

Sohrab's channeling

22nd June 2017

TIME

SPACE

DIMENSION

Greetings!

Last week we spoke of how the energies of new planet, along with those of the Sun and the Moon, are now affecting Planet Earth. Let us continue this discussion today, and speak of their effects on time, space and dimension.

We are aware that many of you are resistant to scientific topics. Bear with us: everything we share will add to your evolutionary processes.

On earth, time is considered a measurement; but in the Universe, time is a state of beingness.

(Sohrab starts slowly clapping his hands) From an earthly perspective, this is a slow rhythm. (He increases the tempo) This is a faster beat. (He then claps very quickly) And this is an even faster beat. You have now quantified the three tempos in terms of time.

However, if he were capable of clapping very, very quickly; his hands would appear to blur into stillness. They would appear motionless to you, yet they would be clapping the 'fastest'. And that supersonic speed would actually encompass every aspect of time taken to clap his hands, from the slowest to the fastest.

Your medical heart-rate monitors measure, in earth time, the heartbeat of a person; and when a person 'dies', the heart-rate monitor flat-lines. Yet, in actual fact, when this happens, ***the energies of the heart have moved into such a rate of***

all-encompassing speed that your machines can't measure it.

This speed embraces every aspect of the person's existence, in such fullness, that the physical body can't contain it anymore. The person therefore has to shed the limiting body and move into an expanded state of vibration. So ***flat-lining is not really an indication of motionlessness or death; it is an expression of the fullness of BEING.***

Now let's examine time practically. When you are truly enjoying yourselves, you say "I don't know where the time has gone!" Yet when you are bored, time appears to drag on and on.

These are simply different states of beingness. When you are having 'a good time', you instinctively tap into so many frequencies of time, from the slowest to the fastest, that it appears motionless and therefore you lose a sense of time. This multiplicity of frequencies takes you to the highest Universal realms, where there is 'no time'.

Yet, where you are bored or dispirited, your vibrations are so low that you really are 'stretching time'; you *actually* lengthen the period of boredom or suffering.

Many of you have experienced moments of deep meditation; ones in which you experience timelessness. In these rare moments, you embrace so many varying frequencies that you do become 'timeless': you create a state of BEING; IS-NESS.

We urge you to now start 'playing with time'; you are ready to do so. When time appears to be dragging by, take a few moments to breathe, center yourselves, and then consciously raise your vibrations so that you tap into higher realms and multiple frequencies.

When time already appears to be moving by quickly, do the same. You will take yourselves to even greater heights.

What do you mean by the term 'higher frequencies'? How do we do this?

Earthly frequencies are generally of a dense nature. Spirit

frequencies are of a higher vibration, as are those of your own higher soul. The easiest way to do this is to bring yourselves into relative balance and to 'go inwards'. This instantly takes you to higher frequencies; ones which are not bound by your physical body or your emotions.

And if it pleases you, call upon the help of any Master energies of your choice. All Masters vibrate at a very high frequency. The call itself, along with your intent, will take you to higher realms.

Is a certain amount of sleep necessary to help us raise our vibrations?

That is very individual, as different people need different periods of rest and sleep. ***Some people truly believe that a few hours of sleep is enough for them to fully rest and recuperate. Then it is so. They have intuitively learned to 'compress time'.*** Naturally, we are not referring to insomniacs, or to those who wake up exhausted.

How can we best manage time in the 'hustle and bustle' of daily life?

This is exactly what we are now attempting to teach you. Start 'playing with time'. Stretch it or compress it, at will. Learn to manipulate it to your benefit.

If you find yourselves breathless with the apparent speed of the day, there is a mismatch of external time with your internal time. You now have two choices.

The first: breathe and slow down your 'internal clock', and events around you will appear to keep pace with you.

The second: raise your vibrations so that you match external time and the pace of life around you.

Experiment with both these choices on different days. Yes, play with time.

We remind you that the new planet's energies are varying time, as you know it, on Planet Earth. Periods of the day will move slower, and others quicker. Learn to identify them. At first, keep pace with them. Over time, you will learn to manipulate them to your benefit.

Now let us speak of ***the effects of the new energies on physical space.***

(Smiling) If you visited this home on a regular day and looked around this room, you would not believe that 60 people could fit in here for a Thursday meeting. And yet, on some days, even more have fitted in. How does this happen? There is ***an actual change in physical space.***

On the day of a meeting (assuming a large crowd is scheduled to arrive) vibrations are set off energetically, which actually manipulate the molecules of the walls, the floor and ceiling, the chairs on which you sit, and so on. The molecules of the home itself actually move apart slightly, making room for the people. And when the meeting is over, they return to their accustomed position. This process has always happened, but it is now being accentuated by the magnetic energies of the new Planet.

This sounds like the night bus in “Harry Potter”, squeezing its way through impossibly narrow spaces!

You are absolutely correct: that was an exaggerated depiction of what has always happened on earth.

Now think about your own city, with its very limited road-space. How does an ‘impossible’ amount of traffic fit every day? Not only do the molecules of the roads expand, but the molecules of the cars (and people within them) contract, to permit traffic flow. This happens all the time.

So then, this should be technically unlimited in its nature.

Exactly! Why does he only fit 60 people into his living room, and not 600? Because of his belief system! He believes that this is the maximum number he can manage, and so it is. But if he *truly believed* that the room could accommodate a larger amount, it would ‘stretch’ accordingly.

You have all heard of authentic cases in which Yogis have seemingly defied time and space, and have ‘walked through walls’. Here, we naturally refer to the authentic ones, and not to master

illusionists. How do they do so? They have ***learned to manipulate their body molecules and align them to the exact frequency of those of the walls.*** Then it really is possible to walk through walls.

You have heard stories of Jesus turning water into wine, and multiplying bread and fish into quantities that could feed a vast multitude: all very possible to actually do, when you are a master of energetic manipulation.

Remember, the term 'space' is not just external; it also refers to your internal aspects. What do you yourselves do, when you work with self-healing? You manipulate the molecules of your own bodies, releasing debris and inviting in new, regenerative energies. We urge you to consciously now start playing with time and space. The energies of the new planet are now going to offer you the opportunity to really tune into changes in space. Be alert to this. ***On a certain day, your room or your home or a public space may suddenly appear larger than normal.*** Do not dismiss this as a trick of lighting or the wandering mind. Objects may also change shape and size. Be observant.

We recommend a little exercise. Try this at home. Start with any object that means something to you: perhaps a statue, photograph, crystal or anything else of either spiritual or sentimental value to you. This will ensure that it not only has high vibrations, but also ones that are in sync with yours.

At first, just study it. Then balance and center yourselves, and simultaneously energize the object; perhaps with eyes closed. After a few minutes, open your eyes and study it again. See the difference.

Many of you will notice size changes in your own homes. There is a reason for this. Many spaces are now consciously and deliberately acting as hosts to different groups of Universal beings and energies. This always happened, in the past, in traditionally sacred places; the process is now becoming widespread.

Let us tell you that each and every one of you in this room (and many other Lightworkers as well) have, at a higher-soul level, opened your homes and your hearts to Universal friends and energies. On certain days, your homes will feel much larger than

normal, and will buzz with energetic activity.

Who, or what, are we playing host to?

In some cases, Universal friends may be 'just passing through'. In other cases, they are using your home spaces and your energies (at your invitation, naturally) to anchor and disseminate energies to Planet Earth. Yet others simply want to forge a deeper personal connection with their friends from the Cosmos.

We urge you to tune in and welcome them. Please remember that they are only here at your express higher-soul invitation; so make them welcome at the conscious level as well. Become friends.

We also suggest you now tune into public spaces as well, perhaps as you pass them by or visit them. Do not expect this expansion to only happen in places of traditional high-vibration; a veritable garbage-dump could be a new space of great expansion. The anchoring of these new energies is, in no way, affected by the exterior. Your homes, cities and countries are now becoming a hive of Universal energetic activity. Tune in and enjoy the process.

One of the most important space changes is taking place right here (S. indicates the brain, pituitary and pineal glands). There are now going to be rapid changes in your concepts, belief systems, and modes of behaviour, attitudes, and overall thought-processes.

Let us explain this with an example. Let us assume that *the actual mental space* in a person wishes to move away from habitual victimhood and grow into a *new mental space* of self-empowerment.

This person may then feel urged to exercise this new aspect in all three bodies: the mental, physical and emotional. But his default mechanism is victimhood. Now, if he continues to play that role, the other three bodies will get so uncomfortable and so imbalanced that he will be virtually forced to stand up for the self and live his new avatar.

The higher soul is now not giving its human counterpart the choice to wander off anymore. It is demanding surrender to the Self. And if the person stubbornly chooses to 'continue to take the lower

road', he will self-destruct in some way or another. There could lead to a breakdown of physical health, mental faculties or great emotional trauma; or a combination of all three.

Be in alignment with the new space you are creating for yourselves in this, the year of rebirth and re-creation of the self. Yes, you are all energetically giving birth to a whole new YOU. Welcome it. Do not continue to impose limits on the self.

We will only touch upon the concept of dimensions today, paving the way for the next session. (Smiling) You are now beginning to get saturated with information.

Multi-dimensionality is an experience that is energetically orgasmic. Yes, it is the most energetically sensual experience you can have in human form. ***When you really touch this, your physical molecules, your energetic molecules and molecules you have never before experienced in this dimensions all come together for brief periods in time, vibration as one, in celestial harmony.***

We urge you to command the self to 'peek into other dimensions'. Find what works for you. You could choose to do this in meditation, or in the daydream state, or even in your dreams at night; but consciously induce it.

You cannot 'limit' this experience. You may experience an aspect of the self, in another dimension, totally unlike 'who you are' in the now. You could even be pure energy. These aspects could exist in a different dimension of Planet Earth as you know it, or another celestial body, or even in another, parallel Universe. ***You now have the energetic ability and have earned the energetic right to self-induce these voyages.***

In the past, many used drugs (and, in particular, LSD) to induce these trips. That's why those kinds of drugs were so potent and seductive. But they were equally dangerous, as many users opened up portals and visited realms that they were not yet ready to experience. They also had no control over their trips, which often led to severe brain and cellular damage.

We naturally do not recommend this. Now, create your own trip

with your own accelerated energies.

We will speak more of this in the next session.

TODAY, TWO UNIVERSAL COLLECTIVES ADDRESS YOU: THE
KRYON COLLECTIVE AND THE BASHAR COLLECTIVE.

BE IN YOUR OWN LIGHT.

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