Sohrab's Channeling

28th July 2016

A BOMBAY BLESSING

ANCESTRAL SEEDING

## **GREETINGS FROM THE CHRIST OFFICE!**

We ask you to embrace all the names just mentioned (for healing) and yourselves in the beautiful energies that have been generated in this room. Welcome all these souls into this energetic space and just bless them. (Pause)

Your city needs your help. We will specify a few locations in your city. As we name them, we ask you, as a collective, to bless the areas.

Begin with the area called Colaba. Bless it. Do this in any way you desire. You may choose to infuse it with a colour, or energize it with your palms, the heart or the third eye...any way you desire (Pause)

Now clean out the area called Marine Drive. (Pause)

Now calm, soothe and bless Mohammed Ali Road, Reay Road and the Dockyard area. (Pause)

Now bless Mahalaxmi and Saat Rasta. (Pause)

Bless Parel and Dadar. (Pause)

Now strongly bless Dharavi. (Pause)

Now bless Santacruz and Andheri. (Pause)

Bless Goregaon. (Pause)

Bless the entire arterial route of the Western Express Highway. Visualize it like a spinal column, bless it and ease it out. (Pause)

Bless Dahisar. (Pause)

Now, individually, bless your own locality. (Pause)

Bless your own street. (Pause)

Bless your apartment building, including the land upon which it has been built. (Pause)

Bless your home. (Pause)

Bless your bed. (Pause)

Lastly, bless yourselves, from head to toe. (Pause)

Thank you. Dear friends, this was required today. A lot of trapped, uncomfortable energies have been recently erupting from deep under your city; those which now need release. Cleansing must now take place.

Let us cite an example: a lot of pain, trauma and suffering that occurred during 26/11 had energetically gathered together underground, in the area you call Colaba. This needed to be cleaned out as smoothly as possible, so that it would not adversely affect the current residence and others who frequent this area.

Similarly, the other areas named also needed a strong cleanse. We thank you for your joyous and willing participation. You have also blessed your individual homes and neighborhoods, and this will pay dividends in the future.

## THE CHRIST OFFICE BLESSES YOU.

(Sohrab shifts energies)

## GREETINGS FROM THE GERMAIN!

We wish to speak to you today of a new and unusual event that is currently taking place; one in which you may choose to participate at the conscious level as well. Let us term this *Ancestral Seeding*.

There is a particular fluidity of energetic movement right now between the earthly and spirit realms. This has always existed, but the realms are particularly strongly connected this very month. So, if you wish to connect with a loved one, a Master or a Guide, this is the perfect time to do so. You will feel their presence more than you ever have before.

But what is being offered to you is this: you now have the opportunity to draw upon and imbibe desired qualities and attributes of your Spirit friends. You could draw upon the qualities of ancestors, departed loved ones, as well as those of Masters and Guides.

Let us say that you have always admired the integrity or the sense of humour that a particular loved one possessed. You now have the right (and ability) to call upon that soul and say "I would like you to seed, in me, your attribute of \*\*\*\*\*, so that I can now enjoy it for the rest of my life". The seeding process will then begin.

You have already begun to do this at a higher-conscious level; why not add to it at the conscious level? So demand that this be done, and then open up your structure and allow the loved one to start the process.

This is not a 'one-off' deal. Though the seeding process will begin immediately, from time to time you must open up to the loved one to allow him or her to add vibrations to the energetic strands that have been established between the two of you.

Similarly, we urge you to really chat with your Masters and Guides, and to demand qualities you would like them to seed in you.

In either case, we suggest you do not ask for a string of seeded qualities at one go; ask for one seeding at a time. You may, for example, connect with Meher Baba and ask for him to seed in you his quality of laughter. Imbibe that, and at a later time, connect with another loved one and ask for another quality.

You will find this working in you very quickly. But if you ask for a particular quality, you must also be prepared to exercise it almost immediately. If, for example, you are tired of your staid demeanor, and you ask a particular Master to help you become carefree, then be prepared to exercise this.

Opportunities will suddenly be presented to you, wherein you will be urged to act and behave in an impulsive manner, with joyous abandon. If you hold back and deliberately revert to your old patterns, the seeding will be incomplete, and you will have to start all over again.

This is also a beautiful time, due to the transparency of the veils, to have long and interactive chats with those who are in spirit. (Smiling) We refuse to accept your well-worn statements of "I don't hear, I don't feel, and I can't connect." If you choose to hear, feel and connect; you will. It's as simple as that.

So use this time period to also call upon anyone with whom you wish to chat (or argue) and have some fun. Do this mentally, do it through the spoken and written word, do it through feelings and impressions... do it anyway you like. But do it.

The interactive passageway will last for a period of approximately 30 to 45 days; it opened up only a few days ago. So use it joyously.

Can we only ask for qualities to be seeded in us?

No, you can go beyond that. You can, for example, ask for good health or physical strength or focused intellect, assuming that these were attributes of the loved one. Enjoy the opportunity and re-create the self.

Now, this almost sounds like you are being given 'Manna from Heaven' or unearned gifts. Not true. You have earned them. You have worked hard on the self, and this is gift-receiving time. But of course you have to add your energies and endeavor to the gift, for it to be fully seeded.

If, for example, you ask for a boost of physical strength, you will suddenly feel very strongly urged to exercise. If you follow this through, you will rapidly strengthen at a much faster rate than you otherwise would have. But if you refuse to allow the body to exercise, you are blocking the seed and nothing will happen.

There are some who perennially call themselves stupid and mentally limited. We address this group now, and urge you to make a conscious decision to stop doing this. Change this thought to "I learn, grow and absorb knowledge and wisdom to perfection."

We are singling out this group, as this is a time-period in which there are tremendous upgrades taking place in the brain, pituitary and pineal glands. If you reinforce your outdated and false thought-patterns, you will really take yourselves into a space of abject stupidity. So choose to change.

What if we don't want to contact a loved one or Master, but instead would like to contact an abstract energy, for the purposes of seeding?

You may, most certainly, do so. You could contact (and demand seeding from) the abstract energy of Music, or Science, or Technology. An abstract energy is as grand a Master as any you know and love.

Could I call upon an unknown but appropriate Master energy for a particular situation, if I don't know the 'correct' one to call upon?

Yes you could, but be specific. You could briefly and concisely outline the situation at hand, and then say, "I now call upon the most appropriate Master to serve me in this situation."

Could we ask for seeding of a general aspect such as abundance?

We suggest you get more specific. You might, for example, want to ask for "financial abundance" or "the ability to generate finances". If you ask for a general aspect, it will be seeded, but it may not work as specifically as you would like it to.

A suggestion: do connect with any Master of your choice, and demand the release of old patterns, structures and through-processes that now do not have validity in your lives. You must first 'make energetic space' for the new attributes that you are going to seed in the self. Here again, be specific. You will first have to release victimhood, for example, before you make space for self-empowerment.

Habits as well?

Oh yes. Habits and outmoded behavioural patterns.

This sounds very much like affirmations!

It is a form of affirmations; but this is a time of gift-giving and receiving. The seed will be gifted to you, but you have to water it and allow it to grow.

Can we ask on behalf of our children? And for others?

Children under the age of 15 come under your energetic purview. If you wish to do this for another person, then make sure you add the statement, "If it is for their highest good".

Do we do this repeatedly over a period of time?

You ask only once, for one attribute. It is instantly seeded. Then from time to time (with no specific time period in between) you ask for this to be further reinforced.

This can be done anywhere, anytime. You could be walking on the street, and if you suddenly think of it, connect with your spirit friend and ask for further reinforcement of the attribute that has been previously seeded. It will take only a few seconds at a time.

Enjoy the month. It is a time to receive.

THE GERMAIN BLESSES YOU.

(Sohrab shifts energies)

Before we end this session, we ask for your services once again. There are a group of energetically trapped souls who have already passed over, but are refusing to accept their new reality. They have been brought by us into this room. We ask you to give them light, and to collectively urge them into the light, and into the embrace of their individual Masters. Do this now. (Long pause)

It is done. Thank you.

One personal message... (pointing to M). He says to you, "What are you waiting for? Buy the car! He wants to drive it with you. He wants to go on long journeys with you. What are you waiting for? BUY THE CAR! BUY THE CAR!"

BLESSINGS FROM THE SAI. SAI KA PRANAAM.

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