

Sohrab's Channeling

20<sup>th</sup> August 2015

## THE CURRENT NAVROZE ENERGIES

Greetings!

The Navroze energies are still in full flow, and will continue to flow forcefully for a period of ten days, starting from Navroze itself. Beyond that they will continue, but their thrust will diminish. Hence, we suggest you avail of them right now, and use them to your benefit.

These energies are, of course, for every single human being who chooses to interact with them; they are not confined to one community.

As you well know, the energies of the Zoroastrian community *help you be the best you can be, at whatever you choose*. But the energies of Navroze take on different thrusts every year, based on the backing of this statement.

**This year, the Navroze energies offer you the opportunity to direct them, in a very precise and focused manner, to any aspect of the self that you wish to adjust, modify or turn around completely.**

You could choose, for example, to use them to cure yourself of an ailment or modify your body shape. You could use them to shift a stubborn personality trait or to break a habituated pattern...in short, anything to do with *you*.

We suggest you first identify the most important aspect you feel like working on, and then direct the energies for 10 days towards that. Here, don't be too general, or too clever. If you try to use these energies for "the perfection of body, mind and spirit", the energetic spread is so very wide that you won't receive the precise benefits you desire.

Instead, be focused and be precise. Work intensively with one area in your life. For example: body shape, or a particular ailment, or a specific personality trait you

would like to shift, or a certain pattern that has dogged you for years. So think about it, choose one, and energize it daily for the entire 10-day period.

*You may also freely direct these energies outward, to a situation in which you are enmeshed, a person, or your home and family;* but when you are doing that, you cannot direct them specifically in the manner we have just described. You may just bathe them in this light, for overall well-being and expansion. But the laser-like thrust is being offered to you, this year, for *one aspect of the self* that you wish to work on.

Now, let us hypothesize that you are working on a specific ailment, and you continue to laser it with the Navroze energies for the 10-day period. It may not be fully cured in this time period, but you will have enlightened that area so strongly with these frequencies that it has to have opened up. You will bring to the surface emotional issues related to the ailment that you may not have previously recognized; and at the same time, intensive physical healing will have been initiated in that area, which will lead you to better health in the future.

In certain rare cases, where there is a disease you have contracted to experience for long-term growth, these energies will not cure it. But they will do two things for you: they will speedily bring up the emotional issues behind the ailment for you to examine, and they will ease your physical discomfort. This way, you will be able to walk that path much more easily than you would have otherwise been able to do.

*“How exactly do we use these energies?”* is going to be your next question. We suggest you sit once a day (you can do so more frequently if you so desire, but it is not necessary), at any time convenient to you, and identify exactly what you want these energies to do for you.

If the issue is physical, direct these energies into the body. If it is a personality trait or a mental issue, direct them into the brain. Demand that they work, laser-like, to begin to open up that area for you.

In general, this process will take only a few minutes; but if you feel urged to work with them for a longer time period, then please do so. There will be no physical damage to the body with these energies, so use them as intensively as you wish.

You are only two days into the 10-day time period, so make use of the remaining 8 days. After the 10-day period is over, you may still continue to work with these energies, but you will not need to use them as a laser. Just invite them in, smoothly and gently.

Choose well, dear friends. And then do not regret your choice. And though we suggest that after choosing one issue, you do not change focus part way through; if you feel very strongly urged to do so, then you may. But this way, the energies will be divided, and therefore less effective.

***Please do use these energies externally for anyone you know who is mentally, physically or emotionally imbalanced. When you direct them outward, just offer the Navroze energies as a warm, energetic embrace.***

These energies are very light in texture; but do not mistake them for being weak. They are very powerful, expansive and of extremely high-vibration. Since most of these frequencies are so far above that of the human race, you may not sense them as easily as you would other energies. But nonetheless, they will flood into you if you invite them in.

***So use them, laser-like, for any one aspect of the self; and use them freely, in the form of a loving energetic embrace, for all those around you.***

***We also suggest that you use them to energize everything you eat and drink for the next 8 days.*** Just activate the palms and direct them to you food and drink for a few seconds. If you do this with commitment, you will notice a difference in just a week.

You will feel lighter, more energized, and your digestive processes will be smooth. The nutrition from your food will be speedily absorbed by the body, and that which is not required will be passed out of you. (Smiling) By the way, this applies equally to alcohol or any other substance you ingest.

*What colour is this laser light?*

These energies contain billions of colours, most of which are far beyond your human colour spectrum. Allow your consciousness to interpret this in any way that pleases you.

*What do we call these energies?*

They have no official name. For your convenience, you may refer to them as ‘the current Navroze energies’.

***Dear friends, we also request you to please direct these frequencies to the Collective consciousness and to Mother Earth.*** Both are absorbing them in any case; but if you put a little love into it, and say “I choose to offer these energies to my beloved Mother”, your input does help. Even one person doing so makes a difference.

***You are now consciously aware of the benefits of these energies. Use them all the time, freely and joyously. If you are driving past a slum, or a hospital, for example, why not embrace everyone there with this light? How long will it take you to do this? A few seconds? And yet, how beneficial it will be for the recipients.***

You are a conduit of these energies, so you will never feel ‘drained’ using them. You are simply harnessing them from the Universe, and passing them on. And each time you do so, you will also receive the benefit of their frequencies. The more you flow with these energies, the lighter you will feel. You can really change your cellular structure in just 8 days, if you work with them frequently and joyously.

Lastly, ***we do request you to please bless all your natural resources with these energies.*** The plant kingdom, your water bodies, the ground beneath your feet, the air you breathe, and so on. Do this in motion, and in an instant. If you find yourself looking out of your window at a beautiful tree, instantly bless it, and its kingdom. All in just a few seconds. That is the speed and potency of these frequencies. A few seconds of intensive energization is all that is needed.

We can hear an unspoken question, which we will now answer. ***Yes, you may most certainly embrace loved ones who are in spirit with these energies.*** Use them as a bridge between the two of you. You will facilitate a strong connection with them, using this light.

*May we bless our homes with this light?*

Most certainly. Let us offer you a little advice here. Do not try to go room by room; that is unnecessary. Just stand in any space you intuitively feel is the energetic center of your home. Then emanate the light from your body to the whole home, for just a few seconds.

In fact, do it now. Imagine yourselves standing in the energetic center of your homes. (Short pause) Now blast your entire home. (Short pause) And it is done.

You might even choose to energize your entire apartment building. Do that now as well. (Short pause) And it is done.

YOU ARE IN THE LIGHT AND THE EMBRACE OF THE ZARATHUSHTRA COLLECTIVE. BLESSINGS.

(Sohrab shifts energies)

Greetings!

Our energies rarely speak, as we prefer to remain in the background. But we do not choose to remain in the background out of embarrassment or lack. We are in full power, but choose to be 'the support structure'.

We speak today, very briefly, to bless you all in this, the year of Feminine Empowerment. We are working ceaselessly and tirelessly with all women worldwide who desire to touch their power, rid themselves of their self-created bonds, and now desire to be self-aware, self-acknowledged and self-declared.

We are also working with those who continue to remain oppressed. We urge them forward, so that they can begin to see and acknowledge who they really are.

Our work takes us into many rural areas worldwide, where the populous is largely uneducated. We are finding ways to inspire these women, so that they begin to value themselves.

We have the full support of our beloved consort, and we declare proudly who we are.

YOU ARE BLESSED TODAY BY THE ENERGIES OF THE WIFE OF THE  
ZARATHUSHTRA.

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