

Sohrab's channeling

5th September 2019

ARCTURIAN ABSTRACT FESTIVALS

THE GANESH ENERGIES OF 2019

Prior to the meeting, Sohrab shared with the group some information he had learned during a recent person session. The Arcturians, a group of Universal beings, had stated that they, too, celebrated 'festivals'. They pointed out that on Earth (barring a few exceptions like Birthdays) most festivals were centered around religious figures; whereas they celebrated abstract festivals. They felt no need to celebrate Master energies, as they acknowledged their full merger with all Master frequencies.

They illustrated this point by explaining that a certain sun in the Universe was currently emitting a pulsation that was stimulating Universal creativity, and therefore they were celebrating a festival of Creativity; one which would last as long as this Sun continued its emissions.

Sohrab urged the group to follow suit by focusing on the energy behind all Earth festivals, rather than the rituals associated with them. Why not, for example, focus on loving the self and loving all people during the Christmas season? Why not focus on Universal Brotherhood (the theme of the Islamic religion) during the entire period of Ramzan and Eid? And during a birthday, why not focus on the magnificence of the Self, by acknowledging and celebrating how much you have grown and evolved over the last year?

The meeting then began.

Greetings!

The Ganesh energies of 2019 are working exclusively with the brain, pituitary and pineal glands. Their mission is to facilitate a seamless flow between all levels of the brain.

Though the brain has many, many energetic layers; let us, for convenience sake, broadly divide it into three.

The first: ***The terrestrial brain, or the Terra-brain***, the one that you physically need to function smoothly on Planet Earth. This is fed, from childhood onwards, with morals, values, ethics and procedures. This helps you run a household or a business, deal with family and friends, and so on.

The second: ***the extra-terrestrial brain***. This exists in energetic form around your physical brain. This stores the wisdom, knowledge and experiences that you have gleaned from other lifetimes and dimensions.

The third: ***Your higher-soul wisdom, knowledge and awareness***. Your higher consciousness.

The higher soul is naturally in contact with all your simultaneous and concurrent incarnations in different timelines and dimensions. It is constantly being fed and upgraded by these existences. So it is a vast repository of wisdom and knowledge. But this is still *your* wisdom and knowledge; not Universal consciousness.

You can, of course, tap into the Universal Web from this third layer and access anything that you desire.

In general, a 3-D human functions predominantly from the Terra brain. But when you go into meditation, or self-search, or are in a deeply contemplative mood, you then begin to access the extra-terrestrial brain. And if you take the trouble to go further, only then do you touch the third layer.

These layers *need* to remain separate. If they were fully merged, you would lose your need or desire to function in daily life, and you would waste this incarnation.

However, you are now being urged to explore the different realms on a regular basis, keeping the base realm as your primary focus.

The Ganesh energies of 2019, should you choose to internalize them, will help you further explore all three layers at will, sometimes even residing in level 2 or 3 for a long period in time, before returning to level 1. You will even be taught how to function from all three layers simultaneously.

Which is what he (Sohrab) is doing right now. He is using Level 1, which is the repository of his vocabulary, his command of the language, his ability to phrase sentences in a manner that is palatable to you and his ability to communicate with a large group by projecting his voice.

At Level 2, he is accessing his wisdom and knowledge gleaned over lifetimes, helping him make it accessible to you. At the same time, he is also awakening in you *your Level 2*. That's why you understand so perfectly what he is saying. And by awakening your Level 2, this will cause you to go home and dredge up that which you need from your other existences.

He is naturally also working from his Level 3. At this level, he is a teacher and guide, and this is his intended mission. You are all both students and teachers. You are also meant to continually awaken to the self, and awaken others in turn.

All of you in this room want to work with the Ganesh frequencies of 2019. That's why you are sitting here today. As do many who are not present here today, but will read this in the future. And you have a full 12-month period in which to enjoy these frequencies.

If you choose to interact with these frequencies, you will find yourselves delving more and more into the self and into the esoteric. The way you function in live and daily activities is going to get more and more connected, spiritual and expansive.

If, for example, you get triggered by a family member and want to lash out, you will find your course changing. You may suddenly find yourselves responding instead or reacting, or simply reaching out to that person in a completely different way.

You will also find yourselves needing solitude from time to time. Please allow this to happen. You are not becoming hermits. you simply need more "Me time" to process energies, self-reflect and re-examine situations and emotions; so as to evolve at an accelerated rate.

So there will be days, or periods of the day, in which you don't want to socialize, but instead want quiet time to simply be with the self. Allow this to happen; it's part of your growth process.

These frequencies are also going to urge you to communicate your spiritual knowledge and wisdom to others. Even when you are at a party, you may feel urged to throw into the casual conversation a 'pearl of wisdom' or a thought-provoking sentence. This may be vital to awaken others to the Ganesh frequencies and open up.

It is not a co-incidence that today is both Teachers' Day and the festival of Ganpati. All Lightworkers worldwide have, this year, made a spiritual commitment to be practicing teachers as well. Many have spent years gathering spiritual knowledge and studying healing techniques; but not all have begun to share this with others. It is now imperative to do so.

Do not feel pressured by this statement. Each will do it in his or her own, unique way. Some may indeed become public healers and channels, but others may simply work 'casually' in social situations. Some may start blogs on the Net. Others may do silent, long-distance energy work. But it is now time for each one of you to believe in the self enough to become official teachers and guides.

You have all made this commitment to your own Higher Souls. Honour the self by following through with it. You are all spiritual teachers, Lightworkers, and energetic awakeners.

Questions?

Where does memory lie in the three layers of the brain?

Level 1 is primarily earthly memory. Level 2 contains selective extended memory. Level 3 just IS.

You just spoke of solitude. Many of us are busy with full-time jobs and managing a family. How do we then find time for solitude?

How do you find time to bathe and go to the toilet on a daily basis? How do you find time to sleep? Yes, everyone does not have the luxury of hours of personal time; but you will somehow have to find the time to gift yourself certain periods of solitude.

If, however, you are *genuinely* ‘run off your feet’ on a daily basis, then you have two other options.

The first: before you fall asleep, make an energetic statement like, “I declare that my upcoming sleeping hours are my time for myself. I gift this to myself. Let these be my hours of self-reflection, growth and evolution.”

The second: You can create solitude in action. Yes, you can be energetically solitary in a party. This does not mean that you sit quietly in a corner. You can learn to be in the midst of things, chatting and socializing, while maintaining inner stillness.

Yes, the Ganesh energies, in general, are about learning to let go. To surrender. To give up that which is no longer necessary for your growth and evolution. This leads to wisdom, knowledge and self-acceptance.

THE GANESH FREQUENCIES BLESS YOU.

(Sohrab shifts energies)

Greetings!

What many don’t realize is that when a festival is celebrated on Planet Earth, it is never a solitary energetic flow. Right now you are in the midst of the Ganesh festivities. But there are many other energies at play as well.

The Ganesh frequencies, at their higher level, are naturally merged with hundreds of thousands of Master energies. So, although his is the primary thrust in this

energetic period, he is accompanied a host of other Master frequencies.

Simply be aware of this. When you individual a Master, you are losing out on the countless other frequencies that are simultaneously being offered to you. And each one is contributing his or her energies to the energy in the forefront.

At Christmas, for example, the energies of the Christ Office are naturally ‘the tip of the arrow’. But so many other Masters also come to spread love and goodwill at the same time.

So, even though you may focus upon a singular picture or statue or symbol of a particular festival, now open up and embrace the host of accompanying energies as well.

It may also interest you to know that, when you choose to celebrate any festival (in your own way, of course), the energetic wave contains the spearhead energy, numerous Master energies, along with spirit family members and loved ones. They, too, come to greet you and energetically embrace you.

BLESSINGS FROM THE MAHA AVATAAR BABAJI.
