

30th September, 2004
THE COSMIC BOARD
Channeled by Sohrab

The Divine Source Everyday Miracles

Trance Channeling begins

■ I want you all to observe me very closely for this section of the meeting. I'm in what's called a waking trance. Unlike a link, which we've all experienced where you are in connection, you feel the Divine Source coming. This is actually within me right now but unlike the appearance of a full trance, what you're going to see & hear is Sohrab.

My energies at this point are so beautifully melded with the entity within me that you can't tell where I begin & the entity ends or vice versa. It's a marriage with perfect consent on both sides. A waking trance is generally given to a person for a very limited period. You all experience this, most of the time completely unconsciously. Ell is generally conscious of this when it happens. She is aware that she has been in situations like this before. 'Nan' has often been in waking trances consciously. You have but more unconscious than conscious. 'Div', you have. I'm certain that others in this room have had that experience before. These people who have been singled out have done it *more* consciously than the others. I know for me, this is my first conscious acknowledgement of this situation personally. It's a terrific feeling in the body. I know that there's something melded inside me. I don't quite know who it is & I don't really care. It just feels good to me. I know it's a very positive entity & it's not necessary for me to know who it is. But the entity has come today for a special reason, to share something with all of you & also to give you the experience of watching this. You are now all at an energy level where you should & could recognize this in somebody when it happens & it's again a nice thing for you to be aware of.

For this little opening segment, I'm going to talk to you on what just happened before the meeting & I'm going to say "I" because it's not necessary for you to know that the elemental is talking within me. This is how we will often be functioning in public places when we have to deal with people who are not comfortable with channeling. This is one of the ways we will be dealing with this quite regularly.

'Zaf', you do see what happened just before the meeting. "Guys, grain is being thrown. It's not the Ashtar. It's a mistake." You saw how (of course, you were provoked to say

that & to so called find that out at this point) people reacted in this room. Some people have gone through complete disbelief that it's not grain; Zaf's again putting a logical explanation to it. Other people have been shaken to the core with this one little episode, "Oh, my God! All this time we've been thinking it's the Ashtar sound." What disillusionment! Suddenly everything's being questioned by them. "Are these meetings real? Have all we've studied all this time been real? Maybe the transcripts are coming from within the medium?" Still other people blocked it. "Oops! There's something there. Let's pretend this situation didn't happen". Yet others are thinking, "Maybe it is grain but so what!"

Zaf: *I know I was provoked to say it. I stood in the room saying it loudly, knowing fully well that "Hello! What's happening? Why am I saying this?" Of course we're ready to deal with it in different ways. That's why it happened. So what has changed?*

■ What has changed? Your level of understanding collectively. Lets take it this way. Suppose it was a supernatural sound? That would give you this wonderful feeling that, "Oh, my goodness! It is this amazing supernatural sound for which I have no explanation. Therefore, this validates everything that goes on here. It validates this house, this room, this medium & the various other mediums in our group." The opposite is, "It's grain. Everything's a hoax. Everything that I've been through the last 5 years in all meetings are a hoax." - and of course, all the shades in between. What I am asking you to look at is, "So what! So what if somebody is throwing grain or not!" I'm not giving you an answer here. I'm saying, "So what!" Have you questioned how timely the grain is being thrown, if it is being thrown by a human being? That is being asked to being looked at.

Nan: *May I say something?*

■ Yes, please.

Nan: *Why do I get the message that there is grain being thrown because when I went out I had a feeling that grain was thrown by a human? Was that a synchronistic event?*

■ What does that make you? This is wonderful, because you are on your own path here so it says, "I've got a message".

Nan: *Maybe it was synchronistic to him saying that Ashtar were throwing the grain. I got the message that humans were throwing the grain. So what is the connection? I don't seem to understand.*

■ So how does this make you feel that you believe now that human beings are throwing the grain?

Nan: *Nothing. A fact. It doesn't excite me.*

Now at this moment, if you suddenly start hearing the sounds what will it make you feel?

Nan: *I have to hear the sounds to make me feel. Right now, I can't say. I don't know how I feel.*

Lets find out when you feel it a little later.

Dhi: *I feel if you just want to analyze it very logically (there is no need to but since we are doing it in this manner) the sounds are very measured. No body throws grain in a measure way. The roof is concrete & any way, the analogy is completely illogical because we are calling it the sound of grain because it resembles that. It's not necessary that somebody is throwing grain & it sounds like grain.*

Ell: *May I say something here? Guys, if a realm which is non-physical wishes to physically have contact with us, they will need very, very physical people & things & grains. Hello! We're not saying the Ashtar made the sound. So the Ashtar used a human being to throw in that particular manner in exactly that particular time & space & moment. How does the physical manifestation have anything to do with what it symbolizes? Which means that all this while you've just held on to the physical & haven't really accessed its energy at all.*

Prz: *There is a lot of power in these words I kept hearing, not knowing what this discussion is all about. There is a lot of pregnancy in the words 'the grain is being thrown.'*

'Prz', you've now gone to stage 2. Does this make you think of 'manna from heaven' in the biblical sense where they were starving & miraculously manna from heaven arrived? Perhaps one could look into that also. Now it is being put down as a mystical experience but the manna came in a physical form, actually helped feed those who needed it. Now whether the manna actually was miraculously produced by the hand of God or whether an actual tree in an oasis was made to blow its fruit in a certain direction, with the help of the wind, at that particular instant of time so that it would fall where the people needing it got it. Does that negate the miraculous aspect of the physical manna?

Zaf: *It's your perspective. And that was what was being questioned today. So, each one of you at some point have questioned, "Was Jesus' birth immaculate or not? The point is does it matter? No.*

Can you now be beyond that stage where you need to know that answer? And you are now at an energy level beyond needing an answer like that. And I'm not going to give you that answer of the immaculate conception, of the manna or the Ashtar & the grain. It's just something to think about.


I would like you all to look at 3 miracles that have happened in your individual lives. It's not to be done just now. It's for you to take home & figure out. You will all be able to access many more than 3 but I would like you to actually study 3 very closely. Don't take the word miracle as a very gigantic thing, even a small thing could have happened & I would like you to see the synchronicity between the spiritual aspect of it, physical aspect of it & purely the energy aspect of it.

I'm going to give you an example only to help you understand better. I had a little miracle happen this morning, a very small one. I parked my car on the side of a busy road & for the 1st time in my life, very foolishly without looking, opened the driver's side door wide into the middle of the road. An old Fiat speeding by almost knocked the door off of the car. The Fiat was coming at me, swerved & passed & the guy stopped & screamed his head off & I apologized & he moved on. I took a minute because I was kind of shaken up.

My car door would have been completely smashed up & I could have been hurt. Two things that I came to realize with complete certainty; one is I have a habit of binding my car; I do it virtually daily. I looked at my car & I saw the energy spirals & how they had deflected the Fiat. Secondly, that Fiat had moved into a position where it wouldn't have naturally gone with an automatic swerve. It had been moved aside about a foot. This car had been jumped. I replayed this in my head & said, "O.K. This is a miracle that has happened here. Thank you all the guys who have been protecting my car & protecting me". This really was a small little miracle in my life. I've had much bigger ones where a concrete block has fallen off a building & fallen at my toes, which would have killed me had it been a centimeter closer to me. So taking a point, spiritually looking at this miracle there was some reason which I have to examine where my car was not needing to be damaged nor was the other car needing to be damaged nor was I to learn any lesson, other than small tap of 'Be alert'.

Energy-wise I explained I actually saw the energy around my car & how it helped me. Physically I'm not sure of the answer yet but there is something I need to look at physically in this episode. You've (Ell) the answer.

Ell: I was just going to say driver's seat.

 I need time to process this. That's why it's not come to me yet. It may be something to do with taking charge; being in the driver's seat, etc. This is the way to learn from 3 miracles in your life.

Today is going to be a fair amount of energy work. I'm being asked to ask you all to be very easy in your working today. Don't try to get answers, work hard. Just be easy. I'd like to start with little groups of people.

[‘Dhi’, ‘Yzd’, ‘Ira’ are called to the center.]

Small groups or individuals are going to be called to the center one after the other. I'm going to be provoked to give you either just one word or a short phrase. I want you to allow yourself to go within & just fly with it. Allow anything that comes to mind to be spoken out. I will ask you turn by turn, so don't speak out of turn. Do not worry even if it's a group of people you may not get the same images. It doesn't matter so please be true to whatever you get. You can speak out what you get in a descriptive form or you can say one word or explain that you are getting a vibration or smell rather than a visual. Whatever you get, speak out. Don't try for it. Just center & focus for a moment.

The floating city. Dhiren.

Dhi: I'm getting a visual of a ship. I'd like to think it's the Titanic. It's a symbol of the past. I'm getting the word 'decadence'.

Go a little further.

Dhi: I can't.

O.K. Yzd. Same image. What came to mind?

Yzd: An extremely crowded skyline but the base of it is like half a ball, half a sphere that's being tossed around. A grayish-coloured ball.

How does this make you feel?

Yzd: It's almost like a toy. It's outside of me so I don't feel part of it.

Thank you. 'Ira'.

Ira: Right since the time I walked into the room I've had this image of a very bright disc, jumping up & down inside me & the moment you said floating city, it started bobbing up more than it was & I looked at it as a place that I keep visiting to refuel myself.

In spiritual jargon, the floating city is the cosmic version of what you would call a tarot card. On higher realms it symbolizes collective super consciousness, advancement of the soul, upliftment from one level to another, cosmic overview & the oneness of the cosmos, all beings, all planets, stars, galaxies. It is interesting for you individually to examine why you absorbed this radiation unconsciously & how it made you react in earthly form. This is for personal growth, not to be discussed with this group. You may ask a friend or friends for further information on this.

Do not use it as a yardstick now for worry for example, Dhiren, why did I feel fear? Why did I feel decadence? It's not to put yourself down. It means that it's a certain phase that perhaps you are going through right now. You need to examine these things & see

how they link with your inner desire to be part of this great overview. From that will come greater growth.

'Yzd', lack of reality, almost like a toy. Says much about your position right now. So please do not self-flagellate but use it for self to see why you feel that.

[Jm, Zaf, Pz, Shz are called to the center.]

The black sarcophagus.

Ell: What is a sarcophagus?

Visualize a large black tomb-like structure; the kind of object they used to bury the old pharaohs in but it is black, shining & filled with whatever you see in it. Do not use this in your earthly perspective. Just use the energy of the words of (..) sarcophagus to filter into your realm. Zafar.

Zaf: The black sarcophagus is the portal from which much knowledge is going to be obtained or can be obtained. It's going to help individuals to move from this realm to the new era, the golden age. It's a treasure trove of tools, of experiences much sought after & it's black because black contains all colours, all energies. It contains everything. Child.

Shz: I'm thinking of the words ancient, relic, treasure. It's something to do with treasure, I don't know what that is.

Go back to the first image you got.

Shz: It did look like a black tomb, like a coffin, black. To me it was granite.

Where is it?

Shz: In the pyramid.

Now allow the feelings to emerge.


Shz: Splendour, beauty. That's what I'm getting.

Thank you.

Prz: *The first image I got was a kind of a hooded figure in black with shining eyes. After that I got no image. Then after sometime I had the image of 2 beams of light going upwards but black & then I saw the WTC Towers. There was also an image of a cat, a black cat.*

Jm: *My 1st response to what you said was a great surge of excitement within me & I saw this black rounded thing in front of me & I was separate from it & in it I saw pink glows that I identified with & it drew me inside. I saw & felt many energies, many colours & then the words Brahma, Vishnu & Shiva came to me, especially Shiva from which the words came 'beginning of the end & end of the beginning' as one & creativity as one & the completion of the whole cycle.*

Zaf: *A black sarcophagus in other realms is a metaphor used for unleashing of great energies & the key word I'm getting is transformation & I think the black sarcophagus instinctively lies in everyone & needs to be accessed.*

 See how beautifully you all responded to the cosmic symbol of a portal; a symbol based on an actual cosmic energy structure, which is a portal of transformation; a portal where mysteries are solved; a portal where energy flow is so directed, it changes it's own form, structure, intensity & aspect. It is a doorway of wonderment. The deepest treasures of mind lie within it. For yourselves, compare your own answers with this & understand self, better. Thank you. For all others, who have not been questioned yet, remain where you are & contemplate this. The inverse Om. Each may speak randomly as they wish.

Son (Yezad), co-ordinate the session.

Ell: *May I speak? The inverse Om is what we see in persons who are our mirrors, Because the inverse Om is not something which we are used to, we will therefore judge it as wrong. Once you put that inverted Om before an actual mirror, you will see that it is really just I AM.*

Ann: *As soon as you said the inverse Om, I had this very intense, like a concentration of energy coming up from my base in like a focus & moving upward & out. Very, very strong, just energy & I just had a feeling of the self & growing with the self, into the self.*

Pre: *When you said inverse Om, first I couldn't inverse the Om & then as soon as I thought that I couldn't inverse it, it doubled; it was the inverse & the actual Om together & I felt that each thing has an inverse side & aspect to it & I just felt I AM come through very strongly with both connected & as much as I tried to separate the two, the two are both together. It somehow feels complete. It just feels I AM.*

Dev: *I found it hard to see an inverse Om & then I thought of a black hole because it seemed to be everything that was not light, which an Om to me signifies so it felt like the opposite of an Om, darkness, duality, personality. But a reflection of the inverse Om is a real Om so one is a reflection of the other.*

Nan: *The 1st thing I got was anti-matter, dissolution, reflection, illusion & personality. That's what I got.*

GI: *The moment you said inverse Om it started spinning very fast & what I heard was I AM & I AM NOT, both are me because nothing can exist without me.*

Div: *Mine is very similar to what you got. The inverse Om was I AM NOT, which I AM & there was a personal message for me that I have been focusing too strongly on the usual Om & I need to understand that both are the same & go with the inverse Om for a while.*

Have all spoken?

Yes.

See how beautifully each answer dovetails. Heed these words well. Remember the answers. As you read them again & again, their resonance, individually & together will open up vista you never dreamt of. The inverse Om, in cosmic symbology, is the sign of the black hole. What you don't yet understand is the vastness of the qualities of the black hole.

Your earthly scientists have only given you a very limited view of what they are & what they do. Forget about reading science books. It is now time for you *all* to link with the universe & with the inverse Om & glean your own knowledge. These two friends (Jm & Zaf) will spearhead this movement but it is time that all of you started drawing upon these energies, understanding them better & beginning to use them. Your evolutionary stage is now sufficient to deal with the effects of the inverse Om.

My dear one (GI), would you agree to receiving a small dose of cosmic healing?

GI: *With gratitude.*

Please support this child & drain off excess energy that she may pick up. Open the knots, child. The energy is knotted. Snap them. Break them. You must do this yourself. Place your palms upon these palms. Your energy levels have been raised to a very high frequency. Fear not any changes.

You are one of us. You have taken upon yourself a great responsibility. We bow to you in acknowledgement of the task at hand. You will do it with courage, fortitude & great joy. Our energies are sealed within you. You must acknowledge them & draw upon them; then they can be unleashed. God bless you.

The circle of light is complete.

BLESSINGS FROM THE COSMIC BOARD.

'Prz' & 'Ira', please come to the center to take in energy. Please harness this high frequency energy & direct it at these two. 'Prz' & 'Ira', shatter the encasement from

around the heart, just shatter it. Fill with these high vibrational energies. We cannot do this for you. You must do it yourself.

Ira, I want you to visualize the cells of your face opening up & absorbing & simultaneously radiating this energy. See your own face aglow.

'Prz', I want you to do the same thing but use your arms & shoulders, the surface of your arms & shoulders to absorb & radiate this cosmic light. You must both contain & use this light for self till you next attend a session. This is not for others; it is for you, your growth & development. Hold it & use it well. That is sufficient. Contain it. 'Prz', contain it within. Thank you.

AFTER THE CHANNELING.

Sohrab: Jm, can you explain this energy? I feel like I'm going to fly off at any minute.

Jm: It's difficult to put energy into words. Its related to the black hole energy. One way of saying it is like the I AM & the I AM NOT; the Om & the inverse Om. Black, which has all the colours in it but which is in a black state; the nothingness & the everythingness. The words that come to me right now is Brahma, Vishnu, Shiva, which means G-O-D. G stands for the generator, which is Brahma. O stands for the operator, which is Vishnu who maintains everything & D is Shiva, who is the destroyer & then again goes back to Brahma. So black hole is the energy, which is the ultimate destructive creative energy of the universe. It destroys & creates energy of creativity because creativity cannot exist without destructivity. It's through the process of destructivity that creative energies are born. That's what black holes are about. It's the densest energy. Some black holes have millions more time energy of the sun. It is the genesis energy. So we get a taste of it every now & then.

Dev: I've heard that at the end of a black hole is a new universe.

Nan: A star goes into a black hole & comes out as something else, right?

Zaf: It comes out as the exact opposite of what it is: Matter and anti-matter. I'm just being told about Lucifer. We have had an experience of this & we will continue to have an experience of what we call Anti-Christ. Let's look at Lucifer, the angel Lucifer who had a fantastic scientific mind; who understood how to harness the energies of what we term as negativity but it isn't negativity. It's a polar opposite of what we are striving to go towards, what we call 'positive light'. In order to focus in that direction we needed someone like him who understood & harnessed 'dark energies' & 'dark matter', which is exactly the polar opposite of where we need to go. We thrive on what we term 'positive energies' but there are entities like cats, which thrive on negative energy. Why do people keep cats? It helps deflect energies that we are not willing to look at.