

Sohrab's Channeling

4th January 2018

THE ENERGY OF COLOURS (IN 2018)

THE ENERGY OF NUMBERS (IN 2018)

THE ENERGY OF THE LETTERS OF THE ALPHABET (IN 2018)

Greetings!

Let us begin the first meeting of the year with some fun. ***We are going to list the prime numbers, colours and the letters of the alphabet; giving you an overview of their energies as they pertain to 2018.*** Please be clear about this: this is not their overall energy; it pertains specifically to this year.

Later on, in your own time, you can have some fun: play with the numbers that make up your birthdate and play with the letters that make up your name and surname. Write a little story with the information; one that helps you better understand yourself in 2018.

Let us begin with colours. Think of a colour that pleases you today. Don't be logical and choose a colour, for example, that you would wear or not wear; just be instinctive. (Pause)

We will now go through the major colours. If you have come up with a shade that is made up of two or more colours, you will then combine the information that is pertinent to each one.

VIOLET: The energies of violet, in 2018, are representative of multiple layers of consciousness and of passageways between dimensions and existences.

In short, if violet attracts you on a particular day, you would easily be able to explore aspects of the self in different lifetimes as well as open to higher-level Universal consciousness. You would be able to understand the

'extended YOU' very easily, if you attempted to do so.

INDIGO: ***Indigo, in 2018, denotes the desire to go very, very deep within the self. To really get to know WHO YOU ARE.*** This colour will help you eliminate old patterns, belief structures and modes of behaviour; ones that no longer suit you. It will simultaneously help you open to, and welcome, the NEW YOU.

BLUE: ***The colour blue generally indicates healing, peace and tranquility; but in 2018, an attraction to blue is indicative of the desire to change and upgrade the self at an accelerated rate. In this year, it is a colour of transformation.*** It will urge you to explore facets of the self that you have never before explored. ***Blue will urge you to function in unusual ways; to be risky, courageous, daring and bold. To energetically bungee-jump: to soar, fly and explore the unknown and unfamiliar.***

GREEN: ***Green, this year, is a frequency that will help you better understand others around you. It is the frequency of comprehension, understand, acceptance and non-judgmentalism. It is a wave-length that will help you tap in the energy of others and better understand why they function the way they do.*** It will also help you connect with all the kingdoms of planet Earth in a new and improved way.

YELLOW: ***Yellow is the frequency of the Occult.*** On the days when you feel like wearing yellow, or simply find it attractive, you are intuitively opening to Universal flow. ***On these days, you are receptive to wonderful downloads from the Cosmos as well as deep spiritual truths.*** Your awareness will suddenly rise. It's a magnificent colour for self-improvement.

ORANGE: This year, ***orange is a declaration of your Mastery and your Magnificence.*** It is a declaration to the self, to those around you and to the Universe; one that states, ***"I am ready to live life to the fullest. I am magnificent!"***

RED: Yes; you always associate the colour red with either anger or power. These are still aspects of the colour; but ***this year, the colour red has taken***

on a new and unusual frequency. It is the frequency of peace; but not tranquility. It denotes balance, alignment, centeredness and reading between the lines.

We suggest that you scan your wardrobe every morning; pay attention to the colour you intuitively feel like wearing. Then tune into that colour and be open to its energies.

What of black and white?

BLACK: Let us repeat what we have shared in the past. ***Black is the most colourful colour in existence.*** The human eye is only capable of seeing 7 colours, and shades thereof. The Universe is filled with millions of colours. Those that you cannot see are converted, by your eyes, to black.

That is also why deep space appears, to you, to be black. It is actually filled with trillions of colours. If you could actually see them, their potency would be such that they would instantly incinerate your physical bodies. Yes; this 3rd dimensional body would disintegrate.

So black is an all-encompassing colour; one that contains all the attributes mentioned by us, and many others.

WHITE: White retains its qualities of purity and energetic reflection; but in 2018, ***it will help you repeatedly bring the self into balance and alignment.***

We urge all of you, men and women alike, to move out of your 'safety zone' this year. Play with colour. Wear different colours; ones that suit your mood. Combine colours in new and exciting ways. Look at different colours. Start to see them differently.

We also suggest that if you feel motivated to wear a certain colour that generally does not please you, at least wear it as an undergarment.

(Laughter)

This is actually not a joke: ***when you wear a certain colour in direct contact with your hara region, you receive its vibration very intensely. The***

receptivity of that area is second only to that of the crown chakra.

Now let's move on to **the energy of numbers**, and speak of their energetic effects during 2018.

Go ahead and think of a number that pleases you today; one that intuitively comes to mind. You may even choose a two-digit or three-digit number if you wish. (Pause)

If your birth date adds up to a certain number, choose to work with the appropriate statement. The energies of the year will fully support you in this.

ONE: ***The energies of 1 will urge you towards self-improvement.*** It's 'all about you', in the healthiest possible way. ***These energies will help you honour, respect, admire and listen to the self. It will facilitate a union between the higher soul and the incarnated aspect.*** It will help you flow 'with oneness'.

TWO: ***The energies of 2 will help you bring your masculine and feminine aspects into harmony, balance and alignment.*** You will feel impelled to instantly act upon your creative urges.

THREE: Always a holy trinity; but this year it does not apply to 'body, mind and spirit'. Any guesses?

Is it the merger between an incarnated person, his higher soul and divinity?

Exactly! Now, it's not a perfect merger; but it will help bring them from an 'out-of-focus' state, into relative alignment. ***This number will help you receive energies from Source, filtering down through all your higher aspects, into the incarnated 'you'.***

FOUR: ***This year, these are purely and simply the energies of action.*** They will help you take the necessary steps for your advancement, say and do what you need to, be pro-active, be very functional, get moving, get cracking and initiate what you need. ***They will also help you shed unnecessary physical, mental and emotional baggage.*** They will, for example, aid you in ending a toxic relationship and simultaneously open up to a new, harmonious one. It's all about the energy of 'doing'.

If any of you have either a total of four, or even a single digit of four in your birthdate, then choose to work with this energy. If you resist action, you will cause tremendous disharmony in your structure.

FIVE: This year, the number 5 does not refer to Earth's sacred elements, but to ***5 sacred Universal elements***; ones which you are still not aware of. These are energetic elements that cannot be easily defined in earth-terms. Each contains completely different frequencies. Try and imagine them as five extremely complex, very diverse musical symphonies.

These frequencies have been rarely, if ever, accessed by Planet Earth. This year they are being offered, in small doses, to those who wish to (consciously or unconsciously) avail of them.

If you have a five in your birthdate, or it totals to five, then you have chosen to work with them.

These five elements will upgrade you very rapidly. You won't easily be able to continue functioning with constricted belief systems, thought patterns and modes of behaviour. Keep pace and change; or suffer internal turmoil.

SIX: This defines an inner rhythmic flow of the sacred geometry within the body. ***A six in your birthdate offers you the opportunity to change not only the physical body shape and structure, but also the energies within the body.*** Use the six to facilitate this: cosmetic changes, changes in your weight and shape, changes in your state of health, changes in your brain and so on. It's all about the body.

SEVEN: ***This is a grand Master number this year. It is a symbol of Master***

frequencies that you have never before acknowledged; ones that welcome you and invite you to connect with them, because you are now ready to do so. It's a number of true holiness, sanctity, expansion and mastery.

EIGHT: This remains the same; a symbol of infinity and constant re-creation. But the eight, this year, also ***offers you the opportunity to increase you quotient of knowledge and wisdom in any and every subject of your choice.*** Why not take advantage of this and improve in areas you have always, in the past, resisted?

If, for example, you have always been technologically resistant, and you now wish to change that, implant the energies of the number 8 in your third-eye (even if it is not a part of your birthdate) and then study any aspect of technology that you desire. It will suddenly 'start making sense' to you.

AN IMPORTANT NOTE: Even if a number is not a part of your birthdate, you can still work with it. You are not bound by the 'lack of a number'. Just call upon its energies and implant it in the third-eye. On occasion, you may be guided to implant it elsewhere; if so, please do just that.

NINE: ***Is one of the most beautiful, this year. It is a number that denotes JOY AND BLISS.*** It is a beautiful number to choose to meditate upon, or to work with when you are offering another service. Energetically implant the number in a physical gift you give another. Radiate it when you go about your daily activities. Radiate a series of 9's when you offer healing and light to the world. We suggest you all play with it.

We remind you: Joy and Bliss are not emotions; they are states of beingness. They have no opposites. Pain has pleasure. Happiness has sadness. Joy and Bliss simply ARE. You are either in them; or you are not. J-O-Y: Joining Yourself with Om.

ZERO: The 0 always has been, and always will be, the energy of the OM; the energy of ***ALL THAT IS and ALL THAT IS NOT.*** That cannot change. ***However, the zero is a volatile number this year.***

Whether you have it as a part of your birth date, or you simply call upon it, it

can, this year, go one of two diverse ways. This will depend on your energies and your focus.

If you meditate on the zero and open into magnificence, you can embrace the universe. But if you have the zero in your birthdate or meditate upon it while you are in pain or victimhood, it will be dangerous for you. It can send you spiraling downward into abject nothingness.

You are, of course, not bound by this. You can change it. But it depends on you. Use the zero joyously; not in pain or trauma. Or else you will crash.

Now let us go through the letters of the alphabet, using the appropriate adjective to describe their energies, as they pertain to 2018. You can then have fun de-coding your full names, going letter by letter in sequence. A story, unique to this year, will reveal itself.

Please note that, if specific letters are a part of your name, this generally indicate one of two things:

The first: they are already a part of your vibration, in which case you need to further explore them during the course of 2018; perhaps in new and unique ways.

The Second: you are lacking in the vibration; in which case you need to embrace and explore them.

A is for ACCEPTANCE.

This denotes ***self-acceptance, acceptance of life and its situations*** and so on. But this does not mean submission or inactivity. It denotes an embrace of the situation and the ability to view it from a more expanded perspective.

B is for BEAUTY.

Discover the beauty of the self and the beauty of others around you. This year, this relates specifically to humans; not 'natural beauty'. If you have more than one 'B' in your full name, in all likelihood you have an issue with

this, and constantly struggle with this aspect. Your name is simply urging you to use the energies of the multiple “B’s” in your name to flip this around and embrace beauty.

C is for CHARM.

This energy offers you the opportunity to be charming. This could either be a natural flow of the self, or one that you repeatedly resist. Find ways to be charming.

D is for a DEVIL-MAY-CARE attitude.

BE DARING. BE DASHING. This energy in your name urges you to ***push your boundaries, be a little irresponsible at times, be more vibrant and to go beyond your pre-conceived limitations.***

E is for EXPOSURE.

This letter helps you achieve a new level of transparency. It helps you choose to reveal to the world aspects that you have hidden over years; sometimes lifetimes. It urges you to push your boundaries, be a little irresponsible at times, be more vibrant and to go beyond your pre-conceived limitations.

This, of course, does not mean ‘total exposure’; everyone has a right to privacy. But it means being ***courageous enough to now show the world certain facets of the self that you have suppressed over lifetimes.***

F is for THE FIRE WITHIN YOU.

This letter urges you to ***touch your power, stand up, speak out, and let your thoughts and opinions be heard.*** Now, many people with multiple Fs in their name are already fiery and outspoken. They are being invited to examine whether they act in an imbalanced manner. If they do, they are now urged to

turn this around and continue to be open; but in a balanced, inspiring way.

G is for GO-GETTER.

Get up, go out there and do what you must. Move it.

H is for HARMONY.

Inner harmony: ***Learning to accept, love, honour and obey the SELF.***

I is for IMAGINATION.

Let the mind soar. Think out of the box. Explore options you have before considered. Travel the Universe.

J is for JUSTICE.

The concept of justice is very, very important to people who have the letter J in their names. ***Some do not 'do justice' to themselves and others; and some continually play the victim and are on the receiving end of injustices.*** These people need to examine this very closely and re-define their concept of justice.

K is for KINSHIP.

This letter urges you to ***find better and better ways to relate to the people around you: family, friends, business colleagues and strangers alike.*** Some with the letter K in their names may have problems in this area. Others who are already adept with inter-personal relationships need to explore new and different ways to reach out to others.

L is always for LOVE.

Need we say more?

M is for MAGNIFICENCE.

This letter in your name urges you to ***embrace your own multi-faceted, magnificent self.*** Most who have an M in their names really do embrace certain aspects of the self and completely reject others. They need to work on those.

N is for NAUGHTINESS. (Laughter)

Yes, those with an N in their names are being urged, this year, ***to be a little 'naughty' and carefree. Don't play it so safe.***

O is the OM.

This letter informs you that ***you already have innate Mastery and an understanding of the Universe.*** You just need to acknowledge this.

P is for PERKINESS.

This letter asks you to be a little perky, impulsive, and humorous. It urges you to ***embrace the lighter side of life.***

Q is for QUESTIONING.

This is a lovely letter to have in your name this year; one that urges you to ***question the self, question the Universe and expand your boundaries in every possible way.***

R is for ROAMING.

This letter urges you to roam freely, ***sometimes wander about with no pre-decided destination, and to be a little more adventurous.*** The word 'roaming' applies to the physical, mental and emotional aspects of life.

S is for STRENGTH.

This is a two-part aspect: ***first discover and acknowledge the areas in which you are strong and simultaneously work on the areas in which you need an infusion of strength.***

T is for TUNEFULNESS.

Discover your own musicality. Find ways to be 'tuneful' in the way you think, speak, and act.

U is for "UPWARD AND ONWARD"

During 2018, all people who have this letter in their names are being urged to move 'upward and onward'; to move out of their comfort zone.

V is for VICTORY.

Victory over the self, victory over life's issues and so on. Live the victor.

W is for WATER.

This letter urges you to re-examine and possibly re-define your emotional quotient.

X....any guesses?

Extraordinary?

Experience?

Cross-roads?

You are correct. This year, ***X denotes cross-roads in your life.*** These people are going to experience, during 2018, several cross-roads in their lives; paths that suddenly diverge. But the power of the X will help them evaluate their options and make appropriate choices for themselves. This action will strengthen and expand them, helping them create a 'new and improved self'.

Y is for YOUTHFULNESS.

This letter urges people to ***re-discover their youth and zest for life.***

Z is for ZEN.

Simply explained: ***inner stillness.*** Do you innately have this? Or do you need

to seek it?

Questions?

When 'writing our story', do we use our maiden surname or our married one?

Do this any way you like: using your birth name, maiden name, nickname, married name, and so on. **We suggest that you use the name with which you feel the most comfortable.** Remember, this energy thrust is exclusively for 2018.

What of double- or multiple-alphabets in a name?

This could indicate either an extreme lack or an extreme abundance of that quality. You will have to decide which 'fits' you best.

In the same way, how do we best interpret our birthdate? Do we just use the date; or the date, month and year? Or do we add them all up and arrive at a single digit?

Just have fun and play with the numbers as well. Why not first just examine your birth day? See what that reveals to you. Then examine the total of your date, month and year, and see what that reveals to you. This is play; but serious play. Try out various combinations and see which one 'speaks to you'.

What of Hindi alphabets?

Find the closest English equivalent.

Dear friends: have some fun with this. First write a story for yourselves. Then experiment with the letters of your family and friends. See what is revealed!

YOU ARE IN THE LOVE, LIGHT AND THE EMBRACE OF ST. GERMAIN.

A NOTE FROM SOHRAB:

After this meeting, many group members asked for an example of this kind of 'story-writing'. I have our group leader Gool Lala's permission to use her name as an example:

G-O-O-L L-A-L-A:

G: Go-getter.

O: Om

L: Love

A: Acceptance

GOOL:

G: Gool is being urged, this year, to be **extremely pro-active**. She needs to learn to stand up and speak out, initiate new projects in her life, and learn and grow through action, rather than contemplation. She needs to step into the limelight; rather than work from the wings. As G is the very first letter of her name, this is the most important aspect for her to focus on this year. It will 'kick-start' her growth.

OO: Being pro-active will lead her to **a double-dose of expansion. She will then really begin to see, acknowledge and claim her mastery.**

L: This expansion will lead to a magnificent space of love. **She will begin to love herself and all those around her in a new and previously-undiscovered way.**

LALA:

L: **This expansion of love leads her to multiply it even further**, leading her to ...

A: **a deeper acceptance of herself, life and all that it.** She will be going to

expand her perspective of her existence and all of life's experiences, and further embrace them.

L: This, once again, leads her to an even higher quotient of love. ***Love is the most important aspect of her learning and existence. It appears to be a vital part of her higher-soul, as this letter repeats itself three times in her full name. Gool can only function and grow through love. Conversely, when she experiences a lack of love, it is extremely damaging and disturbing to her structure. Love can make or break her.***

A: ***But when she loves fully, once again she is led to an even more expanded state of acceptance of ALL THAT IS. Love and acceptance complete her.***
