

Sohrab's Channeling

4<sup>th</sup> February 2016

## AN ENERGETIC HOROSCOPE FOR 2016

Greetings!

Today we will take you through a general, month-by-month outline of 2016. We suggest you refresh your memory at the beginning of each month, so that you can use the frequencies to your benefit.

Though these energies will be strongest during that particular month, they will continue to flow throughout the entire year. You are not limited to working with them during that month alone. But their energetic thrust will be the most powerful during that particular month. You therefore have the divine right to even draw on the energies of a future month, and use them in advance of their official debut. Consider this an energetic horoscope for 2016. Let us begin with this month.

### **February: a month of repair and renewal.**

This is an ideal month in which to initiate emotional and physical repairs to the self, your relationships, your home, your business and every other part of your lives.

You are, this month, assessing the self and deciding how best to channel your energies during the course of the upcoming year. Many are likely to get strong urges to take up a new hobby or study course. Others will feel impelled to re-evaluate outmoded structures, patterns or belief systems, and to bring them up-to-date with their current frequency. Many will feel urged to initiate something new in future months, and are going to lay the groundwork for that from now.

*In general, this 'repair and renewal of the self' is going to be very creative. This month, for example, would be the ideal time in which to start a new food plan or a health regime.* Now this could naturally be initiated anytime during the course

of the year; but if you start now, the benefit you receive will be faster and smoother.

This is also ***an ideal time in which to begin repairing damaged repairing relationships***. Here, when we use the word ‘repair’, it could be to actually heal the relationship, or to work at letting it go completely. But do use the energies of this month to assess your relationship with your loved ones and friends, your colleagues, your ‘enemies’ and, of course, the self.

Many will be amazed to find pleasantly unexpected outcomes arising from their efforts. We remind of what has been said before: this year, many unexpected events will take place with no forewarning. So if you put your energies into healing a damaged relationship, it can take a very speedy turn.

The only word of caution here is this: if you put your energy into a relationship you want to ‘heal’, and at a soul level, if it is best for that relationship to be severed, then it will be speedily released. So be prepared for that.

***Physical repairs of the body are also of prime importance this month.*** If you have a disease, or are taking medication on a regular basis, this is an excellent month in which to review it. Ask the self if you desire a second medical opinion. Ask the self whether you wish to shift from allopathy to natural medication, or the other way around. If the self is urging you to take up yoga, Pranik breathing or even physical exercise, we suggest you initiate it this month. It will help you immensely.

***Repairs to the physical home are equally important.*** If the home is calling out for minor or major repairs, please find a way to initiate them this month. Even if you do not have sufficient funds to begin major repair work, at least initiate the project this month by asking for competitive quotes and by speaking to structural repair experts.

**March: a month of silent, inner contemplation.**

Yes, you will outwardly function normally and go about your daily activities; but we urge you to find the time to really contemplate the self. ***If you make the effort to set aside ‘me time’ and go inward, you will unearth some interesting self-revelations.***

A few will perhaps be uncomfortable: you may suddenly discover a hidden pattern, a mode of behaviour or a way of functioning that does not please you and takes you aback. You will probably then say to yourself, “Did I really behave that way all these years?” This will lead you to “I now choose to function differently, from this moment onward!”

But many revelations will be wonderful. When you discover them, please do pat yourself on the back and acknowledge how expanded, resilient and empowered you were in those moments.

Both sets of revelations are necessary for your growth; allow them to arise. Transfer them from the unconscious to the conscious mind.

### **April: a month of rest, recuperation and expansion.**

Yes, most will be working throughout the month, but you have to create an inner ‘holiday’ space. Dress and behave as if you are on holiday. Socialize. Interact with friends and strangers alike. Find new ways to enjoy yourselves. Explore any form of culture that excites you. Try something new. Re-energize the self.

If any uncomfortable situations occur, find a way to be amused by them, rather than reacting to them. Replenish the self.

### **May: a month that stimulates the mental faculties.**

Your mental faculties will increase substantially; but you need to tune into the energies and exercise the mind, to avail of this opportunity. You will be able to understand, process and act upon information and knowledge received, at an accelerated rate.

This would therefore be an excellent month in which to initiate a new business deal or to try out a new study course or a hobby. Urge the self to read something different or to watch an unusual kind of film. All of this will stimulate you and expand your mental faculties.

The slight danger of this month will be a tendency to get too cerebral. Attempt to balance head and heart. But the focus is going to be on mental stimulation.

You will find your thoughts and speech fuller, more concise and more precise. When others are speaking, you will be able to sift through the debris and pick up that which you need, including the subtext.

**June and July: a two-month period of great expansion.**

During this period you will find yourselves looking at life from a much wider perspective. You will find yourselves less caught up in the nitty-gritty of life. You will be able to focus and understand the self and others around you better. If you flow with the energies of this month, you will experience tremendous expansion and personal satisfaction.

We do urge you to consciously unite with these energies and flow. If you choose to contract your personal energies, you will simply miss out on this glorious experience.

**August: a ‘question-mark’ month.**

During this month, strong solar flares will once again affect Planet Earth. ***Each person will harness these energies and configure them to suit the self.*** So we cannot offer you a generalization.

Now that you know this, when you come to August, make a conscious choice to use the energies in any way you like. ***Choose wisely, be specific and harness these energies to suit your personal needs and desires.*** Enjoy the power.

One person, for example, may use these energies to overcome a series of personal issues. Another may focus upon the physical body. A third may choose to work with mankind. Make your choices.

We ask you not to go beyond 5 choices. You cannot pre-plan these, so don't start selecting them now. Wait till the last week of July and then do so. You have no idea how you will evolve till then, and your level of evolution at that time will guide your choices.

Make a list at that time, and then decide which 5 best suit you. We ask you not to exceed this number, as if you do so, the energies will dissipate and the results will not be as effective as they would by keeping the choices upto 5.

### **September: a month of personal healing and re-generation of the self.**

Here, we refer to regeneration of your body, emotions, mind, spirit, relationships, and so on. Use it to upgrade every aspect of your lives.

### **October: a month of tests.**

Some will create one singular, major test. Others will create a series of minor tests. Now do not assume that all these tests are going to be traumatic. Some may choose to create joyous tests. Sometimes, for example, an excess of abundance can be as potent a test and the lack of it. How you deal with these tests will prove to you your mettle.

So when they arise, remind yourselves of these words, and choose to face them head-on... fearlessly, courageously and joyously.

### **November: a month of personal cleansing.**

The energies of this month relate entirely to you. ***Be as self-ish as you can: focus on the self.*** Many will find themselves very emotionally volatile. This could include laughter, tears, excessive sensitivity and verbal diarrhoea. Let it flow. This cleansing will purge you: physically, emotionally and energetically. You will then feel strong, expanded and ready to 'take on the Universe'.

### **December: a month of 'reaching for the stars'.**

***During this month you must spread your wings and soar.*** Take risks. Do unusual things. Challenge the self. Fly. Have fun. Create something new. Behave in a manner that pleases you; even if it is completely out of character. Be daring. Be bold. Exercise your power.

All of this is necessary to raise your frequencies for the huge energetic wave of January 2017. The higher you fly in December, the more powerful and dramatic will be your entrance into the New Year.

December is ***not*** a month in which to hold back, be shy and retiring, be modest, or underplay your strengths and assets. Not at all. ***Let the world see the magnificent You. But more importantly, allow the self to acknowledge and experience your own magnificence.***

Questions?

*What happens if, during the month of cleansing, we hurt others? Those with whom we are in close relationships?*

The cleansing will be vigorous, but if a relationship is damaged through this process, and it is necessary for it to be released, then it will be. But in general, because everyone will be undergoing the cleansing, it will bring it into a new level of harmony: either through union or separation. Just focus on the self. Do what you must.

Dear friends, although we have segregated the months, all twelve strands are now at play. You will be working with all of them, starting right now. You may, at a soul level, create an 'October test' right now. If that happens, remind yourself of the energies, and work accordingly.

Many will deliberately shuffle the energies around, even combining the energies of more than one month at a time. This will be decided by your higher soul.

Awareness is the key.

In general, ***2016 is an energetic vortex, taking the human race in an upward spiral.*** Some may appear to be regressing, but it is not so. Each person will evolve at his own pace, creating the necessary situations for his growth and expansion. This applies equally to the pacifist and the terrorist. Enjoy the ride.

We remind you: speed is of essence. ***You are on an energetic roller-coaster ride. Throw yourselves into the motion, and you will have a glorious ride. Resist the motion, and you will cause unnecessary trauma and upheavals for the self.***

*How and why is all this happening?*

Not only is time speeding up, but Earth's rotation has also speeded up. The combination of these two factors is naturally boosting the energies of all her inhabitants. You are virtually being propelled through these energetic vortexes, into the future.

This process of intense acceleration may cause some people to occasionally experience dizziness, instability and disorientation. Just breathe and relax into

these moments. Being energetically-sensitive Lightworkers, you are likely to experience these symptoms more than the average person.

YOU ARE IN THE LOVE, LIGHT AND THE EMBRACE OF ST. GERMAIN.  
BLESSINGS!

(Sohrab shifts energies)

THE MEHER (BABA) GREETES YOU!

Dear Friends:

Many, many Masters are working with Planet Earth to facilitate all that has just been described. All of you are now working with combinations of Master Energies. Though you naturally have your ‘favourites’, please choose to open up. The favourites will always remain with you, but the others are also with you on a daily basis. Do not deny them admittance into your energetic field and your lives.

With this speeding-up process, you are putting out more and more ‘energy feelers’ into the Universe and these attract to themselves a wider variety of Universal energies. You now have a veritable buffet of energies on which to spiritually dine; do not continue to starve.

If you focus on a singular Master alone, you are limiting the flow that is your divine right, and you are the loser. Enjoy your favourites, but also command the Universe to “bring on the others as well!”

(To N) A special blessing (for the upcoming wedding). I expect to receive an invitation! Eat some cake for me. You must eat the cake on my behalf. I will be with you every step of the way.

(To G) Be a proxy for his eyes. Receive our blessing. (Pause)

To all those who are in discomfort today: open up and receive the Meher’s blessings. You may even do this on behalf of a loved one who is suffering. (Pause)

Lastly: for all of you who have youngsters in your lives, please take a moment and bless them. Today is energetically the day of the child. At first, please do it for your loved ones. (Pause)

Now join forces and spread love and light to every single child on Planet Earth.  
Embrace them joyously. Hold them in your thoughts and chant “Be the Light” 9  
times over. (The group does so)

**BLESSINGS!**

\*\*\*\*\*