

Sohrab's channeling

6th Jul 2017

TIME, SPACE AND DIMENSIONAL SHIFTS IN THE HUMAN BODY
INTER-DIMENSIONAL MUSICAL TONES AND FREQUENCIES
ALIGNING WITH NEW EARTHSONG

Greetings!

We would like you to take a moment and command the brain, pituitary and pineal glands to open wide. Relax this area and open to a flow. (Pause)

Not even 30% of you have truly opened up. Try again. (Long pause)

And so it is.

This would be a useful command to make on a daily basis, preferably in the morning. You don't even have to be in meditation; you can do so, for example, while showering. You just have to bother to remember. If you further think of it during the course of the day, simply repeat the process. It just requires a single command. There is, of course, a reason for this.

We spoke earlier of the effects of the new planet on time, space and dimension; with reference to how it is affecting Planet Earth as a whole. Today, let us speak of how these three aspects are going to affect you, individually.

The new energetic flow is going to affect this particular area of your body the most (*S. points to the brain, pituitary and pineal glands*); so your inner aspects of time, space and dimension are also going to change. You are now likely to start getting strange thoughts, unusual visions, and even find yourselves going on 'peculiar mental voyages' quite frequently.

This will happen because you are beginning to integrate energies and experiences necessary for your growth and evolution; ones which may be a part of you in other existences. These could be aspects from concurrent and simultaneous lifetimes and/or ones from other dimensional aspects of the self.

You will not, naturally, download all the information that is a part of your other selves: that would cause an energetic overload. But you will now, at a higher-soul level, 'delve into other selves' and select that which is necessary to incorporate for your current growth and evolution.

Let's understand this with an example: let us assume that a person has actively resisted certain necessary aspects in this lifetime, such as dealing with business and taking charge of his finances. His higher soul may now delve into aspects of himself in other lifetimes and dimensions that are facile and enriched in these areas, and draw them into his current self. These energies will then start to influence his current brain and thought processes.

This doesn't mean that he will suddenly become the 'savvy businessman' he might be in the other existence; but he will find greater clarity, awareness and acuity in his future business and financial dealings.

You can now command this at will. If you are, for example, a perennial self-doubter; command that you open to aspects of the self that are self-confident and self-assured.

However, be aware that if you choose to *consciously* merge with certain aspects, you are energetically committed to integrating and exercising them in this lifetime. So let us assume that a person is habitually plagued with fear, and chooses to merge with aspects of the self, from other existences, that are daring and courageous. Yes, he will feel his confidence and self-assurance rising over time; but he will also manifest situation in which to put this to the test.

So let us say that another fear-inducing situation then arises. He will

experience an emotional split: his default will be to slip back into his old ways, but his new inner promptings will urge him to approach the situation differently, from who he is *in the now*.

We urge you to trust that the self will only create that which you are ready to deal with; and that every time you face your issues with your newly-merged self, you will experience wonderful new energies of courage, triumph and expansion.

Time, space and dimensional energies are also affecting all other body parts; and therefore ***any body part that is vibrating with old frequencies is likely to go into disarray.***

If any of you have experienced this during the last couple of weeks (or do experience this over the next two to three months), please examine the body part closely. Your work will be two-fold. You will, of course, need to intuit the issue trapped there and work on it; but you will simultaneously need to purge that body part of old frequencies and energies.

How do you do this? Either sit down or lie down, balance the self and visualize that area having 'energetic diarrhoea'. Command it to purge. You could release the debris into Planet Earth or into the Universe.

Do not hold back, fearing that you are polluting the elements: this debris will be energetically recycled and used for other purposes. This process may have to be done repeatedly, if the body part is particularly blocked or resistant to the purge.

Given that this is taking place in the body, ***it is an ideal time to indulge in any form of 'body work' that pleases you.*** This could include a body massage, dancing, a swim, exercise, a jog or a stroll on the beach...anything that stimulates and pleases the body.

But make your choice pro-active: even if you are enjoying a massage, energetically work with the masseur. Command that the necessary purges take place. Command that the 'empty spaces', thus created, be filled with

new and vibrant Universal energies.

External healing tools are also of great benefit right now; the prime one being music. You may recall that, at the prior session, we mentioned that new Universal tones and frequencies are now being introduced to Planet Earth from other dimensions. This means that notes, tones, rhythms and frequencies are now rapidly changing on Earth.

Over the course of the next three months, music will have completely re-invented itself on Planet Earth. At that time, even if you listen to an old, familiar song, its vibrational effects will be completely new and different.

Music is upgrading so quickly right now, it has even overtaken Earth's crystalline kingdom in speed. Now, Earth's crystals are also musical in nature; but they have mass and density. Music, per se, does not.

Be extremely aware of all forms of music. Not just music as you know it, but also the music of your heart-beat and pulse-rate, the music of your body-rhythms, the music of flowers and trees, the music of your homes and personal possessions, the music of your surroundings, the music of your moods and emotions, and so on. Everything generates tone, vibration and music...everything in existence.

And most definitely, **tune into Earthsong**. This is changing rapidly. A new rhythm is now being released from the core center of Planet Earth. One of unimaginable potency; Earth has never before generated this level of vibration.

If you learn to align your personal frequencies to this new Earthsong, you can rid the body of all diseases, regenerate your cells at will, eradicate worry and strife and live a magnificent and joyful life. We don't expect you to ever achieve 100% alignment with Earthsong; but you certainly can move further and further towards that goal.

(Smiling) Yes, yes, we hear your thoughts: *"How do I do this? How? How?"* And others are internally groaning and saying, *"Oh no, another scientific*

lecture!" (Laughter)

Let us take you through this connection process. Center yourselves, and just be happy being here today. It's your time for you. Accept any physical aches and pains, any cares and issues: don't try to block them out; just accept them. They don't matter right now. (Pause)

Now: either visualize the core center of planet Earth, or energetically 'go straight there'; whatever works for you. (Pause)

Yes, see and experience it in any manner that pleases you: perhaps lava or golden light or crystals or pure energy. (Pause)

Now go beyond this imagery... so deep into her that you just experience her core vibration. Sit in silence, and draw this Earthsong into your base chakra. Make the connect. Ideally, sit upright while doing this. (Pause)

Now allow the Earthsong to gently seep upwards from the base chakra, all the way to the crown chakra. (Long pause)

And it is so.

You will need to do this repeatedly, so as to get further and further attuned to Earthsong. Pay attention to your new connect with Planet Earth, over time. You could find yourselves appreciating her more and more, or loving her, or simply feeling a deeper sense of oneness and belonging.

The new merger of time-space-dimension in the body, coupled with the activation of the brain, pituitary and pineal glands, is giving rise to a wonderful new opportunity. Now, ***if any body part is in disease or discomfort, you have to right to command that it merge with a matching healthy body part from another aspect of the self.*** Where this is coming from is immaterial. Just command it so.

You can do this to benefit an individual organ, an area, or to cure a specific disease. Naturally, you will need to do this repeatedly. As of now, you are not of a vibrational level wherein a 'one-shot deal' will work. But it *can* be done by you. Over time, the diseased body part will imbibe the energies of

the healthy twin aspect of the self, and start to cure itself.

So will this lead to new thought-patterns? Because if we get a new body part, but continue think the same way, it's going to revert to its old state of ill-health.

Yes, by default they are changing all the time. Your brain is being worked on all the time, and it's upgrading very speedily. All your thought-processes are upgrading moment-to-moment. However, you are correct. Though all of you have changed, many continue to use outmoded thought-patterns; ones that really don't belong to you anymore.

So what about the aging process? We really can't stop that.

Really? (Smiling) Not yet, perhaps. But we will teach you, 'in time', how to play with that as well!

How would we do this with a blood disorder?

As described: simply call upon and merge with an aspect of the self that has pure, healthy blood.

When we do this, are we also affecting other aspects of ourselves?

Indeed you are! As you heal yourself, in this reality, you are urging all aspects of the self to do the same. And you are also benefitting all people on Planet Earth who have the same issue.

You are not 'curing them'; but you are energetically urging them to find a way to get healthier. One may be provoked to follow the same process. Another may feel urged to simply go to a doctor and get help. A third person may be led to examine issues related to their physical problem. And so on.

As time, space and dimension merge; so do you. Not just with aspects of the self; but also with the Universe.

What if someone wants to use this process to further 'negative aspects', such as terrorism; will this also provoke others to follow suit?

Yes, if a terrorist chooses to merge with aspects of the self that are expert

marksmen, he certainly can do so. And others may follow suit. But he is not 'furthering negativity'; he is simply provoking others to follow their soul calling. And that is perfection.

YOU ARE IN OUR LOVE, LIGHT AND EMBRACE.

THE KRYON COLLECTIVE SPEAK.
