Sohrab's Channeling

5<sup>th</sup> January 2017

THE ENTRY OF THE NEW ENERGIES OF 2017 INTO THE BODY

DARK MATTER

THE FLOW BETWEEN ALL ASPECTS OF THE INCARNATED SELF

CHANGES IN THE SELF

A NEWFOUND SENSITIVITY TO ALL ENERGIES

## Greetings!

Be in silence now, for a few moments, and bless your friends who require healing, your beautiful planet, the collective consciousness and, of course, yourselves. (Pause)

Now take a moment and bless your homes, your family, your domestics, your pets and your loved ones. (Pause)

Now bless and energize your bodies, your health, your finances, your productivity and your creativity. (Pause)

Please bless your jobs, your city, your country and your planet. (Pause)

Now please bless this temple in which you meet, grow, and evolve. Offer it your blessings. (Pause)

Thank you.

Dear Friends, welcome to the new energies of 2017! Many of you are concerned because you cannot physically sense the download of energies that has already taken place in each and every one of you. Understand why.

These energies, which indeed did flood in at the very first moment of this

year, are of such a high frequency that their vibration, texture and frequency are above the frequency of your current cellular structure. Some were able to sense an energetic rush; others could not. It doesn't matter. You have received the necessary download, along with every single human, animal, plant, bird, insect, fish and mineral in existence.

These energies have entered your physical body and are currently not in your cellular structure; they have inhabited the space between the cells. Though you think you are entirely composed of cells, the space between the cells accounts of over 70% of 'who you are'. Less than 30% is the actual cellular structure.

This 'space' is pure consciousness, and this is where the new energies currently reside. Bit by bit, your cells will open up and begin to absorb them; at that time you may experience energetic shifts and sensations in the body. However, for most people, the process is going to be so gentle that they may not experience anything.

If you really want to tune into this process, attempt to do so just before you fall asleep. If you fall asleep mentally disturbed or physically tense, you will not be able to do so. So relax the body and the mind. Drift off to sleep experiencing the absorption of these energies by the cells. This will feel delightful: rather like a warm, sensual, inner massage. Just enjoy it.

Don't attempt to push or increase the flow. This process of absorption can only be very gradual and gentle; else it would damage the cellular structure.

You are all now accustomed to our description of DNA upgrades, cell memory, cells changing shape and size, and so on. Now let's explore the 'space between the cells', which accounts for between 70% and 80% of who you are.

This space is *pure consciousness: Universal Dark Matter*. Please understand that the word 'dark' is, in no way, negative. If you scan it with the inner eye, it would look like outer space; dark to your perception.

Let us remind you that your eyes can only see seven colours and shades

thereof; whereas the Universe contains trillions of colours. Because your eyes cannot identify them, you turn them to generic 'black'. Therefore, black is the most colourful colour.

Now imagine how colourful you actually are. If you could interpret them, every time you looked down at your own body, you would see blazing colours being emitted from the space between the cells. You would be so dazzling, you would not recognize yourselves. And yet, this is what you blaze with, at all times.

So these new energies are activating the dark matter in your structure and urging it to come into sync with Universal Dark matter. In short, you are tuning your energetic radios to pick up Universal radio stations. This flow, in the spaces between your cells, is going to active you to a very high degree, should you permit it.

You will start 'connecting' on a moment-to-moment basis with aspects of the self in concurrent and simultaneous timelines. Different parts of 'who you are' will now slowly be revealed to you, and become more and more familiar. Energies from these aspects of the self will also start bleeding one into the other.

Now obviously, there are aspects in different incarnations that are not appropriate for you to experience in this lifetime. Those will not spill over; but the space between your cells and the space between the cells of that incarnation will begin to merge and start a dialogue. Through this union, you will exchange only the appropriate energies between these two parts of the self.

Let's understand this with an example. You are here, in this very room; and there is a part of you in another concurrent and simultaneous lifetime that is experiencing what it is like to be a murderer. Now, when an energetic flow takes place between these two aspects of the self, it is naturally inappropriate for you to pick up murderous urges. That aspect will not be transmuted to you in this reality.

But that 'murderous self' may have magnificent qualities that you do desire to imbibe in this lifetime, such as self-empowerment, focus, passion or drive. If you deem these qualities necessary for the current self, then you will imbibe them and simply filter out the other qualities that are inappropriate for you.

Now imagine the various exchanges of energy that are beginning to take place between numerous aspects of the self. Since the process is so delicate and complex, it cannot be facilitated by the conscious mind. You would most certainly go astray. It is therefore being coordinated by your higher-conscious self.

Because of this process, you are *going to experience strong urges to make shifts, starting immediately, in the way feel, think and behave.* A person who has always been content to remain in the background may, for example, now feel urged to take centerstage. A person who has always suppressed his voice may now feel urged to speak up and speak out. And so on. This is being created by a flow and exchange of energies between the dark matter in two or more aspect of the self.

However, we remind you that if you use free-will to block these urges, then you will not move forward. That is why we urge you to listen to your urges and follow the wisdom of the higher self. Even if the behavioural pattern seems unfamiliar and a little scary, open to it. Your higher soul is guiding you in that direction.

These changes are going to affect every area of your life: the way you function physically, the way you conduct yourself in private and in public, the way you think, and the way you act and behave and so on.

Some of the changes will take you unawares. You may look back at a certain event that has just taken place and say, "I really behaved very differently just now. Where did that come from? How un-like me that was!" Now you know.

You naturally have a free-will choice to choose how to work with the flow,

but you cannot stem it. Again, let's take an example. A person who has always allowed herself to be bullied and suppressed may feel incredibly urged to stand up, speak out and defend herself.

She has several free-will options. She can completely suppress this urge, in which case she will feel terrible. Or she can 'let fly' and become shrill and dictatorial, which will also make her feel imbalanced. Or she can choose to go with it and start to stand up for herself in gentle degrees, in which case she will feel wonderful, experiencing a newfound sense of self.

This year, you are also going to find yourselves extremely sensitive to the energies of your surroundings, the people with whom you interact, situations in life and even the colours you wear. Tune in at all times, and use this sensitivity to your benefit.

Let us say that a person has to go to court, and this is making him feel very uncomfortable. He would then need to tune into the situation, examine what exactly is making him feel so uncomfortable, and then decide what he needs to shift within the self, or do practically, to make it work to his advantage. He needs to ask himself what he can learn from this experience and how he can behave differently this time so that it can work to his advantage.

What if the urge is not one that appears to be 'positive'?

Let's extend this question: what if the urge is to behave viciously, or to be a thief? The only way to deal with this is to check inside you, and ask yourself, "How does this really make me feel?" And if you feel balanced and expansive, then go for it, no matter what the urge is. You may actually need to behave a little viciously this year, so that you shake up people around you. Then, if you don't follow it, you will feel low and dispirited. But if you are going awry, your inner being will tell you so. Then choose not to act on that urge, but instead amend it suitably. The choice is in your hands: free-will.

How will this affect the parts of us that are less evolved than we are in this

## incarnation?

It will, indeed. With the second 'Big-Bang' that we spoke of in a prior session, there has now been created a new homogeneity between all your simultaneous and concurrent incarnations. So although these are all in different time-lines, and have differing levels of evolution, this new Universe explosion is creating channels between every part of the self, and also between all the aspects of the self and the Universe itself.

Because of this, *traditional time-lines are now starting to disintegrate*. Time is going to become more and more fluid. You are slowly going to learn how to manipulate time to suit you, rather than trying to fit into external time that surrounds you. You are going to learn how to heal your body and situations in which you are enmeshed. All of this will come...in time.

## BLESSINGS FROM THE GURU GOBIND SINGH.

It is he who is facilitating a major portion of the new energies, and coordination it so that it benefits the human race to the maximum. At soul level, the Guru Gobind Singh is now a Universal Architect. It is his joy to work with the musicality of energy.

Today the newspapers reported the discovery of a new organ in the human body. Is this a creation of the new energies?

Yes indeed. And you may recall that we spoke of this over a year ago in a channeling.

Blessings.

(Sohrab shifts energies)

BLESSINGS AND GREETINGS! YOU ARE IN THE LOVE AND THE EMBRACE OF THE MEHER (BABA).

One new organ? That's all they have discovered so far? Very backward! (Laughter)

Don't rush it! Now we have more to take care of! (Laughter)

(Beckoning to group member S.) Come forward. May we further activate you? (S. nods in agreement. Meher Baba proceeds to vigorously activate her heart chakra)

It was necessary. You will understand in time. Blessings.

BE IN THE LIGHT.

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