

Sohrab's Channeling

May 12th, 2016

ENERGETIC PUBERTY

FOCUSSING ON GOALS

UNEXPECTED PASSAGES

NEW ENERGETIC SURGES THROUGH INDIA

CREATIVITY

ENHANCEMENT OF THE MENTAL CAPACITY

HEALTH AND WELLBEING

Greetings!

As you have generated such beautiful, unified energies today, we will start with the healing session. Please invite all the names just mentioned into this energy field, place yourselves into this energy field, open up and receive. (Pause)

There are also several animal presences in this room. Bless them. Some are personal pets, and others are generic animal guides. Bless them all, and receive their blessings. (Pause)

(Speaking to a group member whose dog had recently passed over) He wishes to use a human form to embrace you. Please come forward. *(S embraces the lady)*

He thanks you. You could not have done more. Any future tears that you shed must be tears that celebrate his essence. This must be a conscious choice on your part. You will still feel sadness. Go ahead and grieve. But then choose to shift your internal energies, so that they become tears of celebration.

Blessings and greetings from the energies of ST. FRANCIS OF ASSISI.

(Sohrab shifts energies)

Greetings!

Various Master friends would like to offer you a little guidance that will help you over the next few months.

YOU ARE GREETED BY THE MEHER (BABA).

It may interest you all to know, young and old alike, that you are now going through *energetic puberty*! (Laughter)

You have come to a phase in your lives where you are making another energetic leap forward. Though this applies to all, it applies more intensely to those sitting in this room today; newcomers and old-timers alike.

The next three to four months are vital to this process. We suggest you look back at your energetic adolescence of the past, and review ‘who you have been’ upto now. Examine your past thought processes, belief systems, levels of judgment, and how you have perceived the world upto now. In short, look at everything that has led you to this moment in time. If you do this, you will discover a few key elements leaping out at you. These must be immediately addressed to facilitate the process of puberty.

Could you give us an example of this?

You may find, as you examine the self, a repetitive pattern of judgment arising, or one of victimhood. Acknowledge the issue and choose to function differently from this moment onward. Then live the choice.

When you do this, please be aware that those issues are going to arise repeatedly over the next three to four months. These are small opportunities to help you test your skills in these areas.

Do this, and your growth will be extremely rapid.

BLESSINGS FROM THE MEHER.

(Sohrab shifts energies)

LORD SANNANDA GREETES YOU. ALSO KNOWN ON EARTH AS THE LORD JESUS CHRIST.

To aid you during this three to four month period, The Sannanda would like to help *you touch your power, focus on goals that you have set for yourselves and give you the your necessary 'push' to propel you in that direction.* To enlist his aid, you will have to call on him. You must touch your power, command him to help you, and it will be so.

However, *do not expect the Sannanda to 'do it for you'.* If you initiate the processes with your own drive and power, he will be there to guide you and to urge you in the right direction.

These processes are very practical. Many, for example, are currently working on a food plan, or an exercise plan, or a new personal project of their choice. Command the Sannanda to serve you in these, and in any others you may have. Do this, and the results will be rapid.

This does not have to be done repeatedly: just one firm, committed command to the Sannanda is enough. But once it is done, should you then get lazy, or falter, or wander off-track, He will give you the necessary 'rap on the knuckles' to help you come back on-track.

So do not call on these energies unless you are certain it is what you want. Once initiated, they cannot be retracted.

Can we call on your energies for another?

In general, you cannot bend another to your will; but you can offer the Sannanda frequencies to another at a higher-soul level. They may then feel urged to 'make the call' themselves.

Dear friends, *over the next few months you will once again witness a spurt of passages: some expected and others completely unexpected.* We urge you to bless them and honour them for their choice.

A powerful energy window has opened up, and will remain open for the next three to four months. Some are choosing to use this powerful vortex to exit, as it will

propel them forward at such rapid-fire speed that they will be able to increase their personal growth and evolution exponentially.

Many who choose it have a blocked energy structure. This vortex will help them free themselves of these blocks permanently. Yes, even 'open' people will use it, but the levels to which they can then rise will be magnificent.

So by all means grieve: this is healthy and cathartic. But simultaneously honour their choice.

BLESSINGS FROM THE SANNANDA.

(Sohrab shifts energies)

THE MAHA AVATAAR BABAJI GREETES YOU!

Tremendous energies are surging through your country right now. This process will also continue for the next three to four months. Most of these energies are emanating from the Himalayan Mountains and from Mount Kailash. They are specifically for your country. Here, we include the areas of Bangladesh and Pakistan, as energetically it is all one country.

These energies are going to rout out a lot of hidden, buried debris. Scams will come to light. Thievery and chicanery will be brought to your notice. Those who are extremely blocked will be urged to face their issues. Those who have wandered away from their personal missions will be urged to, once again, walk the path.

These energies are vigorous: the more you resist them, the more they will batter down your defenses. We suggest you welcome them; they will only serve to benefit you and cleanse you. Tune into them, feel them and experience them.

To answer unvoiced questions: ***yes, these energies will shake up your political structure. Yes, they will shake up businesses and corporations that have moved into a space of greed and corruption. Yes, they will shake up rigid, bigoted and constricted individuals and groups. As they must.***

How can we use these energies for ourselves?

We suggest you simply open to them, invite them in and command them to work for your highest good. They are highly sentient, and will know best how to serve you.

How would they serve us with our issues?

Let us take the example of a person who repeatedly plays the role of a victim. As these are 'battering' energies, they will create even more tyranny in that person's life. But at the same time, they will infuse the person with the ability to touch his power and stand up to his oppressors. This newfound courage to 'stand up and speak out' will so empower the person that he will feel urged to keep increasing this energy flow.

In short, both aspects will work in perfect harmony: the external, bringing up the issue for you to face; and the internal, giving you the tools to deal with it.

But remember, your free-will is paramount. So, using the same example, if the person chooses to repeatedly play the victim despite the infusion of inner courage, he will be so battered that he will crash, and will then have no choice but to touch his power and right himself.

BLESSINGS.

(Sohrab shifts energies)

SAI KA PRANAM. GREETINGS AND BLESSINGS FROM SAI BABA.

The Sai suggests that, over the next few months, you touch your *creative aspects*. Explore that with which you are already familiar, as well as that which you have not previously explored, but which excites you.

The next few months will enhance your creativity so strongly that you will just flow. If you have always wanted to write, or dance, or paint, or play an instrument... now is the time to do so. Listen to music differently. Approach your daily routine or business from a new and fresh perspective. Flow, flow, flow. It's a beautifully vibrant and creative time.

Students should be urged to re-examine and refresh their study patterns. They will now be able to absorb and comprehend information very speedily.

Initiate new projects. Form groups and share information and skills with one another. Refresh your lives.

SAI KA PRANAM.

(Sohrab shifts energies)

Just sit in silent meditation for the next few minutes. The LORD BUDDHA has private messages for each one of you. Open up and receive them directly. Some will receive words of guidance, others will receive blessings and yet others will receive pure Universal energies. Open and receive. (Pause)

BLESSINGS FROM THE BUDDHA.

(Sohrab shifts energies)

ARCHANGEL MICHAEL GREETES YOU!

The Michael contracts to help you, over the next few months, with two major aspects of your lives.

The first is your *mental capacity*. He offers you the opportunity to think more clearly, to be able to read 'between the lines', and to expand this area to any level you choose.

He also offers you the opportunity to enhance your *daily activities*. This applies not only to your business, but to every aspect of your lives. If you are a homemaker, he will help you organize the running of the home more smoothly, budget better and deal with staff in a more seamless manner.

Call upon his energies, and you will feel a spurt of inner empowerment. Enjoy his powerful, vibrant, stimulating, vibrant and magnificent energies!

BLESSINGS!

(Sohrab shifts energies)

BLESSINGS FROM THE MAHAVIR!

The Mahavir offers you all special blessings in the area of *personal health*. You may joyously draw upon his energies to help you with any physical ailments you have. But his energies go beyond just ailments. You may also ask him to help you with a glowing face, or a calmer demeanor, or the perfect flow of energies through your meridians. Use his energies to heal and enhance the self.

During this period, they are exclusively for the self. They are yours to command.

Open up right now and welcome them in. (Pause)

BLESSINGS. BE IN THE LIGHT.
