

Sohrab's channeling

17th October 2019

DIWALI 2019

Greetings!

We would like to offer you some practical, yet energetic advice for the festival of Diwali this year. This upcoming one is going to be one of the most important ones that Earth has ever experienced. It's also going to possibly be *the most important one* that you ever experience in your lifetime. Feel free to share this information with others, so that they too experience these energies to the fullest.

1. As is customary, we do suggest that you ***spring-clean your homes and offices***, starting now.
2. Please ***de-clutter*** these spaces as well. Don't lay the cupboards bare, but do go through your personal effects, household items and paperwork, and get rid of that which is now unnecessary or superfluous. Sell it or donate it, as you so choose.
3. Do ***light a diya or a candle, starting now, and attempt to keep it going all the way till Diwali day. Give this flame the intent to draw in the Universal energies of Diwali 2019 and to then disseminate these energies throughout your home and all its inhabitants and casual visitors.*** Just one diya or candle will suffice; you don't have to light one in every room. But this diya has to be specifically dedicated to this purpose.
4. ***Every single morning, starting today, till Diwali, gift yourself something.*** This could be a physical gift, something you really want, or simply an energetic gift. For example: "I gift myself the ability to exercise love today, morning to night" or "My gift to myself is to remain in balance all day, no matter what happens".

So why are we giving you all these pointers? You know that rituals, without energetic purpose, have no meaning.

The current energies of Diwali are going to bring about a major, major energetic shift on Planet Earth. The flow has already begun, and the actual shift will take place on Diwali itself.

On this Diwali day, you will be stepping into a new frequency of Earth; one which you will have created based on your evolution until now. (Smiling) So there is no need for any last-minute ‘cramming’. What you have achieved so far is what you will get. ***So, on Diwali morning, each of you will step into a brand-new dimension of Earth; one commensurate to your vibrations at that moment in time.***

Do you recall that, several sessions ago, we spoke of ‘differing dimensions of Earth co-existing in the same timeline and reality’? ***Starting this Diwali, each human will inhabit a vibratory plane of Earth that is in perfect synch with his or her frequencies. These may differ widely; yet you will be able to co-exist and interact with one another in (what appears to be) the same reality.***

So here is ***an energetic exercise we strongly suggest you attempt on the morning of Diwali itself.*** No matter how busy you are with festive preparations, guests and household chores, ***create a sacred time-slot for the self.***

Sit quietly and randomly explore a selection of your past experiences. These could be from childhood, younger days and/or the recent past. Some may be painful; others joyous. Some may seem trivial; others poignant. Just allow consciousness to guide you. You can’t possibly explore them all: the appropriate ones will surface. Do this for at least 10 to 15 minutes; longer if you so desire.

Then ask the self, “How have these experiences contributed to making me who I am today? What have I learned from them? How have I grown?” This will help you better understand WHO YOU ARE TODAY.

When you feel complete, then visualize an archway or a circular portal and energize it with colour and vibration. Then mentally ‘step through it’ and enter what will appear to be ‘a blank new space’, filled with white light.

This will be the new dimension you are entering. It is blank because you haven’t ‘written it’ yet. It’s uniquely yours. Rest here for as long as you desire, enjoying it. And then end the exercise.

The entire exercise may take you a half-hour or more. Gift yourself that on Diwali Day. Do not use excuses like “I don’t have the time”. If something untoward happens in the morning, then do it in the afternoon or night. But do it.

We repeat: ***this is the most important and powerful Diwali energetic shift that you will ever experience in this lifetime, no matter how young or old you are.*** Don’t waste it.

Now you may ask, “What of others who are not privy to this information?” Of course they will also undergo the same transformation. But you are among the privileged few who are receiving this so clearly and specifically. Why? It is because you have worked for it and are ready for it. So for you, the transition will be smoother, easier and speedier than it will for the others.

We give you full permission to share this with anyone whom you feel will benefit from it or be open to it.

Now, ***the new dimension you will enter will be, in many ways, a ‘blank canvas’; yet a highly energized one.*** You will begin painting it after Diwali. Once you have stepped into the new reality, you will be urged, moment to moment, to reassess all aspects of the self: your scripts, Archetypes, thought-patterns, mental processes, behavioral patterns and so on.

You’ll find a constant inner dialogue taking place, urging you to look at things differently or deal with a situation in an expanded manner. Each time you do so, a new ‘brush stroke’ will be created on your blank canvas, and a new reality will slowly emerge.

The new Diwali energies are preparing you for the shifts of 2020, and they will continue to flow throughout that year. They are currently supporting this year’s theme: that of metamorphosis. You are indeed transforming.

So these energies will bring about shifts (from now till the end of 2020) in all relationships: your relationships with your family, friends, business colleagues, situations, events and, of course, your relationship with yourself. All relationships will be constantly reviewed, re-adjusted and therefore upgraded.

In general, ***these energies will help you write a new story of your life. Not a new***

chapter; a new book.

So, during your Diwali life-reviewal exercise, if you find that your existence has been tragic, painful and obstacle-filled, choose to write a completely new story. A story of growth and evolution through joy. One of triumph.

On occasion, astounding shifts are going to be witnessed by you next year. Ones you cannot imagine could possibly happen. For example, a seemingly hopeless political situation may change overnight. Certain people with terminal diseases may suddenly affect a complete turn-around and will live a long and healthy life.

These will now be possible because of the new energies, and the choice you now have to use them to write a new life story. Yes, **2020 will be a year of exploring uncharted territory and creating a reality of your choice.**

Now let us explain why we asked you to clean and de-clutter your homes and offices. The new energies are doing exactly that to your brain. Though they will work with all cells in the body, their focus is the brain. They will rout out old thought-patterns, belief systems and modes of functioning, and simultaneously infusing the brain with 'blank new high-vibrational light'; light that allows you to create that which you wish. Yes; you have to create your own new and upgraded commands.

By physically cleaning and de-cluttering your homes, you are both mirroring and stimulating the internal process. Doing so externally helps you speed up the process internally.

Lighting a diya and dedicating it to these frequencies has a scientific reason.

When the command is given, the flame will draw into itself new sacred geometrical symbols. These will be processed by the flame, restructured to best suit your home and all its inhabitants, and then spread widely.

Now let us have your questions.

When we enter the archway and step into the new frequencies, what happens to traditional astrology, destiny and our blueprints?

When you inhabit the new frequencies, you will have the option to follow the old blueprint or chart, or to upgrade them in any way you desire. In short, you are

being offered freedom. Why continue to choose bondage? Change your old stories. Choose to learn through joy instead of through pain.

We remind you, when you do the meditation on Diwali, simply step into the light and just enjoy it. Don't do anything. Then end the meditation. It's a one-shot deal.

What happens when there is a conflict between the human brain, the subconscious and the higher soul?

This has existed for eons. The new frequencies are going to work, over time, to align the three.

If we are travelling, do we arrange for the diya to be lit at home, or do we light one where we are?

If this is the case, energetically light it at home. And visualize it remaining lit at all times, till Diwali day.

In the last session, we touched a very high aspect of the self, one that was virtually the Godhead. Today we are being taught about being co-creators of our lives and destinies. So if we 'gift ourselves' abundance, does this mean that now, when we take a decision that, in the past, might have come from a space of lack, it will now come from fullness?

Yes, indeed!

May we ask someone else to light the diya at home?

You may do so if necessary, but we would suggest that you attempt to light it the first time yourself. And if you also have an office and are unable to light one there as well, use the single one in the home and instruct it to work for both spaces.

How can one best lead children through this meditation?

Just simplify it for them. Walk them through the meditation. Urge them to verbalize a few episodes from their past (even if they are very young). If a child cites a painful experience, just ask her how it has benefitted her and gently urge her to find how it has helped her grow.

May we practice this exercise before Diwali day?

You may indeed, but the actually energetic leap will only take place on Diwali day.

Does the diya have to be on continuously?

Ideally, yes. But do not obsess about it. If it burns out in the middle of the night, simply light another in the morning.

WE LEAVE YOU IN LIGHT. THE ENERGIES OF THE SHIVA AND THE
PARVATI BLESS YOU TODAY. WE COME IN PERFECT UNION.
