

Sohrab's channeling

28<sup>th</sup> November 2019

THE SIGNIFICANCE OF REPETITIVE NUMBERS—11:11 and 12:34

THE SILVER CORD

SOCIALLY RESPONSIBLE TASKS TAKEN ON BEFORE EXITING

Prior to the meeting, Sohrab spoke of the significance of repetitive numbers, which many people now claim to be seeing on a regular basis. He also shared with the group some interesting information he had received from Ellaeenah and her Master Jade Fire.

It is always assumed that the silver cord, which attaches the soul to the body, is a singular strand. This snaps when the soul finally leaves the body, allowing the person to pass on.

Jade Fire had explained to Ellaeenah that this cord is actually sub-divided into three strands; ones that are attached to the crown/third eye chakra, the heart chakra and the root chakra. For a person to exit, all three have to be detached.

Sohrab illustrated this with a few examples. He explained that if a person was mentally 'hanging-on', possibly due to a great fear of death or the desire to complete a task before passing on, then the other two cords may have already detached, but the one at the crown/third eye would be tenaciously holding onto the body.

Similarly, if a person was ready to go but was emotionally over-attached to a loved one, the cord at the heart chakra would be the one refusing to detach, and so on.

Sohrab reiterated that it was generally unacceptable for Lightworkers to 'force' a person to exit, even if they were apparently ready to do so. The usual practice would be to offer them light to do with as they pleased.

But on rare occasions, when the Masters guided the group to help an individual

pass over, then this information would be of use, as the group could study the three strands and help the person detach the one (or ones) still attached.

The meeting then commenced.

Greetings!

Both issues discussed today have relevance to the new Diwali frequencies, so let us contribute to the discussion.

There are two particular numbers we would like to you be alert to: 11:11 and 12:34. Yes, as has already been discussed, 11:11 is a double Master number of great potency, but it's also of particular relevance to your physical structure.

***When you 'stand to attention', your two legs form one set of the 11s, and your two hands the other. This also takes place if you stand with your feet parallel, and raise your two hands above you. Either of these two physical positions align you to your own higher soul and to the Universe.***

You can, of course, sit in meditation with legs crossed and still be aligned, but the positions just described take this connection to an even higher level of self-union.

These two positions, either standing up or lying down, *with relatively relaxed arms and legs*, instantly activate your body meridians and realign them with your higher soul and with Universal flow. However, if you do this with excessive tension in the arms and legs, then the purpose is defeated.

If you attempt this with relaxation, the Higher Soul instantly downloads information and energies into the brain and the body. In simple terms, it's like putting a plug into a live socket: the light comes on.

The download that you receive may be a conscious thought or a sub-conscious implant; one that emerges at a future date. Simultaneously, energies and relevant information is also fed into the cells of the physical body, which help with self-healing, balancing and alignment.

(Smiling) If you could assume this position while standing or lying down in the very center of a giant pyramid, the effects of the download would be exponentially

multiplied. Since this is practically not possible, why not create an energetic pyramid around the self and then try it?

Most of the mummified remains of the ancient Pharaohs that you have discovered are generally seen to have their hands crossed across their chests. This is also a very powerful energetic position. But let us assure you that many of the more energetically advanced ones were laid to rest with their hands at their sides.

***Now let us speak of 12:34.*** The moment you see this anywhere: on your phone, on a digital clock, or even on a passing vehicle, be alert. ***The number is indicative of four steps ahead; ones which, when taken one by one, will lead you to an optimum outcome.***

Let us give you an example. Let us say that you have a business issue, or a court case, at hand; one which has been on for a while. If you see 12:34, instantly ask yourself, “What is the first step I need to take, right now, to help resolve this issue?”

You will probably get an intuitive flash that urges you to consult another lawyer, or speak to a friend about the case. Without worrying about steps 2, 3 or 4, just take step 1. Once taken, that interaction will lead to you step 2. And step 2 will lead you to step 3. And so on.

The example we have given you is a big one, but this also applies to anything on your mind at that moment. It could be a minor altercation with a family member or friend. In this case, Step 1 may be as simple as take a few deep breaths and apologize. Or breathe deeply and confront the issue.

Any questions?

*As a yoga teacher, may I now ask my students to incorporate the physical 11:11 posture at the end of each session?*

That would be an ideal choice. And we would recommend that *all of you* try this, either standing up or even lying flat in bed. Do it for just half a minute if you like. But remember to relax while doing so. Rigidity will be counter-productive.

*Would 12:34 help you move towards a goal you want to achieve?*

Yes, it always will lead you there. And the goal could be an external one (resolution of a business or personal issue) or an internal one (I would like to re-shape my body)

Again, ask the self for guidance for Step 1. Do not anticipate the answer. The obvious would be ‘Exercise more’ or ‘Get help from a nutritionist’. Yes; one of these *could be* your Step 1. But you might get an unusual answer like ‘Embrace my body as it is right now’ or simply ‘Eat everything in joy’.

Friends, the reason we are stressing on these two numerical combinations is because they will keep appearing to you over the next few months. Use them to your benefit.

***You don't have to wait to see them, to use them!*** If you want to work on a solution or a desired outcome, start by first visualizing 12:34 in your head. Then allow the numbers to lead you to step 1.

*Access Consciousness also teaches us to use 123 or 1234 to manifest an outcome.*

Yes, there are many numerical combinations that are of great use, but it's always best to understand what you are doing and why. 123, for example, simply evokes the holy trinity within the self: body, mind and spirit. This naturally brings you into alignment. Numerical combinations will still work if you don't understand them, but the effect will be multiplied if you do.

Let us now discuss the second aspect you earlier discussed: ***the attachment of the silver cord.***

This is very relevant in the current energetic era. You already know that, with the rise in the vibrations of the human race, people are now choosing exits moment-to-moment; it is no longer pre-planned.

***People across the world, young and old, healthy or infirm, are upping the energies of their higher mind and consciousness. This energetic field actually exists like a halo that surrounds your head, extending about 12-18 inches around the skull.***

A lot of thought processes, analysis, resolution and energy work now takes place in this area. It still cannot happen in the conscious brain. Very few would be able to

use the conscious brain and say, “Yes, I’m ready to exit today”, making this choice in complete balance. And people are reviewing the three points of cord attachment from here.

A big shift that has recently happened, post this Diwali, is this: ***many souls, even though they appear to be ready to exit, are now extending their stay on earth to accomplish tasks that are ‘larger than themselves’; in short, ones that are beneficial to society in general.***

In the past, prior to making the choice to exit, people always took into account their familial and work-related responsibilities, personal resolution that was necessary, and so on. But not many considered undertaking tasks of worldwide social responsibility. This is now becoming the norm, rather than the exception.

This may not have any bearing on the person as he or she is in life. For example, a person who has been politically indifferent all her life may now choose to extend her stay on earth to work towards conflict resolution between two nations. As earlier stated, this choice would be made by the higher brain and not by her conscious mind.

She would naturally not be working alone. Her energies would unite her, at a higher level, with all others on earth who have made the same choice. She would join an energy collective of great magnitude. Yet from your earthly perspective, you would wonder why she appears to be lingering and not choosing to pass over. Yes, her choice to stay may have nothing whatsoever to do with personal or familial issues.

Others, who appear to have an untimely, early death, may have chosen to do so because they know that they can best contribute to their chosen social cause by first exiting the planet and then working at it from the spirit realm.

Working for social causes is an exciting and very laudable choice that the human race is now committing to. Though you continue to see selfishness and separation on earth, the collective consciousness has made a shift in a positive direction. Its effects will be seen over time. The Human Race is slowly awakening.

This process is also filtering down to people who are very much alive. You will now see more and more people becoming socially conscious, and working to save

animals, save Mother Earth and so on.

As we earlier said, many prior to exiting may take up a social cause that appears to be in diametric opposition to who they are as people. For example, a person who has always feared animals, or been viciously cruel to animals, may take up a 'save the animal' cause before exiting.

In doing so, they are not only serving the animals, but are also teaching themselves to forge a new relationship with this personal issue. It helps clear their karma.

*Does this social cause have to be Earthly, or can it be Universal?*

In general it will be Earthly, as earth desperately needs the help. Politicians need to be awakened, as do the masses. The earth needs to be cleaned up. People need to be more socially responsible in general. So please do not view earthly causes as being 'lowly', as compared to Universal ones.

But some people whose energies are predominantly universal will find that they can better contribute to necessary shifts in the Universe. And indeed, they will then do so.

The choice of cause is made by your higher consciousness, and is based on the best energetic match for both the outcome and for your personal growth.

*Don't we also do this at the higher conscious level when we are alive?*

Indeed many do, but the intensity tends to escalate before you pass over. You could liken this to studying for an exam. Even if you prepare months in advance, you still intensify your study course just before the examination.

Do now delve into your higher consciousness. Get familiar with it. Find out what exciting work is going on there. Align with it.

THE ENERGIES OF THE LORD JESUS CHRIST BLESS YOU TODAY.

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