the body. This could lead to occasional bouts of diarrhea, heavy menstrual bleeding, skin eruptions, excessive perspiration and the like. In short, anything that comes out of the body.

Should this occur, we suggest that you allow it to happen as naturally

as possible. Use natural remedies whenever possible. If you must use allopathy, do so after 12 hours.

Can we facilitate the purge for another person?

You cannot do so directly. You may, of course, share this information with them; or energetically talk to the other person's higher soul and suggest that it self-create a purge for the incarnated self.

You may, however, facilitate the purge for children under the age of 6. You do have our permission to do so. Do not be a surrogate, however. Urge them to do so, either verbally or energetically.

Are some people forerunners of this process? I feel that, in some cases, it has already begun.

Yes. Whenever we introduce you to new energetic processes, there are always forerunners who pave the way for others.

THE ENERGIES OF THE LORD JESUS CHRIST BLESS YOU.

(Sohrab shifts energies)

Greetings!

Dear friends, some good news! You are now entering a phase, on planet earth, which is being led by those in the Far East and the East. It will slowly spread to the West. All of you are, therefore, forerunners. This process is one of ***restructuring the brain***.

This began in the month of April 2019, and will continue for several years to come. It is long overdue and will provide a welcome boost to the evolutionary process of Planet Earth. Remember, 2021 (in energetic terms) is just around the corner. All of you wish to upgrade the brain in preparation for new and exciting thought processes that you will assimilate during that year.

The brain is now going to get more and more sensitive. You will, from now, start to experience exciting new thoughts; ones you may not have had in the past. You may feel urged to take up a new course of study, or explore something very unusual.

You will also find a sense of boredom and staleness creeping in, if you keep thinking about and communicating with people in the customary way you have in the past. You will feel urged to change the self quite rapidly. You'll *want to* think differently, speak differently, and conceptualize differently.

This will, of course, be a gradual process; it cannot happen overnight. But the neurons in the brain are now starting to work differently. New pathways are being forged. And parts of the brain are now beginning to train themselves to take over functions that were generally handled by other parts. In short, the brain itself is learning to multi-task to a much higher degree than it ever has before.

You already know that the average human only uses a small percentage of the brain's capacity; the rest is dormant. This percentage is now being increased, and will continue to increase, till 2021.

This process will so beautifully impact every part of your daily lives. Yes, it's happening faster with the children of today. You may have

noticed that they think and behave very differently to the way you did as a child. They study, process and absorb information very differently as well.

We urge you, as parents and grandparents, to understand this and encourage it. Do not expect them to follow your norms. They are already thinking 'out of the box'. You have to be equally inventive: you have to change your thought patterns and expectations of them, so as to keep pace with them. That way you will serve as valid and up-to-date guides and guardians of the future generation.

This process, which children and adults alike are going through, is paving the way for a new earth. It's a beautiful time to be alive on earth. Most of you have deliberately chosen to incarnate on Earth during this time period, at the exact age you are, to experience this cranial upgrade.

New and exciting physical impulses are now being internalized by your brains. These are actually physical ones, not just energetic; and are only just being discovered by your scientists. They are going to re-wire and upgrade this computer (pointing to the brain) in a manner you cannot even envisage right now.

So, at the consciously level, we urge you to let yourselves expand, keep thinking 'out of the box', do things differently, say things differently, act differently and begin to discover the NEW YOU.

This mental process will naturally be individual: each of you will experience 'growth spurts' and times of 'the plateau'. Many of you now experience 'the racing brain' at night. This is a part of the process. However, you can command the brain, before you fall asleep, to relax and continue its processes *without* disturbing your

rest.

How does this process affect 'special needs' children; like those with autism?

They are, in fact, the forerunners of this upgrade. It is *their* impulses that actually have begun to spread worldwide and are urging other 'normal brains' to follow suit. However, at the physical level, this may make them shift dimensions even more rapidly than they normally do.

As a caregiver, you have to understand this, and help them anchor in this reality even more than before. But you can't keep them here permanently. You have to allow them their necessary energetic trips.

They truly are voyagers who continually explore other dimensions and realities; returning to earth for brief periods. You have to understand this and give them a safe and secure 'port' to return to, from time to time. At the same time, they are not meant to vanish completely. So help them anchor the self securely and then allow them their exploration.

Will all of us be telepathic by 2021?

All of you will have very high quotients of telepathy by then. You are working towards this process; one that will help unite the human race. But, as you well know, there will still be those who stubbornly refuse to access this part of the self.

Will there be a technological gadget that can help assist those who don't believe they can do it?

It's already in existence. It now has to be released. Think about the

advantages of telepathic awareness. Every doctor would be able to 'tune into' every patient and know exactly how to treat them. Every parent would be able to better understand and guide their children. You would understand others as you understand yourselves.

This, of course, can be misused. You could violate another's space. But this is your responsibility.

THE UNITED BLESSINGS OF THE MAHA AVATAAR BABAJI, SAI BABA AND ARCHANGEL MICHAEL BLESS YOU AND EMBRACE YOU.

A SPECIAL BLESSING FROM THE ENERGIES OF THE GURU GOBIND SINGH.

MOTHER MARY IS WITH YOU.

THE MEHER (BABA) BLESSES YOU.
