

Sohrab's Channeling

19th December 2019

THE CHRISTMAS ENERGIES OF 2019: CHANGE THROUGH THE FORCE OF LOVE

Prior to the meeting, group member P. spoke of the recent U2 concert. She shared with the group that their work generally uplifted social consciousness, as they composed songs that deal with political harmony, women's rights and feminine empowerment.

Her gut feeling was that their visit was very 'timely', given the recent political upheavals in India, and that their energies actually calmed down the situation, making the recent public rally a peaceful one. Her feeling was that, had they not come, there would have been violence in the city.

Greetings!

Let us ask you to begin as true Lightworkers, blessing all the names mentioned (for healing), blessing yourselves, and blessing the current political situations in both Hong Kong and in India. Do so with no agenda; no bias. Just be calm and spread golden light. (Long pause)

Now internalize this golden light for the self. If you relax, you will actually feel your bodies tingle. (Pause)

Listen to your own heart-beat. (Pause)

Feel your skin surface shining with golden light. (Pause)

Now breathe it in. (Pause)

In this space of expansion, please receive the blessings of many, many visitors in the room today: Masters, guides, friends, relatives and ancestors in spirit. Open

up. They are here to bless, honour and encourage you. (Pause)

Now once again, spread the golden light outward through your city and then through your country. Do this with no agenda. Just spread it. (Pause)

And so it is, and so it is, and so it is.

Dear friends, the **Christmas energies of 2019 have a specific theme: Change through the force of Love.** Yes, please listen to our words carefully: *not the emotion of love, but the force of love.*

It is your responsibility as Lightworkers, during the year 2020, to continue to flow with (and often even initiate) changes in your lives, environment, thought-processes, behavioral patterns, educational systems, political systems, and the business arena and so on.

You must use the force of love. Why? You know that the people of Planet Earth have already released wave after wave of hatred. Individuals, communities and groups are constantly being pitted one against the other.

So where does hatred actually come from? It comes from deep inner fears. Where there is no fear, there can be no hatred. A person who experiences hatred is internally terrified. He feels helpless, unheard, unseen, unacknowledged, undervalued, marginalized, disregarded, worthless, ignorant, imposed upon and impotent.

The fears then get so overwhelming that he has to direct the hatred outward. He mistakenly assumes that by doing so, he will feel empowered and his fear and pain will diminish. But it only intensifies. So he repeats the cycle.

That is why change now has to be brought about with the force of love. The emotion of love is very valuable and necessary, but it gets clouded by earthly judgment. *The force of love, however, is a veritable tsunami of light; one that is unemotional, dispassionate and brooks no resistance. As Lightworkers, you are now being commanded to harness this force and start to spread it to a person, an event or a global situation.* This is now your duty.

When you get caught up with the emotional content of what is happening around you, then your own fears surface, and your ability to serve gets distorted.

Working energetically with the force of love does not mean that you remain inactive physically. If you feel motivated to stand up and speak out, or participate in a protest march, or start an awareness campaign on the net, or file a court case... please do so. But do all of this with the force of love, rather than coming from fear and emotional instability.

How do you work with the force of love? You'll have to discover this for the self. There is no singular technique. However, here are some pointers.

First *play* with the force of love. How does this energy make you feel? What happens to you when you open to these frequencies? Some will get calm and balanced. Others may feel empowered and energized. Yet others may discover single-minded focus arising. Explore it for yourselves. But no matter what you feel, your fears will dissipate and you will feel empowered and worthy; worthy enough to work with the force of love.

This worthiness will, in turn, direct you further. You may suddenly feel motivated to do something practical, or simply to work with it energetically. Follow through on this impulse. In doing so, you will facilitate change.

2020 is going to be a year of complete and total change. And, as you well know, most humans resist change. We urge you to go with the flow. You will, in all probability, find changes in your inter-personal relationships, your business dealings, the food you eat, the clothes you wear, your attitudes and belief systems, behavioral patterns and so on.

Change tends to makes you feel threatened. This leads to fear. If and when this happens, immediately tap into the force of love. Welcome the change, and use your own power to take it in a new and exciting direction. This leads you to **create your own miracles.**

This coming year, ***Lightworkers will be called upon to stand by and support one another.*** When those around you are shaking or feeling insecure, stand by them and help them regain their stability and power. And they must do the same for you.

Work as a collective; you are a collective. There are millions of you, worldwide: marvelously evolved, enlightened, hard-working beings like yourselves who are

dedicated to self-growth and to the evolution of Planet Earth. Band together, both physically and energetically. You are not alone. You are now a mighty army. Each one of you has something vital to contribute. Don't belittle or dismiss the self.

THE ENERGIES THAT ADDRESS YOU TODAY ARE THOSE OF THE LORD SANANDA AND THE UNIVERSAL MARY.

Lord Sannanda is the Universal form of the Lord Jesus Christ. The Universal Mary is the Cosmic form of the Mother Mary. The two work together in perfect harmony, bringing you the qualities of leadership, command, focus and Feminine Empowerment. Feminine Empowerment is one of the most potent flows on Planet Earth. It naturally applies to men and women alike. It is the creative flow of the Universe.

The musical group you earlier spoke of (U2) has a mastery of disseminating the frequencies of Feminine Empowerment. Did they make a change? Yes. Did their energies balance the community here? Yes. But temporarily.

It's now up to you, as Lightworkers, to retain this balance. So when you now hear of unrest, or a flare-up, don't get sucked into the drama of the event. Work instantly, using the force of love, to facilitate the change that the event is going to bring about.

Let us answer your question. *(Prior to the meeting, a group member had mentioned that many people, men and women alike, were now suffering from strokes. She wondered why this was now so prevalent.)*

From an energetic perspective, anyone who suffers a stroke has aspects that they cannot forgive in themselves. These could, from their perspective, be past misdeeds, abhorrent actions or unacceptable behavior. Ideally, they should work at reviewing the past, understanding where they came from, and forgiving themselves.

BLESSINGS.

(Sohrab shifts energies)

ARCHANGEL MICHAEL GREETES YOU.

Most of you are familiar with the power and potency of the Michael. But this year, His frequencies come in a gentler manner. He is going to help those who call upon him find harmony, synchronicity and balance in their lives. He will help you put your life together in a harmonious way.

Do not mistake this gentleness for a lack of potency. But enjoy the melodious and musical nature of it instead.

BLESSINGS.

(Sohrab shifts energies)

Let us end by offering you a sacred geometrical symbol that you can use. You may either draw it on paper, or simply draw it energetically, and then implant it in your third eye and heart. This would also benefit you if any body part is in discomfort or disease. Implant it there as well.

The first part of the symbol is an isosceles triangle (symbolic of the Christmas tree).

Then draw the holy cross on this, so that the stem of the cross bisects the triangle, but extends upwards beyond the apex of the triangle. At the point where it meets the apex, draw the horizontal line of the cross.

The third part is a 9-point star which surrounds the apex of the triangle. If you cannot easily draw this, create it with 9 spokes bursting outwards; its center being the apex of the triangle.

So create this symbol, either on paper or mentally, and then implant it in the body wherever you wish. You may implant as many as you want. Then just 'leave it there'. It will work magic over time.

BLESSINGS FROM THE ARCHANGEL GABRIEL.
