

Sohrab's Channeling

17th November 2016

A HOTLINE TO THE MASTERS

A MENTAL UPGRADE

Sohrab initially read out a message from Ellaeenah, which dealt with the current world situation. This was followed by a discussion. Then group member P.C. was invited to address the group on her recent experience with surgery (as outlined in the transcript of 20th October). She explained how she was able to take 'the higher road' throughout her experience. This was followed by a question and answer session.

(The channeling begins)

Greetings!

During this time of change, which has only just begun, a Universal gift is being offered to anyone who wishes to avail of it. This gift is **a hotline to your favourite Master**. Here, the celestial ATM is open 24-hours a day, and it is plentifully stocked with energetic cash. (Laughter)

What you have done is open up a very powerful line of communication with any one Master of your choice. Some of you may be aware of this Master, and some may not. If you are in doubt, sit quietly and ask for this Master to reveal himself to you.

In general, it will be your own particular Master; but in a few cases, it will be another Master who is more appropriate for you at this moment in time. Even if you are not certain of the Master, just welcome his or her, and open up a line of communication.

Let's now understand what you can 'withdraw' and 'deposit' through this

process. You will probably think of doing so when you are feeling low, depressed, confused or cornered. ***Instantly center yourself, open up and activate this hotline, which will then infuse you with the necessary level of energetic balance. It will be just enough to help you come back on track, re-think the situation, re-adjust your mental concepts and therefore your behaviour and attitude in the moment.***

If you truly wish to shift, this will help you do so very speedily. But if you are not willing to let go of your irritation, anger or victimhood, then you will block the download.

The whole process should take you between 30 seconds to 1 minute, and you will then be back on track.

As you well know, energies always flow in two directions. So, in return, what you will be offering your Master is your willingness and desire to change, grow, evolve and upgrade the self. You are declaring that you are ready to acknowledge that which you need to modify in the self. And that is all that the Master wants from you, in return.

This hotline has now been activated and will continue indefinitely. Use it joyously.

Though Meher Baba is my Master, I know that I need healing right now. Can I use this hotline for that?

This is not a healing hotline. It is specific to bring you into balance and help you see the bigger picture while dealing with the 'twists and turns' of 2017. Should you want healing, call upon any Master or group of Masters you desire.

And by the way, who do you think is speaking today? (Much laughter and recognition)

(The Master beckons to P.C.) Please come forward. Open the chest, ribcage, heart and digestive tract. Open wide. (He offers her energetic healing) Blessings!

(The Master now calls upon H.) Yes, you can come now! (He energizes her shoulder) Blessings!

Now allow us to offer healing to all the others in the room. (He does so)

Take it in, take it in! Baba has enough for everyone. Blessings!

Can my Master be an archangel?

Most definitely! Who do you think your Master is?

Archangel Michael?

Of course he is! Now sprout wings and fly with him!

May I share this information with others?

Most definitely! This information is for anyone who chooses to acknowledge it and then has the courage to say, "I am worthy of this connection."

You mentioned that one should use this hotline when one is in imbalance. But the moment you have that thought, you are already bringing yourself back into balance. So the thought itself has already done the work.

We are sneaky! You are correct: the moment you choose to use the hotline, you have already brought yourself back into a modicum of balance. But the process of doing so helps your consciousness believe it. However, during the one minute while you are 'officially' centering, you may receive some necessary downloads.

How do we bring ourselves into balance when we are surrounded by others who are in complete imbalance? This could be at a party, or in queue at the bank. In those situations, people are often shouting and upset.

Each person must find his or her own way; but in general, you must learn to go inward and not participate in their energetic imbalance. You first center and breathe, raise your own vibrations, and create your own energy space.

You have to be the eye of the storm.

Step 2, if you choose to go there, is working towards changing the energies around you. Here, you will be intuitively guided how to do so. Ask him; he will explain this after the session.

THE MEHER (BABA) BLESSES YOU.

(Sohrab shifts energies)

SAI KA PRANAAM!

The ***Sai wishes you to know that he is dedicating himself to helping you, this year, upgrade your brain and consciousness.*** You are aware that the Diwali energies, this year, are also predominantly working toward the upgrade of the brain, pituitary and pineal glands.

The Sai contracts to help anyone who calls upon him, either consciously or at a higher-conscious level, to bring them into mental balance.

You now have the hotline energy and the Sai to help you align your brainwaves. A lot of interesting thoughts and ideas are now going to flood into you. You will find it much easier to change the way you think and perceive situations. You will be able to conceptualize better. Attempt to read people more clearly. Hear their words but listen to the subtext.

Open up, and let these new thoughts and ideas flood into the brain. Exercise this beautiful organ. Your brain will be your best friend over the coming year. Allow the self to think differently. Think big.

We are not asking you to ignore the heart and your intuition. But really exercise the brain. If a certain concept has not made sense in the past, re-examine it now. Discuss it with a friend, and get to the root of it. You will now be able to understand it.

You will also discover a sharpness and clarity of thought emerging. Embrace this. Don't allow the self to continue to think that you are mentally

foggy or limited. This is simply an old, familiar thought-process; it is no longer valid. If you go there, you are stemming the flow being offered to you, and then the Sai cannot help you. But if you open up, the Sai will instantly be there to facilitate the process.

Take a moment now, in silence, and receive the blessings of the Sai. This will aid you with your physical issues as well as your mental issues. Open the brain, pituitary and pineal glands. (Pause) Now open the body. Receive. (Pause)

BLESSINGS.

(Sohrab shifts energies)

A SPECIAL BLESSING FROM THE GURU NANAK COLLECTIVE.

THE GURU NANAK AND THE GURU GOBIND SINGH ARE HERE to bless each and everyone in this room. Each of you has an energetic connection with us, else you would not be sitting here today.

(To P) A special blessing for the young ones. (Pause)

You will shortly know why we have come today. We will speak again.

BLESSINGS.
