

Sohrab's Channeling

18th July 2019

ENERGETIC RESPONSIBILITY

VIEWING THE CHAKRAS FROM A DIFFERENT PERSPECTIVE

An energetic entity comes into Sohrab and silently blesses all the group members. Sohrab then shifts energies.

Dear friends, welcome!

The energies that silently blessed you were those of the beautiful soul you knew as the Meheru. *(Note: Meheru Gandhi was a grand medium who was now in spirit, and had been Sohrab's teacher and guide.)*

She is now in what we will term 'a Hall of Contemplation'. Do not confuse this with studying one's Akashic records; this is a Hall of Contemplation, the equivalent of sitting in a beautiful crystalline temple and absorbing knowledge and wisdom.

It is a space in which one contemplates one's life and one's existence. It is a space of peace, tranquility, merger, understanding, compassion, comprehension and wonderment. There is no pain or trauma in this process of reviewal; instead, there is loving and dispassionate self-assessment.

This Hall Of Contemplation is overseen by a multitude of Master energies who lovingly guide and nurture those within the space, gently steering them on-track and pointing them in the right

direction. It is a space of 'higher education'.

Honour her for this choice.

Today, we will speak briefly of ***energetic responsibility***. Let us first describe what you look like, to us. We naturally see your physical appearance; but your energetic structure is equally clear to us, and that is of far greater importance.

Let us speak of your basic chakras from a slightly different perspective today. The **crown chakra** is one of tremendous light and receptivity. We see it as an ***energetic vortex*** or wormhole; a vast conical structure extending from the Universe into a narrow point at the top of the head. Its brightness and frequency is dependent on your openness and receptivity.

Do not confuse this with your age or book-learning. A 5-month old child may (and often does) have a higher level of receptivity than an adult. So, from our perspective, your crown chakra is your portal of receptivity. How much are you willing to allow in?

Your **third eye** is, as you well know, your 'psychic center'. You often visualize it as a band of light, which is a simplistic visual. ***It actually emanates a series of energetic pipelines, billions of strands of energy, interconnecting you to all your differing lifetimes and dimension.*** Again, the brightness and texture of these billions of strands depend on how open you are to accessing the multiple aspects of the self.

This has no bearing on whether or not you are consciously aware of the existence of these lifetimes and dimensions. It is simply based on your level of higher connection.

The **throat chakra** is generally associated with your ability to speak up and speak out. Yes; that is correct. But when we 'look at' your throat chakra; *we instead 'hear' musical tones, notes and frequencies. The more you are able to speak your truth, the more refined your music becomes.*

Those who cannot speak their truth and repeatedly hide behind lies and artifice emit an awful screech. Those who learn that speak their truth and use this chakra to genuinely guide and counsel others begin to emit the most beautiful of symphonies.

The **heart** is indeed the center of love. But *its colour and vibration is entirely dependent on how much you love, honour and embrace the self.* Yes: you may be genuinely very selfless, loving and caring outward, and even a true social worker or expert teacher; but if you do not love, acknowledge, respect, honour and obey the self, the heart continues to emit a discoloured, murky glow. But the moment you begin to love the self, this chakra becomes brighter and more vivid.

The **Solar Plexus chakra**, from an energetic perspective, is one of the most important and interesting chakras. It resides in the center of the main chakric system, and it *acts as a liaison between every part of your body and your simultaneous and concurrent existences. It also liaises between you and your Higher Soul.*

Yes, it's your greatest connect to the higher soul; even more than the crown or third eye. It constantly works to balance the energies of all the chakras in your body. It is the true center of your state of equilibrium.

The solar plexus is also, very practically, the area in which you

receive ‘the blows of life’; and to defend and protect the self, you tend to put up walls here. The stronger these walls, the more the other chakras go out of balance. We therefore suggest that you focus your chakric work in this area. Balance the solar plexus, and the other chakras will start to fall into place.

The **Hara chakra** is much more than the seat of creativity. It ***is also your direct link to your cosmic womb. The Cosmic Womb is an actual, physical space in the Universe that belongs to you, uniquely.*** Yes: each soul in existence (on earth, in any Universal society or in spirit) has a specific ‘plot of land’ in the Universe that is unique to them.

No other soul, not even a Master, can enter that space without your express invitation. It is truly your sacred space: one of rebirth, recreation and rejuvenation of the Self. This ***Cosmic Womb ‘gave birth’ to you at your highest level: it’s the womb of your Monadic Self.*** And its resonance resides in the hara chakra.

So, when working with this area, we suggest that you now place your hands over it and visualize the space in the Universe that is uniquely yours. Connect with its vastness and magnificence.

The **Base Chakra** is, of course, your point of grounding; but it is much more than that. It’s ***the chakra that facilitates the re-creation of the self on Earth.*** Yes, you would imagine that to occur in the third eye or the hara; but it is governed by this chakra.

Based on the assimilated experiences that you undergo, you also use this chakra to send out messages to the Higher Soul, informing it of what you would like to further experience, not only in this lifetime, but in others as well.

We have only touched upon the main chakras today, which will suffice for now.

We suggest that you now take energetic responsibility for your chakras using this information. Tune into them afresh and explore them from this perspective. You'll start to get a whole new picture of who you really are.

Now let us have your questions.

Once the crown chakra expands and starts to receive energies, can it contract again?

Indeed it can. It depends on your openness and awareness. If you go into constriction, it follows suit. And if and when you open up again, it starts to flow.

What about consciousness? How does it affect the different chakras?

Consciousness is a non-stop energetic flow that constantly infuses every single cell in your body, and simultaneously flows through you to all your concurrent and simultaneous dimensions and realities.

It can be likened to the blood flow that constantly circulates throughout the body, nourishing every single organ. If a chakra is in imbalance, it will naturally interrupt this flow of consciousness, very much like a blocked artery.

Does physical age affect your chakras?

Not at all! It is entirely dependent on your desire to self-search, grow and evolve.

Since the Hara chakra is also the seat of creativity, are true artists and performers more attuned to this area than most others?

Yes, they are. But everyone has the right to be creative in his or her own way. Please also remember that every chakra has creativity within it; the Hara is simply the place in which the 'fuel tank' resides.

So what happens to those who work mainly with the mind and logic?

Those who are cerebrally inclined, and demand scientific and logical explanations for everything, are of two types: those who are *meant* to do this, and those who have restricted their flow.

The former group has chosen to exercise the mind for personal growth reasons. Perhaps in past lives they have been excessive dreamers and idealists, refusing to acknowledge the practicality of their chosen incarnations. Their appropriate balance will probably be about 90% logic, and only 10% esoteric. But even they have to allow a level of creativity and 'exploring the unknown' to be a part of their quest.

The latter group may be those who have always been *trapped* in excessive logic and reasoning, and are simply repeating a pattern. Their quest would be to open up and embrace the esoteric. In short, your skill lies in discovering what the appropriate balance is for the self.

Since we create defensive walls in the Solar Plexus, does this lead to the accumulation of fat in the stomach and hips?

Yes, it does; but that's not the only reason you gain excess weight.

Do diseases also affect the chakras?

Indeed they do. Work on the chakras, as we have described them

today, and you will certainly improve your health.

Dear friends, please do not discard what you have previously learned about the chakric system. We are simply adding a different dimension to that knowledge.

Does this chakric information also apply to the animal and plant kingdom?

What we have just described applies to the Human Race. Animals and Plants have slightly different energetic centers.

BLESSINGS, JOY, LOVE AND LIGHT FROM THE UNITED ENERGIES OF THE KALI MA AND THE MAHA AVATAAR BABAJI.
